YES! THAT’S A TOBACCO PRODUCT

You may think using some of these products is harmless, but remember, THERE IS NO SUCH THING AS A SAFE TOBACCO PRODUCT.

- Cigarettes (including menthols)
- Cigarillos, little cigars and cigars
- Pipes
- Smokeless tobacco (including chewing tobacco, snuff, chew, dip and snus)
- Dissolvables (including lozenges, orbs, sticks and strips)
- Heated tobacco products (including IQOS, TEEPS, PAX and Glo)
- All e-cigarettes (including vape pens, JUUL, e-pipes, e-cigars, tank devices, mods and mod pods, rechargeable e-cigarettes and disposable e-cigarettes)
- Hookah and water pipes

OTHER TOBACCO PRODUCTS NOT PICTURED INCLUDE:
roll-your-own tobacco, bidis and kreteks, nicotine gels and future tobacco products

REMEMBER

ONLY USE TOBACCO PRODUCTS IN DTUAs

Contact Us: dha.ncr.comm.mbx.u-can-quit-2-quit-tobacco@mail.mil

ycq2.org