



JOIN THE YMCA OF COLUMBIA MASTERS SWIM CLUB Soda City Swarm



Soda City Swarm is a USMS Masters Swim Team open to swimmers of all different shapes, sizes and abilities. We provide structured group workouts, motivation, stroke advice and camaraderie.

You do not need to be a fast swimmer, compete in swim meets or even be an experienced swimmer to be on the Masters team. If you love swimming and are in need of a little motivation, Soda City Swarm would be perfect for you!

Practice Schedule & Fee: Membership & \$35/month

Jeep Rogers

Monday/Friday
5:30am - 6:30am

Tues/Wed/Thurs
7:45pm - 8:45pm

Saturday
8:00am - 9:15am

Northwest

Monday - Thursday
7:00am - 8:00am

Contact Amy Dodson for more information
amydodson@columbiaymca.org

