



Wheel House Expands with New Yoga Studio Downtown San Francisco

*Local San Francisco Group Fitness Company Announces New Yoga Studio
Designed to Create Stress-Free Environment for the Financial District.*

SAN FRANCISCO (February 14, 2017). Wheel House®, a group fitness studio offering Yoga, Core Strength, TRX and Indoor Cycling classes, announced the opening of its new 1,200 square foot Yoga studio. “The new Wheel House Yoga studio is designed to create a perfect environment for a unique and relaxing yoga experience with particular attention paid to room acoustics, flooring and equipment. With this expansion, we’re able to offer additional types of Yoga, workshops and teacher training, as well as new services for small group classes and corporate clients” said Suhail Maqsood, Co-founder and Chief Operating Officer.

Known for its innovative group fitness classes delivered by some of San Francisco’s leading Fitness Instructors, Wheel House continues to deliver new group fitness experiences to San Francisco’s Financial District. “The new Yoga studio offers a range of classes that fuse classical Yogic approaches with modern, fresh flavors of athleticism, focus, precision and fun” said Carl Morley, Wheel House founder and CEO. Starting today, Wheel House Yoga will offer several Yoga classes every day starting as early as 6am, providing all attendees with mats, belts, blocks and towels at no extra charge.

Wheel House Yoga classes can be reserved and managed online by visiting www.wheelhouse-sf.com. Guests can drop in for a class, purchase a class package or pay for an unlimited number of classes via a monthly membership fee.

About Wheel House

Wheel House is an award-winning fitness studio dedicated to the combination of Yoga, Core Strength, TRX, and Indoor Cycling group fitness classes. Wheel House offers over 100 fitness classes per week that have been carefully designed to provide participants with challenging, safe, and efficient workouts with the busy professional in mind. The Wheel House facility is just over 7,500 square feet and includes a Yoga studio, Core Strength studio, Indoor Cycling studio with 50 bikes, and restrooms complete with showers. The Wheel House fitness facility has the latest technology with some classes incorporating performance metric tracking measures that can be analyzed over time. For reservations or more information about Wheel House, call 1-415-666-2288 or visit: www.wheelhouse-sf.com.

Contact:

Suhail Maqsood
Wheel House
Lobby Level, One Embarcadero Center
San Francisco CA 94111
(415) 666 2288
[Email](mailto:info@wheelhouse-sf.com)

Facebook: <http://www.facebook.com/wheelhousesf>

Instagram: <http://www.instagram.com/wheelhousesf>

Twitter: <http://www.twitter.com/wheelhousesf>