



## President Ezra Taft Benson - 1980

I emphasize a most basic principle: home production and storage. Have you ever paused to realize what would happen to your community or nation if transportation were paralyzed or if we had a war or depression? How would you and your neighbors obtain food? How long would the corner grocery store—or supermarket—sustain the needs of the community?

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## All is Safely Gathered in Pamphlet

Our Heavenly Father created this beautiful earth, with all its abundance, for our benefit and use. His purpose is to provide for our needs as we walk in faith and obedience. He has lovingly commanded us to 'prepare every needful thing' (see D&C 109:8) so that, should adversity come, we may care for ourselves and our neighbors, and support bishops as they care for others.

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## President Gordon B. Hinckley - 2002

I wish to urge again the importance of self-reliance on the part of every individual Church member and family. None of us knows when a catastrophe might strike. Sickness, injury, unemployment may affect any of us. The best place to have some food set aside is within our homes, together with a little money in savings. Five or six cans of wheat in the home are better than a bushel in the welfare granary.

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## President Thomas S. Monson - 2008

Recent surveys of Church members have shown a serious erosion in the number of families who have a *year's supply* of life's necessities. Most members plan to do it. Too few have begun . . . It is our sacred duty to *care for our families, including our extended families.*

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*President Ezra Taft Benson - 1980*

Let us be in a position so we are able to not only feed ourselves through the home production and storage, but others as well.

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*President Spencer W. Kimball - 1984*

Preparedness, when properly pursued, is a way of life, not a sudden, spectacular program. We could refer to all the components of personal and family preparedness, not in relation to holocaust or disaster, but in cultivating a life-style that is on a day-to-day basis its own reward.

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*President Gordon B. Hinckley - 2002*

We can begin ever so modestly. We can begin with a one week's food supply and gradually build it to a month, and then to three months. I am speaking now of food to cover basic needs...I fear that so many feel that a long-term food supply is so far beyond their reach that they make no effort at all...Begin in a small way... and gradually build toward a reasonable objective.

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*Elder L. Tom Perry - 1995*

Start now to create a plan if you don't already have one, or update your present plan. Watch for best buys that will fit into your year's supply. We are not in a situation that requires panic buying, but we do need to be careful in purchasing and rotating the storage that we're putting away. The instability in the world today makes it imperative that we take heed of the counsel and prepare for the future.

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## President Ezra Taft Benson - 1977

Members of the Church have been instructed to personally store a year's supply of food, clothing, and, where possible, fuel. By following this counsel, most members will be prepared and able to care for themselves and their family members, and be able to share with others

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## Sister Elaine L. Jack - 1994

In Argentina, Relief Society leaders are trying to teach the importance of food storage. They wrote: "Unfortunately, most of the sisters [here] cannot afford to buy an extra kilo of sugar, or flour, or an extra liter of oil. However, they have been encouraged to save, even just a spoonful at a time.

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## President James E Faust - 1986

The counsel to have a year's supply of basic food, clothing, and commodities was given fifty years ago and has been repeated many times since. Every father and mother are the family's storekeepers. They should store *whatever their own family would like to have* in the case of an emergency.

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## President Ezra Taft Benson - 1980

The Church has not told you what foods should be stored. This decision is left up to individual members.

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*President Ezra Taft Benson - 1980*

**Have sufficient food,  
clothing, and fuel on hand  
to last at least one year.**

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*President Ezra Taft Benson - 1974*

Wood, coal, gas, oil, kerosene, and even candles are among those items which could be reserved as fuel for warmth, cooking, and light or power. Some may be used for all of these purposes and certain ones would have to be stored and handled cautiously. It would also be well to have on hand some basic medical supplies to last for at least a year.

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*President J. Reuben Clark, Jr - 1937*

Let every head of every household see to it that he has on hand enough food and clothing, and, where possible, fuel also, for at least a year ahead. You of small means put your money in foodstuffs and wearing apparel, not in stocks and bonds; you of large means will think you know how to care for yourselves, but I may venture to suggest that you do not speculate. Let every head of every household aim to own his own home, free from mortgage. Let every man who has a garden spot, garden it; every man who owns a farm, farm it.

