

BRICKHOUSE FITNESS

FEBRUARY FREEZE

5TH/6TH GRADE TOURNEY

February
FREEZE



Rules

- 1 – Regular High School rules will apply with except as noted below.
- 2 – Man to man defense must be played at all times; no zone defense. Proper help-side principles will be allowed.
- 3 – Full court press will be allowed only in the last 2 minutes of the game if the score of the game is within 15 points.
- 4 – (2) 16-minute halves, with continuous clock; the clock will stop the last 2 minutes of each half. If the score difference is grader than 15 points, the clock will not stop the last 2 minutes.
- 5 – Each team will be allotted 3 timeouts per game.
- 6 – In the event overtime is needed, the first overtime will be 2 minutes, stopping the clock per normal game play. If a second overtime is needed, it will be 1 minute stopping the clock per normal game play. If a third overtime is still needed, it will be sudden death. Each overtime will start with a jump ball.
- 7 – Each team will need to provide one scorekeeper for each game.
- 8 – No outside food allowed. Concessions will be available throughout the day with breakfast and lunch options.
- 9 – We have two small bleachers and some folding chairs for seating. You are welcome to bring your own bag/lawn chair if you prefer.
- 10 – Only Members of BrickHouse Fitness are allowed in the open weight room/cardio area. Please be respectful of our facility and members that will be working out.
- 11 – Children will not be allowed to be in the hallway unattended.
- 12 – There will be an admission fee of \$3 for adults, \$2 for children 12 and under, 3 and under are free. Coaches and players are admitted free.
- 13 – BrickHouse will provide game balls, but each team will need their own warmup balls.

Contact:

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