

SUMMERVILLE FAMILY YMCA – WELLNESS POOL – NOVEMBER

Family & Lap Swim & Water Aerobics are available for reservation online.

November 25 Hours: 6am-5pm. November 26th CLOSED

Member Swim
Water Aerobics
Sink or Swim
Programming

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00AM	6-8AM	6-8AM	6-8AM	6-8AM	6-8AM		
7:00AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		
8:00AM	8 - 9AM	8 AM- 10 AM	8-9AM	8 AM- 10 AM	8-9AM		
	Water Aerobics Trish		Water Aerobics Trish		Water Aerobics Trish		
9:00AM	9AM -12PM	Family & Lap Swim	9AM -12PM	Family & Lap Swim	9-10 AM	9-12:30	
					Water Aerobics Jan		
10:00AM	Family & Lap Swim	10-11 AM	Family & Lap Swim	10-11 AM	10 -11 AM		
		Water Aerobics Jan		Water Aerobics Jan	Little Learners		
11:00AM		11AM-3:30PM		11AM-3:30PM	11AM-3:30PM		
						Saturday Swim Lessons	
12:00PM	12AM-2PM		12AM-2PM				
1:00PM		Sink or Swim	Lap Swim	Sink or Swim	Lap Swim	1 PM - 4:45PM	
2:00PM	2-4PM						
3:00PM	HSSG		HSSG			Family & Lap Swim	12 - 4:45 PM Family & Lap Swim
		3:30 -5 PM		3:30 -5 PM	3:30 -5 PM		
4:00PM	4 PM- 6:20 PM	Swim Team	4 PM- 6:15 PM	Swim Team	Swim Team		
5:00PM	Swim Lessons	5 -6PM	Swim Lesson	5 -6 PM	5 - 8PM		
		Family & Lap Swim		Family & Lap Swim			
6:00PM		6-7 PM		6-7 PM			
	6:30-7:30PM	Water Aerobics Jan	6:30-7:30PM	Water Aerobics Jan	Family & Lap Swim		
7:00PM	Water Aerobics Jan	7-8 PM	Water Aerobics Celestia	7-8 PM			
		Adult Swim		Adult Swim			
8:00PM							
			Pool Closes at 8PM				