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*Sister Barbara B. Smith - 1976*

**Home storage should consist of a year's supply of basic food, clothing, and, where possible, fuel. After this goal is reached, emergency and expanded storage is desirable.**

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## *President James E. Faust - 1986*

Surely we all hope that the hour of need will never come. Some have said, 'We have followed this counsel in the past and have never had need to use our year's supply, so we have difficulty keeping this in mind as a major priority.' Perhaps following this counsel could be the reason why they have not needed to use their reserve.

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## *President Ezra Taft Benson - 1980*

Be faithful, my brothers and sisters, to this counsel and you will be blessed—yes, the most blessed people in all the earth. Let us be in a position so we are able to not only feed ourselves through the home production and storage, but others as well.

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## *President James E. Faust - 1986*

**By continued rotation of food supply it can be kept usable with no waste.**

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## *President Ezra Taft Benson - 1980*

You do not need to go into debt, may I add, to obtain a year's supply. Plan to build up your food supply just as you would a savings account. Save a little for storage each pay-check.

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## *All is Safely Gathered In Pamphlet*

We encourage members worldwide to prepare for adversity in life by having a basic supply of food and water and some money in savings.

We ask that you be wise, and do not go to extremes. With careful planning, you can, over time, establish a home storage supply and a financial reserve.

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## *Bishop Keith B. McMullin - 2007*

There is no need to be anxious about events leading up to the Second Coming...The formula is simple: Be faithful. Unencumber your life. Lay up in store.

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## *President Gordon B. Hinkley - 2001*

As we have been continuously counseled for more than 60 years, let us have some food set aside that would sustain us for a time in case of need. But let us not panic nor go to extremes. Let us be prudent in every respect. And, above all, my brothers and sisters, let us move forward with faith in the Living God and His Beloved Son.

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## *Elder Victor L. Brown - 1980*

We have been taught that we should build our reserves over a period of time, that we should not go into debt to do so, that we should buy those things we use and use them on a rotation basis, that we should use common sense in preparing ourselves to be independent and self-reliant. There has never been extremism or fanaticism associated with these teachings.

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## *President Gordon B. Hinckley - 2005*

The best storehouse is the family storeroom. Our people for three-quarters of a century have been counseled and encouraged to make such preparation as will assure survival should a calamity come. Now what I have said should not occasion a run on the grocery store or anything of that kind. I am saying nothing that has not been said for a very long time.

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## *President Ezra Taft Benson - 1980*

More than ever before, we need to learn and apply the principles of economic self-reliance. We do not know when the crisis involving sickness or unemployment may affect our own circumstances. We do know that the Lord has decreed global calamities for the future and has warned and forewarned us to be prepared.

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## *President Ezra Taft Benson - 1980*

Too often we bask in our comfortable complacency and rationalize that the ravages of war, economic disaster, famine, and earthquake cannot happen here. Those who believe this are either not acquainted with the revelations of the Lord, or they do not believe them. Those who smugly think these calamities will not happen, that they somehow will be set aside because of the righteousness of the Saints, are deceived and will rue the day they harbored such a delusion.

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## *President Ezra Taft Benson - 1973*

Noah built his ark before the flood came, and he and his family survived. Those who waited to act until after the flood began were too late. Let us not be dissuaded from preparing because of a seeming prosperity today, or a so-called peace.

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## *Elder J. Richard Clarke - 1953*

There are some who feel that they are secure as long as they have funds to purchase food. Money is not food. If there is no food in the stores or in the warehouses, you cannot sustain life with money. Both President Romney and President Clark have warned us that we will yet live on what we produce.

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## *President Ezra Taft Benson - 1980*

The revelation to produce and store food may be as essential to our temporal welfare today as boarding the ark was to the people in the days of Noah.

