

BECOME A FLUWATCHER



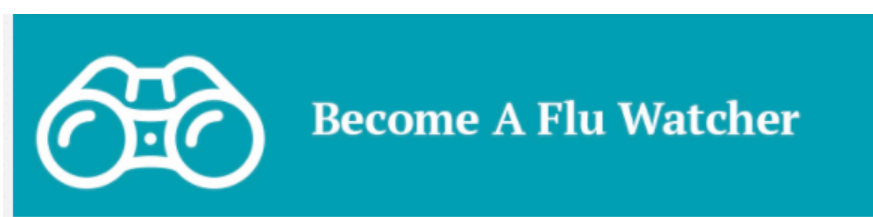
FluWatchers are part of national network of volunteers, labs, health care professionals and provincial and federal Health Ministries working to improve public health and monitor the spread of influenza (the flu).

FluWatchers receive weekly surveys asking if they have experienced flu or flu-like symptoms in the previous week. This data helps to show Canadians where the flu is happening. If outbreaks occur, it can provide health officials with an early warning help monitor the spread and incidence of the flu in the community.

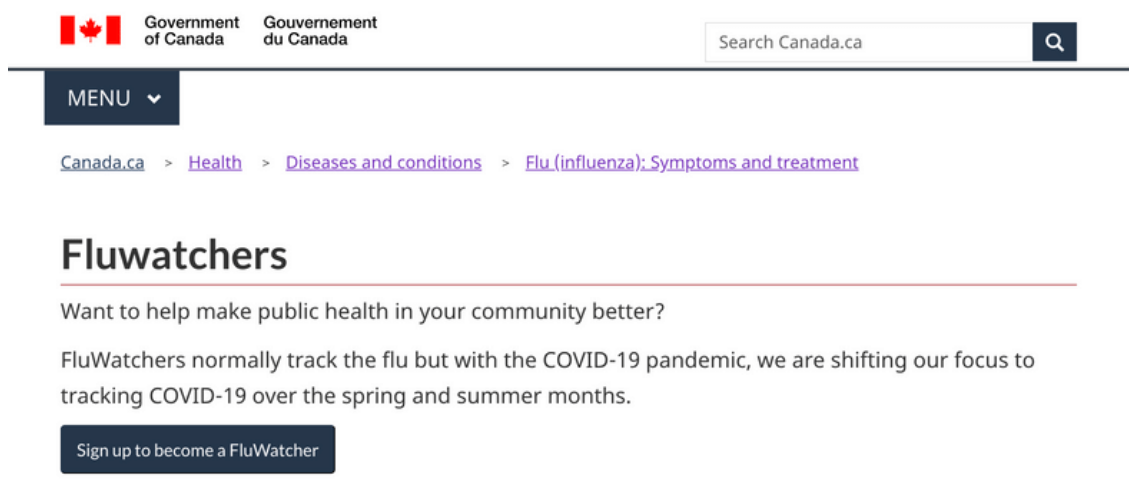
Ready to get started? Join today to improve the public health of your community!

Step by Step to Become a FluWatcher:

- 1 Visit [CARP.ca/KeepCanada Healthy](https://www.canada.ca/KeepCanadaHealthy) and click on the link 'Become a FluWatcher'



- 2 Click on 'Sign up to become a FluWatcher'



- 3 This will bring you to a privacy page. Read the privacy information. FluWatchers is managed according to the Privacy Act. If you have any questions or concerns regarding privacy you can contact the Privacy Management division by phone 613-946-3179 or email privacy-vie.privee@hc-sc.gc.ca

- 4 After reading the Privacy notice, check the boxes after reading the Privacy notice. If you agree, click on "Join Now."

Privacy Notice :

The personal information you provide to FluWatchers is managed according to the [Privacy Act](#). We only collect information we need to administer the FluWatchers questionnaire. Collection of this information is authorized under section 4 of the [Department of Health Act](#) and section 3 of the [Public Health Agency of Canada Act](#). Your personal information will be used to monitor the spread of influenza. Aggregate information will be published in a weekly FluWatch report. If you choose not to provide the requested information, your data will not be included in the FluWatchers program.

This personal information is described in [Info Source](#) as the standard information bank [Outreach Activities PSU 938](#). You have the right to see and to correct your personal information. You also have the right to file a complaint with the [Privacy Commissioner of Canada](#) if you think your personal information was not handled properly. For more information, please contact the Privacy Management Division at [613-946-3179](tel:613-946-3179) or privacy-vie.privee@hc-sc.gc.ca.

