



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

DAVIS FAMILY YMCA

INDOOR POOL SCHEDULE

Fall 2020	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim	5am-8:30pm	5am-8:30pm	5am-8:30pm	5am-8:30pm	5am-8:30pm	7am-5:30pm	1-3:30pm 3:30-5:30 2Lanes
Open/Family Swim	9am-8:30pm	9am-11am 12-8:30pm	9am-11am 12-8:30pm	9am-11am 12-8:30pm	9am-8:30pm	12 – 5:30pm	1-5:30pm
Aqua Aerobics	8-9am	8-9am 11-12	8-9-am 11-12	8-9am 11-12	8-9am	8-9am	
Swim Lessons	3:30-6:30pm	3:30-6:30pm	3:30-6:30pm	3:30-6:30pm		10am-Noon	

Please share lap lanes. No more than 2 people per lap lane, starting and stopping on opposite ends of the lane.
 Please practice social distancing in the pool as well as on the deck
 Please see our online schedule for lanes usage for each activity as well as activity descriptions.
 This schedule is subject to change.