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## *President Spencer W. Kimball - 1976*

We encourage families to have on hand this year's supply; and we say it over and over and over and repeat over and over the scripture of the Lord where He says, "Why call ye me, Lord, Lord, and do not the things which I say?" How empty it is as they put their spirituality, so-called, into action and call him by his important names, but fail to do the things which he says.

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## *President Spencer W. Kimball - 1976*

As we become more affluent and our bank accounts enlarge, there comes a feeling of security, and we feel sometimes that we do not need the supply that has been suggested by the Brethren. We must remember that ... a year's supply of basic commodities could be very much appreciated by us or others. So we would do well to listen to what we have been told and to follow it explicitly.

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*President Ezra Taft Benson - 1980*

Those families will be fortunate who, in the last days, have an adequate supply of food because of their foresight and ability to produce their own.

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*Bishop Keith B. McMullin - 2007*

A cardinal principle of the gospel is to prepare for the day of scarcity. Work, industry, frugality are part of the royal order of life.

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*President Gordon B. Hinckley - 2006*

The best food storage is not in welfare grain elevators but in sealed cans and bottles in the homes of our people. What a gratifying thing it is to see cans of wheat and rice and beans under the beds or in the pantries of women who have taken welfare responsibility into their own hands.

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*President Thomas S. Monson - 2008*

Many more people could ride out the storm-tossed waves in their economic lives if they had their year's supply of food...and were debt-free. Today we find that many have followed this counsel in reverse: they have at least a year's supply of debt and are food-free.

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*Doctrine and Covenants 29:8*

Be prepared in all things  
against the day when  
tribulations and desolations  
are sent forth upon the  
wicked.

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*President Spencer W. Kimball - 1976*

We want you to be ready with your  
personal storehouses filled with at  
least a year's supply. You don't  
argue why it cannot be done; you  
just plan to organize and get it done

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*President Ezra Taft Benson - 1980*

Should the Lord decide at this time to  
cleanse the Church...a famine in this land of  
one year's duration could wipe out a large  
percentage of sloughful members, including  
some ward and stake officers. Yet we  
cannot say we have not been warned.

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*President Ezra Taft Benson - 1980*

There are blessings in being  
close to the soil, in raising your  
own food even if it is only a  
garden in your yard and a fruit  
tree or two.

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## *President Ezra Taft Benson - 1980*

Can or bottle fruit and vegetables from your gardens and orchards. Learn how to preserve food through drying and possibly freezing. Make your storage a part of your budget. Store seeds and have sufficient tools on hand to do the job.

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## *Elder Vaughn J. Featherstone - 1976*

Follow the prophet. He has counseled us to plant a garden and fruit trees. This year don't just think about it—do it. Grow all the food you possibly can. Also remember to buy a year's supply of garden seeds so that, in case of a shortage, you will have them for the following spring.

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## *Bishop Keith B. McMullin - 2007*

As we do our very best, we can be confident that 'the barrel of meal shall not waste, neither shall the cruse of oil fail.' We shall enjoy greater wisdom, security, peace of mind, and personal well-being. We shall be prepared, and because we are prepared, we shall not fear.

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## *Elder Vaughn J. Featherstone - 1976*

I bear my humble witness to you that the great God of heaven will open doors and means in a way we never would have supposed to help all those who truly want to get their year's supply.

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## President Spencer W. Kimball - 1977

I have on occasion cited the need for many reservoirs in our lives to provide for our needs. "Some reservoirs are to store water. Some are to store food, as Joseph did in the land of Egypt. There should also be reservoirs of knowledge to meet the future needs; reservoirs of courage to overcome the floods of fear that put uncertainty in our lives; reservoirs of physical strength to help us meet the frequent burdens of work and illness; reservoirs of goodness; reservoirs of stamina; reservoirs of faith.

"Yes, especially reservoirs of faith.

Parents...are expected to lay foundations for their children and to build the barns and tanks and bins and reservoirs.

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## Elder Dallin H. Oaks - 2004

We need to make both temporal and spiritual preparation for the events prophesied at the time of the Second Coming. And the preparation most likely to be neglected is the one less visible and more difficult—the spiritual. A 72-hour kit of temporal supplies may prove valuable for earthly challenges, but, as the foolish virgins learned to their sorrow, a 24-hour kit of spiritual preparation is of greater and more enduring value.

