

## BRICKHOUSE FITNESS

86 PAINe St SE  
Bondurant, IA 50035



### Sportsmanship

BrickHouse Fitness expects all participants to play with the highest level of sportsmanship. Rude, demeaning or disrespectful behavior to other teams, your own team, or any BrickHouse staff members will not be tolerated under any circumstance.

### Scoring

No score will be kept.

### Ball

2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> grade division will use a size 4 ball.

### Player Equipment

All players must have athletic, non-marking, shoes in the gymnasium. Please do not wear outdoor shoes inside the gymnasium. All players must also wear shin-guards. No turfs or cleats.

No jewelry is allowed during practices or games (unless it is medical, then must be taped down). However, taping of earrings is not permitted, they must be removed, so it is not recommended to get your ears pierced during the season.

### Game Play

- All games will be 3v3.
- There is NO goalkeeper.
- Home team on the schedule will wear the colored pennies (please leave them on the bench after your game).
- Each player should receive equal playing time (coaches are responsible for keeping track of this).
- Substitutions can be made on the fly, or on any dead ball.
- Each game will consist of four, 8 minute quarters, running clock. There is no added time for injuries, etc at the end of the quarters.
- Home team will be given the kickoff for the first and third quarters. Visitors will be given the kickoff for the second and fourth quarters. During the kickoff, the opposing team needs to be outside of the center circle until it is kicked off and put into play. A kick off must go forward on the kick, it just may not be touched more than once by the same player until touched by another player. A goal can be scored directly from a kick-off.
- After two quarters the teams will switch goals.
- Touchline/Sideline
  - When the whole of the ball completely crosses over the touchline, it shall be kicked or dribbled back into the game (no throw-ins). The ball must be stationary on the touchline before either is done. The players of the opposing team shall be at least 2 yards away from the spot where the kick-in is being taken. If not taken within that time, a direct kick is awarded to the opposing team from that spot. All kick-ins are DIRECT.
- Endline
  - Goal kicks- When the whole of the ball completely crosses the endline and was last touched by the attaching team's player, a goal kick is rewarded to the defending team.
    - Goal kicks are taken from the end line of the court
    - Goal kicks are live once they are touched (kick-ins or dribble-ins again accepted)

- Corner Kicks- When the whole of the ball completely crosses the endline and was last touched by the defending team's player, a corner kick is rewarded to the attacking team.
  - A goal may be scored directly from a corner kick (corners are kick-in or dribble-in)
  - Players of the opposing team shall not encroach within 2 yards of the ball until it is in play.
- Free Kicks
  - ALL free kicks are DIRECT and taken from the spot of the foul. The ball may not be touched more than once by the same player until touched by another player after the kick. When a player is taking a free kick, the ball must be stationary. All opposing players and defending wall must be 5 yards from the ball. The wall cannot move until the ball has been put in play. If a player of the opposing team encroaches within 5 yards of the ball as the kick is taken, the free kick will be re-taken. There are not true penalty kicks in this league, ALL kicks are DIRECT.
- Ball Hits Ceiling
  - If the ball hits the ceiling, the game is restarted by a direct kick awarded to the opposing team in their attacking half. The kick is taken from the top of the 3-point arc nearest their attacking goal.
- Goal Scoring – Goals can be scored from either half of the field and the whole of the ball completely crosses the end line.
- Fouls & Misconduct
  - All fouls are in accordance with FIFA rules
    - Exception – NO slide tackling!
      - Slide tackling will result in a direct free kick for the other team

## Gymnasium Rules

Coaches are responsible for their teams and spectators whenever they are in the gyms. No one should be in the hallway (unless on their way to the restroom), weight room, locker rooms, training house, or any other areas of BrickHouse Fitness at any time.

Food and beverage are permitted in the gymnasium. Please alert staff if there is a spill so we can keep our facility clean and in good order.

We will have seating available.