I confirm that I am over the age of majority in my province/territory or have obtained parental consent to participate.
(Parent/Guardian's consent is required for children under the age of 16 in Canada with the exception of Quebec, it is 18 years of age)

I have read and understand the information above. I would like to become a FluWatcher.

[Join Now](#)

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Complete the Registration Questionnaire. Enter an email address where you would like to receive the weekly survey. Here you can also add additional FluWatchers from your household.

Registration Questionnaire

Required fields are marked with an asterisk ()*

Year of Birth*:

Sex*: Female
 Male
 Other

Postal Code of Residence (first three digits)*:
(ex: A1A)

E-mail address*:
(the address where you would like the weekly questionnaire sent)

To complete a questionnaire for other members of your household, please click on the "Add additional FluWatchers" button.

[Add additional FluWatchers](#) [Done](#)

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Once you have signed up, check your inbox for weekly emails.



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Fill out the survey. Click 'Submit and Continue.'

Weekly Questionnaire

Required fields are marked with an asterisk ()*

For the Week of May 17, 2020 to May 23, 2020; did you have:

Fever?
 Yes No Don't Know

Cough?
 Yes No Don't Know

After completing the questionnaire, please click the Submit button.

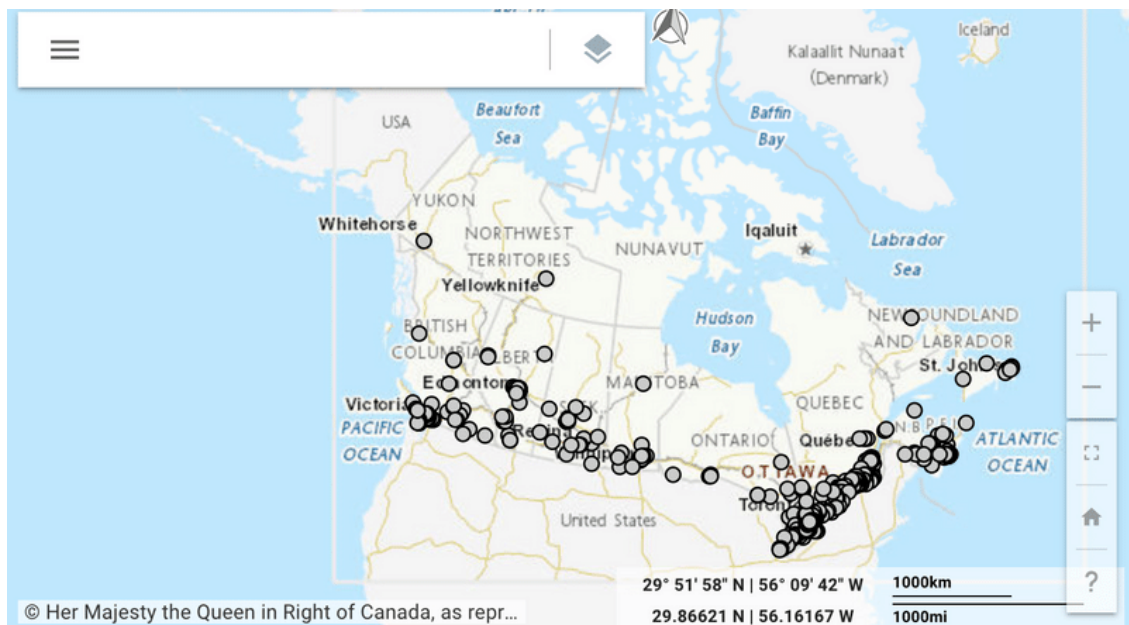
[Submit and Continue](#)

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Remember to fill out the survey, whether you are feeling healthy or sick!

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Check out the weekly FluReport and Flu Map to monitor the spread of flu in your community.



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Invite your friends and family to become FluWatchers!

For further questions about FluWatchers, please contact:
FluWatchers
Public Health Agency of Canada
650H-130 Colonnade Rd
Ottawa, ON K1A 0K9
Email: phac.fluwatchers.aspc@canada.ca

Visit CARP.ca/KeepCanadaHealthy for:

- More information about FluWatchers
- Information about influenza (the flu) and how to protect yourself.
- Resources you can share with your family and friends.