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## President Spencer W. Kimball - 1976

We encourage you to grow all the food that you feasibly can on your own property. Berry bushes, grapevines, fruit trees—plant them if your climate is right for their growth. Grow vegetables and eat them from your own yard. Even those residing in apartments or condominiums can generally grow a little food in pots and planters. Study the best methods of providing your own foods.

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## President Marion G. Romney - 1975

**We will see the day when  
we will live on what we  
produce.**

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## *President Thomas S. Monson - 2008*

We urge all Latter-day Saints to be prudent in their planning, to be conservative in their living, and to avoid excessive or unnecessary debt.



## *President Thomas S. Monson - 2008*

Noah heeded God's command to build an ark...that they might be saved from the flood waters. Yet there was no evidence of rain and flood. His actions were considered irrational. The sun was shining and life moved forward as usual. But time ran out. The floods came, the disobedient were drowned. When God speaks and we obey, we will always be right.



## *President Ezra Taft Benson - 1988*

Are each of us and our families following, where permitted, the long-standing counsel to have sufficient food, clothing, and, where possible, fuel on hand to last at least one year?

For the righteous, the gospel provides a warning before calamity, a program for the crises, refuge for each disaster...The Lord has warned us of famines, but the righteous will have listened to the prophets and stored at least one year's supply of food...



## *The First Presidency - 1988*

We continue to encourage members to store sufficient food, clothing, and, where possible, fuel for at least one year. We have not laid down an exact formula for what should be stored. However, we suggest that members concentrate on essential foods that sustain life, such as grains, legumes, cooking oil, powdered milk, salt, sugar or honey, and water. Most families can achieve and maintain this basic level of preparedness. The decision to do more than this rests with the individual. We encourage you to follow this counsel with the assurance that a people prepared through obedience to the commandments of God need not fear.



## *President Gordon B. Hinckley - 2008*

There is a portent of stormy weather ahead to which we had better give heed...No one knows when emergencies will strike...Set your houses in order. If you have paid your debts, if you have a reserve, even though it be small, then should storms howl about your head, you will have shelter for your wife and children and peace in your hearts. That's all I have to say about it, but I wish to say it with all the emphasis of which I am capable.

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## *Doctrine and Covenants 6:34; 36*

**Fear not little flock; do good; let earth and hell combine against you, for if ye are built upon my rock, they cannot prevail. . .Look unto me in every thought; doubt not, fear not.**

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## *President Gordon B. Hinckley - 2008*

Everyone who owns a home recognizes the need for fire insurance. We hope and pray that there will never be a fire. Nevertheless, we pay for insurance to cover such a catastrophe, should it occur. We ought to do the same with reference to family welfare.

The best place to have some food set aside is within our homes.

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## *George Albert Smith - 1945*

Noah built the ark and preached repentance to his generation for a period of one hundred and twenty years, thus fully warning them.

The rains descended, and the floods came, and only Noah and his family of eight souls were saved.

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## President Spencer W. Kimball

Maintain a year's supply. The Lord has urged that his people save for the rainy days, prepare for the difficult times, and put away for emergencies, a year's supply or more of bare necessities so that when comes the flood, the earthquake, the famine, the hurricane, the storms of life, our families can be sustained through the dark days. How many of us have complied with this? We strive with the Lord, finding many excuses: We do not have room for storage. The food spoils. We do not have the funds to do it. We do not like these common foods. It is not needed—there will always be someone to help in trouble. The government will come to the rescue. And some intend to obey but procrastinate.

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## President Spencer W. Kimball - 1974

I remember long years ago that I asked a very prominent grocer who had a chain of grocery stores, 'How long would your supply of groceries last if you did not have trucks to bring in new supplies?' And he said, 'Maybe we could stretch it out two weeks from our storehouses and from our supplies.' People could get awfully hungry after two weeks were over.

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