

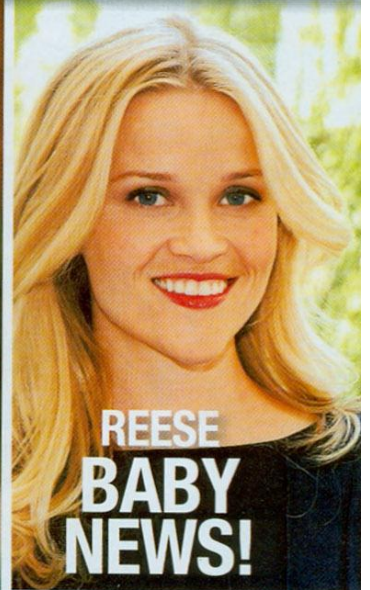
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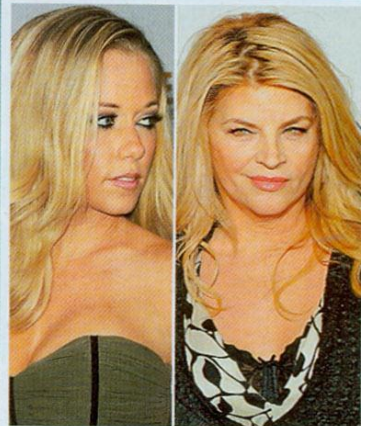


JEN & BRADLEY

SHE WANTS HIM BACK



REESE
BABY NEWS!

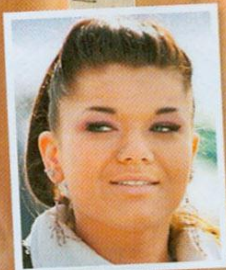


KENDRA & KIRSTIE CATFIGHT!

TEEN MOMS **ADDICTED TO SURGERY**

IMPLANTS, LIPO & NOSE JOBS!

How Jenelle, Leah & Maci are falling victim to the pressures of fame



PLUS: Amber's \$50,000 nip/tuck!

APRIL 11, 2011 \$2.99



Jordin's **SEXY SLIMDOWN**

The *American Idol* alum tells *In Touch* the secrets to her fab and fit new figure!

Jordin Sparks tells *In Touch* she just "had to have" the black Alexander McQueen mini she wore to the Muhammad Ali Celebrity Fight Night in Phoenix on March 19, and it's easy to see why — it perfectly shows off her newly svelte body!

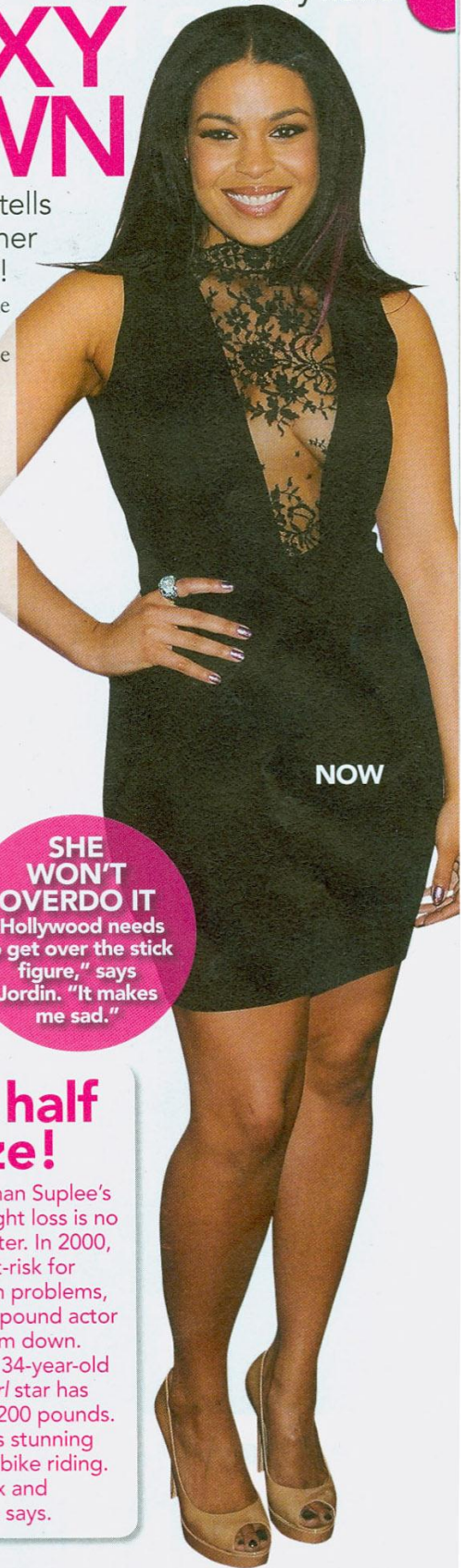
Jordin, 21, reportedly dropped 30 pounds by working out with a personal trainer while on tour with the Jonas Brothers. "Anytime I find time — or I'm not sleeping — he's like, 'Let's work out, let's do something,'" says the former *American Idol* winner. And that includes everything from running up stairs to lunges, plus Jordin tells *In Touch* she recently found a new exercise obsession. "I just started doing Zumba and it's so much fun," she says. "It's amazing!"

While she's looking forward to flaunting her new figure this summer, Jordin insists she'll never go too far — and you won't see her squeezing into a size 2. "I love food," she reveals, "and I love my curves."

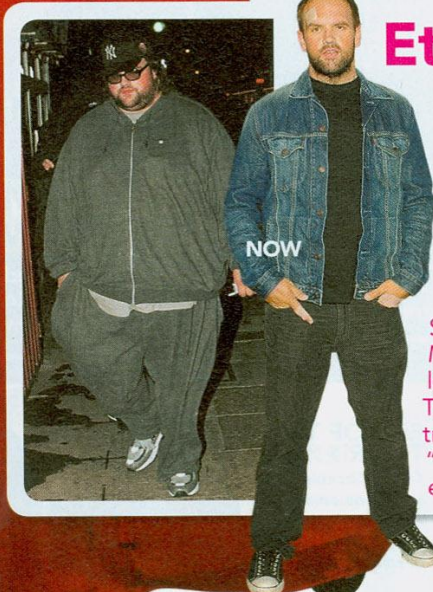
SHE WON'T OVERDO IT
 "Hollywood needs to get over the stick figure," says Jordin. "It makes me sad."



THEN



NOW



NOW

Ethan's half his size!

Funnyman Ethan Suplee's dramatic weight loss is no laughing matter. In 2000, after being at-risk for serious health problems, the then-449-pound actor decided to slim down. Since then, the 34-year-old *My Name Is Earl* star has lost more than 200 pounds. The secret to his stunning transformation: bike riding. "I wear spandex and everything," he says.

FROM LEFT: GEORGE MARGITANO/FILMMAGIC; DAVID KLEIN/GETTY; MARK SULLIVAN/WIREIMAGE; SCOTT KIRKLAND/WIREIMAGE