

# 5 QUESTIONS

## EVERY CANCER PATIENT SHOULD ASK THEIR DOCTOR



### CHECKLIST

- ☐ **❶ WHAT ARE MY TREATMENT OPTIONS AND WHAT ARE THEIR BENEFITS AND RISKS?** There are many different treatment options available, each with their own pros and cons. Work with your doctor to find the best treatment choices for your type of cancer.
- ☐ **❷ HOW WILL I KNOW IF MY TREATMENT IS WORKING?** Make sure you understand your overall treatment plan, the goals of each stage and what happens if a treatment is or isn't working.
- ☐ **❸ HOW WILL THIS TREATMENT MAKE ME FEEL?** Maintaining a good quality of life during treatment is important. Talk to your doctor about what's important to you – work, travel, fatigue, sex life, etc. – and ask if there are treatment options that best meet your unique needs and preferences.
- ☐ **❹ CAN I GET A SECOND OPINION?** Arriving at a treatment plan that's right for you can involve input from multiple doctors. Don't hesitate to ask your doctor to put you in touch with other specialists.
- ☐ **❺ ARE THERE ANY CLINICAL TRIALS I COULD BE A PART OF?** Clinical trials can offer access to newer treatment options. If you are interested in participating, be sure to ask your doctor if you are eligible for any current trials. To find a cancer trial in Canada, visit [www.CanadianCancerTrials.ca](http://www.CanadianCancerTrials.ca)

### USEFUL TIPS

- Bring this list of questions to your next doctor's visit (the list can also be downloaded at: [EverythingZoomer.com/tag/its-in-you-to-fight-cancer](http://EverythingZoomer.com/tag/its-in-you-to-fight-cancer))
- Write down any additional questions you may have
- Don't be afraid to ask your doctor to re-explain things multiple times
- Bring a trusted friend or family member to medical appointments
- Take notes during your visit
- In most cases, there is no need to rush. Take your time. Remember that there are no wrong decisions, only decisions that are right for you

### APPOINTMENT NOTES:

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