

BRICKHOUSE FITNESS

86 PAINe St SE
Bondurant, IA 50035



Roster/Waivers

Each team must have a minimum of 4 players on their roster, and a maximum of 12 players allowed per roster. Each participant must complete the waiver by registering to be part of the team you are playing with.

Sportsmanship

BrickHouse Fitness expects all participants to play with the highest level of sportsmanship. Rude, demeaning or disrespectful behavior to other teams, your own team, or any BrickHouse staff members will not be tolerated under any circumstance. Such behavior may result in that player being ejected from the game. Such ejection may result in further suspension from participation in current and/or future BrickHouse events/leagues. An ejected person is expected to leave the premises immediately.

Any disputes or complaints may be addressed with the Athletic Director after the day the incident took place. The day of the incident, all calls are final.

Forfeits

If a team does not have the minimum number of players to play a game, that team must forfeit the match. The opposing team will get a win for the match, and 3 game wins as well. Please give as much notice to the Athletic Director as possible so teams can be notified.

Teams

There will be a maximum of 6 players on the court at any time and a minimum of 3 players. There cannot be any more than 3 guys on the court at one time. If you have 5 or less players, there may be one more guy than girls.

Regulation Games

- Traditional Scoring (must serve to score) to 15 for the first two games. The third game is Rally Scoring (every serve is a point) to 21. Must win by 2 points, no cap.
- The ball CAN hit the net on a serve.
- Players may serve underhand or overhand, but the ball must be in flight when contact is made.
- If there is more than one contact with the ball before the team sends it over the net, a girl must make one of the contacts.
- Three hits are allowed to get the ball over the net, it's a violation if a fourth contact is made.
- If a player uses both hands in an attempt to block the ball, this is not considered a use of a contact and 3 more hits are allowed (if one hand is used, it is considered an attack and 2 more contacts are allowed).
- Order of players on the court must go boy/girl/boy/girl/boy/girl (unless uneven genders).
- Net violations will be called when a player touches the net during a direct action towards the ball (block, spike, set, pass) – If you know you did it, call it. One ref can not always see everything on the court.
- If the ball lands on the line it is considered inbounds.
- A violation occurs when a player crosses the plane of the net under the net and causes a potential hazard to an opponent; or if a player crosses the plane under the net completely and touches the opposing team's side with any body part (foot, hand, butt, etc).
- Cannot block or attack a serve (whether you are standing or jumping).
- Each team gets one time-out per game.

- You have the court for one hour. At "time" the team ahead wins. If the teams finish early, they may play extra games for fun to complete the hour. The next game will not begin until their time slot.
- All participants play at their own risk. Every effort to ensure safety has been made.
- Substitutes are allowed, even if they are not on the roster.
- Unlimited substitution per game.

Facility

- Alcoholic beverages/coolers are allowed. Must be 21 or older, and provide identification, to drink on the premises. Any staff has a right to prevent you from further consumption on the property. This is a family friendly event, not a bar. Pretend like your Grandma's watching.
- Profanity is not permitted on the court. You may be asked to leave or forfeit the game if this rule is not followed....even if you call " earmuffs".
- Have fun and follow any other rules that go along with being a normal human being.

Winning the League

Winner of the league will be determined in the following order:

- Matches Won
- Head to Head Matchup
- Games Won
- Coin Flip (or playoff if available)