

WOLFE PACK

NEWS MARCH 2019

EVENTS

Black Belt Testing Begins

The black belt testing cycle begins this month for our black stripes.

May 2 10am- Basic Skills & Knowledge

April 11/12 - Referee Skills

April 13 10am- Int. & Adv. Skills

May 4 10am - Promotion Day

March 11 - Booster Club

7:45pm - Join the booster club and support our competition team.

March 14 - 15 Dodgeball

Sign up now to save your spot.

May 18 - 22 Spring Break Martial Arts of The World Camp

A full week introducing a variety of martial arts. Fun and informational.

April 27 - Color Belt Testing

Work on you forms, techniques, breaking skills, and sparring credits or you will be ready.

Don't be afraid of opposition. Remember, a kite rises against, not with, the wind.

-Hamilton Wright Mabie



Drop Off - 7:30pm - 9pm
Pick Up - No later than 6pm

Thurs & Friday March 14 & 15
\$25 Per Person Per Day
After School - \$10 PP per Day

Monday - Friday March 18-22
\$130 for the week

Lunch will be provided on Fridays

Campers will have a TKD Class, fitness class, Mat Chat, Lots of Fun Activites.



POT O' PRIZES

Get a gold coin for each class you attend - exchange them for candy and prizes

EVENING CLASSES - BRING A BUDDY

Any class in March bring a buddy to double your coins.

SUMMER CAMP REGISTRATION

Sign up Now to reserve your summer camp weeks.

\$25 Deposit per week to hold your spot

(Non refundable - will be applied to your weekly registration fee)

CONFIDENCE

Sometimes, people will try to make you less confident. Confidence can be small, like liking a certain shirt, or big, like standing up for a friend who is being picked on. People may try to stop your confidence by saying things like, "That is a silly shirt," or "Well, your friend is a geek." Don't let these types of people stop your confidence. Remember - trust yourself. You know you like your shirt. You know bullying is wrong. Don't let their words change your mind.

The next time someone tries to make you less confident, say this inside your head. Again: "I am strong! I trust myself! I am confident!" I am confident that you can all do this!