

KID STUFF

Summer: July 2, 2018 – August 26, 2018

Members: \$95; Non-Members: \$125

unless noted otherwise; (1 Lesson per week for 8 weeks)



REGISTER ONLINE!

Take a look at our website and get acquainted with our online registration process!

register.ymcanyc.org

TAE KWON DO

Learn basic punches, strikes, blocks and kicks while gaining focus, strength and coordination. TKD at the Y is all about teamwork, respect and patience—not combat or self-defense.

3-5 YEARS

TUESDAYS 5:00-5:50PM
THURSDAYS 5:00PM-5:50PM



4-99 YEARS

TUESDAYS & THURSDAYS 6:15-7:15PM (BEG)
TUESDAYS & THURSDAYS 7:15-8:15PM (INT/ADV)

SATURDAYS 9:30-10:30AM (BEG)
SATURDAYS 10:30-11:30AM (INT/ADV)

Munch Center

BALLET

The basics are introduced with patience and care, not to mention fun! Our programs nurture kids' sense of self-confidence and introduce them to positive, fun activities that build athletic, social and interpersonal skills.

BEGINNER 3-5 YEARS
FRIDAY 5:30-6:20PM

BEGINNER/INT 3-5 YEARS
FRIDAY 6:30-7:20PM

BEGINNER 6-12 YEARS
FRIDAY 7:30-8:20PM
Fitness Studio



CHEER

This introductory-level cheerleading class provides a structured method of learning various cheer and dance moves in a fun-filled and vibrant environment, and offers a new set of combinations and routines every time.

5-6 YEARS
TUESDAY 5:30-6:20PM

7-9 YEARS
WEDNESDAY 5:30-6:20PM

10-12 YEARS
THURSDAY 5:30-6:20PM
Outdoor



SPORTS SAMPLER

Instructional program designed to prepare kids for sports without the threat of competition or fear of getting injured. Parents follow along with children to learn all of the basic skills, such as throwing, kicking, batting, etc.

The sports introduced are baseball, basketball, soccer and football.

MONDAYS
6:00-6:50PM
3-4 YEARS
Field



Toddler Play

Toddler play is an introduction for toddlers to the basics of dance, STEM and ART. Pre-schoolers will explore the arts as a tool for self-expression using rhythm games, songs, and stories. Children learn balance, coordination, and develop basic locomotive skills.

12 MONTHS-2 YEARS
TUESDAY 5:00-6:00PM

3-5 YEARS
TUESDAY 6:00-7:00PM
MPR

Need financial assistance? JUST ASK!

Schedule subject to change; classes need minimum 3 participants to operate.

BRONX YMCA. 2 Castle Hill Avenue Bronx, NY 10473. 212-912-2490

Member Registration
begins: 6/16/2018

Non-Member Registration
begins: 6/23/2018



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

QUESTIONS?

Stefany Navarro
snavarro@ymcanyc.org

YBL Clinic

Children will learn the fundamentals of the sport, along with being able to compete with their peers. Instructors will prepare kids for real-time competition by teaching skills such as dribbling, shooting, formations, plays, endurance performance, defense and offense.



5-6 YEARS
SATURDAYS 12:10PM-12:50PM
7-9 YEARS
SATURDAYS 1:10PM-2:00PM
10-12 YEARS
SATURDAYS 2:10PM-3:00PM
13-18 YEARS
SATURDAYS 3:10PM- 4:00PM
Munch Center

SOCCER

This skills and drills program teaches children the proper techniques needed to play the sport. Children will learn how to become comfortable with their feet while dribbling, passing, and shooting the ball.

4-6 YEARS
MONDAYS 7:00-7:50PM
7-9 YEARS
THURSDAYS: 6:00-6:50PM
10-13 YEARS
THURSDAYS: 7:00-7:50PM
Field



* YUSC SOCCER TEAMS AVAILABLE FOR MORE ADVANCED PLAYERS BORN IN 2012, 2011, 2010, 2009, 2008, 2007, & 2006.

MEMBERS: \$285/ SEASON (INCLUDES SKILLS AND DRILLS)

U8 TEAM PRACTICE

FRIDAYS: 6:00-7:00PM

U10 & U12 TEAM PRACTICE

TUESDAYS & WEDNESDAYS 6:30-8:00PM

WEEKEND GAMES

PLEASE CONTACT COACH STEPHANIE AT
SGONZALEZ@YMCANYC.ORG TO SCHEDULE A TRY OUT.

YOUNG PICASSO

Exploring all different drawing and painting techniques using different media such as a variety of pencils, pastels, watercolor and acrylics. Students will find their individual expression through art and develop technical skills with rendering and color.

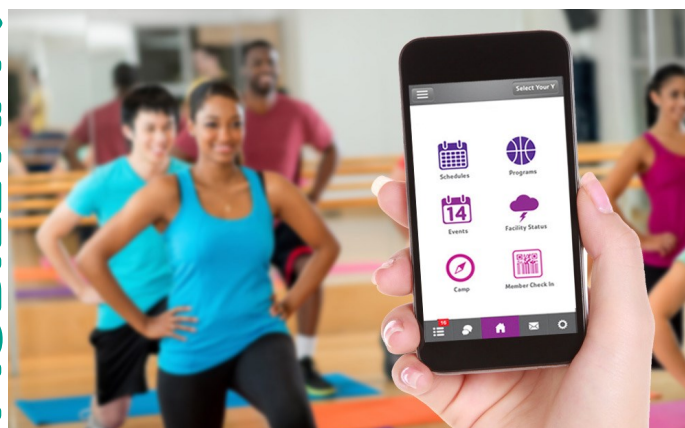
10-12 YEARS
THURSDAYS 6:00-7:00PM

5-6 YEARS AND 7-9 YEARS
THURSDAYS 7:00-8:00PM

MUNCH CENTER CLASSROOM

* **MEMBERS: \$100 NON-MEMBERS: \$ 130**

MOBILE APP!



MOBILE APP!

Download our mobile app for automatic updates on class changes and cancellations.

ymcanyc.org/app or visit the app store on your device and search:

YMCA of Greater NY

Select: **Bronx**