

## BRICKHOUSE FITNESS

86 PAINE St SE  
Bondurant, IA 50035



### Roster/Waivers

Each team must have a minimum of 6 players on their roster, and a maximum of 12 players allowed per roster. Each participant must complete the waiver by registering to be part of the team you are playing with.

### Sportsmanship

BrickHouse Fitness expects all participants to play with the highest level of sportsmanship. Rude, demeaning or disrespectful behavior to other teams, your own team, or any BrickHouse staff members will not be tolerated under any circumstance. Such behavior may result in that player being ejected from the tourney. Such ejection may result in further suspension from participation in current and/or future BrickHouse events/leagues. An ejected person is expected to leave the premises immediately.

### The Court

There are two sand courts located on the North side of BrickHouse Fitness. The playing court is marked with lines. Please help to keep children out of all of the sand on the courts themselves (there is a sand box they can play in next to the courts this year).

### Teams

There will be a maximum of 6 players on the court at any time and a minimum of 3 players. There cannot be any more than 3 guys on the court at one time. If you have 5 or less players, there may be one more guy than girls.

### Games

- Must have solo cup at least half full of liquid at all times in one hand.
- Traditional coed guy/girl rules will not apply (ie. if two guys hit it over the net that is ok).
- Rally score to 21. Must win by 2, cap of 23 in pool play, no cap in bracket.
- Pool play will be 2 games only, bracket play will be best of 3 games (ie. Third game only played if necessary to determine the winner of the match).
- Four hits are allowed to get the ball over the net, it's a violation if a fifth contact is made.
- 40 min time limit games for pool play, 50 min time limit for bracket. Semifinals and Finals have no time limit. We will start games early if time allows.
- The ball CAN hit the net on a serve.
- Players may serve underhand or overhand, but the ball must be in flight when contact is made.
- Order of players on the court must go boy/girl/boy/girl/boy/girl (unless uneven genders).
- A lift can be called by the opposing team when a player catches or throws the volleyball.
- A net violation can be called by the opposing team when a player touches the net during a direct action towards the ball (block, spike, set, pass) – If you know you did it, call it. Don't be dumb.
- If the ball lands on the line it is considered inbounds.
- A violation occurs when a player crosses the plane of the net under the net and causes a potential hazard to an opponent; or if a player crosses the plane under the net completely and touches the opposing team's side with any body part (foot, hand, butt, etc).
- Cannot block or attack a serve (whether you are standing or jumping).
- Each team gets one time-out per game.
- All participants play at their own risk. Every effort to ensure safety has been made, but a sand pit carries an obvious natural risk.

- Unlimited substitution per game.

## **Facility**

- Alcoholic beverages/coolers are allowed. Must be 21 or older, and provide identification, to drink on the premises. Any staff has a right to prevent you from further consumption on the property. This will be an all day event, keep that in mind while consuming alcohol. Families are welcome, so young eyes may be upon you.
- Profanity is not permitted on the court. You may be asked to leave or forfeit the game if this rule is not followed....even if you call “ earmuffs”.
- Lawn chairs are encouraged.
- Have fun and follow any other rules that go along with being a normal human being.

## **Don't Forget**

- Lawn chairs
- Tents
- Blankets
- BYOB/coolers

## **Pool Play Seeding**

- Total games won
- Head to Head
- Total points allowed
- Coin flip (or chugging contest)