Natural Room Scents

Add fragrance to your home using simmering waters infused with spices, herbs, & fruit.

Store jars of scented water in the fridge for 1-2 weeks.

Ingredients:
- **Citrus** — lemons, oranges, limes; sliced rounds or peels only
- **Herbs** — rosemary, thyme, & bay leaves
- **Spices** — whole cinnamon, cloves, nutmeg, allspice, anise; fresh ginger; may substitute ground spices
- **Extracts** — vanilla, almond, mint
- **Pine twigs** — or other fragrant twigs

Directions:
Use a pint (2 cup) jar, container, or pot to combine scented waters. Add ingredients to container, cover with water, and choose from these options:
- **On stove top** — Bring scented water ingredients to a boil, lower heat and simmer uncovered.
- **In mini slow cooker** — Preheat scented water ingredients in microwave or on stove-top until it boils; transfer to slow cooker and cook uncovered on low. Top off with more hot water as needed.

As water evaporates, add more hot water. For a stronger scent, double/triple recipe in a larger pot or slow cooker.

Fragrant Combinations:
- **Orange, Cinnamon & Spice** — 1 orange, 2 cinnamon sticks (or 2 tsp. ground); 1/2 Tbs. whole cloves (or 1/8 tsp. ground); 1/2 Tbs. whole allspice (or 1/4 tsp. ground); 1 anise star (optional)
- **Lemon, Rosemary & Vanilla** — 3 sprigs of fresh rosemary, 2 lemons, 1 tsp. vanilla extract.
- **Lime, Thyme, Mint & Vanilla** — 3 limes, 3-4 sprigs fresh thyme, 1/2 tsp. mint extract, 1 tsp. vanilla.
- **Orange, Ginger, & Almond** — 1 orange, one 4” finger of ginger, sliced (or 1 tsp. ground ginger), 1/2 tsp. almond extract.
- **Pine, Bay Leaves, & Nutmeg** — Handful of pine twigs or needles; 4 bay leaves; 1 whole nutmeg, outer layer grated into mixture (or 1/4 tsp. ground nutmeg).

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