



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# CANSLER YMCA

## INDOOR POOL SCHEDULE

November 2020	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Lap Swim</b>	5:30-10am 11-6pm 7-8:30pm	5:30-10am 11-8:30pm	5:30-10am 11-8:30pm	5:30-10am 11-8:30pm	5:30-10am 11-8:30pm	8am – 5:30pm	12-4:30pm
<b>Open/Family Swim</b>	11am – 6pm 7-8:30pm	11am – 8:30pm	11am – 8:30pm	11am – 8:30pm	11am – 8:30pm	11am – 5:30pm	12-4:30pm
<b>Aqua Aerobics</b>	10-11am- 6-7pm	10-11am-	10-11am-	10-11am-			
<b>Water Walking</b>					10-11am		
<b>Hydrorider</b>		9-10am		9-10am	7-8pm		
<b>Swim Lessons</b>		3-7pm-	3-7pm-	3-7pm		9-12pm	
<b>Pool Parties</b>						12:30-4pm	

Please share lap lanes. No more than 2 people per lap lane, starting and stopping on opposite ends of the lane.  
 Please practice social distancing in the pool as well as on the deck  
 Please see our online schedule for lanes usage for each activity as well as activity descriptions.  
 This schedule is subject to change.