



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

NORTH SIDE YMCA

POOL SCHEDULE

October 2020	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lap Swim	6am-8:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	6am-8:30pm	8am – 5:30pm	1-5:30pm
Open/Family Swim	11am – 8:30pm	11am – 8:30pm	11am – 8:30pm	11am – 8:30pm	11am – 8:30pm	12 – 5:30pm	1-5:30pm
Aqua Aerobics	10-11am		10-11am		10-11am	10:15-11:15am	
Water Walking		10-11am					
Swim Lessons	4-6:10pm	4-6:10pm	4-6:10pm	4-6:10pm		9am-12:30pm	
Pool Parties						1-4:30pm	

Please share lap lanes. No more than 2 people per lap lane, starting and stopping on opposite ends of the lane.
 Please practice social distancing in the pool as well as on the deck
 Please see our online schedule for lanes usage for each activity as well as activity descriptions.
 This schedule is subject to change.