

Monday	Tuesday	Wednesday	Thursday	Friday
10:30 am - 11:30 am Seniors only (no belt) Class	4:20 pm - 5:00 pm Junior Beginners & Intermediate	10:30 am - 11:30 am Seniors only (no belt) Class	4:20 pm - 5:00 pm Junior Beginners & Intermediate	5:00 pm - 5:40 pm Junior Beginners & Intermediate
11:30 am - 12:30 pm Adult Beginner & Intermediate	5:30 pm - 6:10 pm Open for Orientations	11:30 am - 12:30 pm Adult Beginner & Intermediate	5:30 pm - 6:10 pm Open for Orientations	5:40 pm - 6:25 pm Juniors & Teens Mixed
12:30 pm - 1:30 pm Adult Advanced & Black Belt	6:10 pm - 6:55 pm Juniors Intermediate & Advanced	12:30 pm - 1:30 pm Adult Advanced & Black Belt	6:10 pm - 6:55 pm Juniors Intermediate & Advanced	6:30 pm - 7:30 pm Black Belt Preparation
4:20 pm - 4:55 pm Little Tigers Intermediate & Advanced	7:00 pm - 8:00 pm Adults Mixed	4:20 pm - 4:55 pm Little Tigers Intermediate & Advanced	7:00 pm - 8:00 pm Adults Mixed	
5:00 pm - 5:30 pm Little Tigers Beginners & Intermediate	8:15 pm - 9:15 pm Self Defense (no belt) Class	5:00 pm - 5:30 pm Little Tigers Beginners & Intermediate		
5:40 pm - 6:10 pm Junior Black Belt		5:40 pm - 6:10 pm Junior Black Belt		
6:10 pm - 6:50 pm Juniors Mixed		6:10 pm - 6:50 pm Juniors Mixed		
6:50 pm - 7:30 pm Junior Beginners & Intermediate		6:50 pm - 7:30 pm Junior Beginners & Intermediate		
7:30 pm - 8:15 pm Juniors & Teens Intermediate & Advanced		7:30 pm - 8:15 pm Juniors & Teens Intermediate & Advanced		
8:15 pm - 9:15 pm Teens & Adults Mixed		8:15 pm - 9:15 pm Teens & Adults Mixed		