



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Y TEEN PROGRAMS

TODAY'S TEENS ARE TOMORROW'S LEADERS

Teen Center

After a long week in school come to the Coney Island Y for fun and relaxation. Friday's at the Y is all about you; Play Board Games, Ping Pong, Basketball, Soccer, Flag Football, or just work out.

Saturdays 2:30pm-7:30pm

Programs Room

Free

Teens Take the City

This is your opportunity to get involved in your community. Crime, Violence, and Poverty are just a few problems that we face in Coney Island on a daily basis. We will work together to address these problems and find solutions. It's time for action.

Tuesdays 4:30pm-6pm

Programs Room

Free

Leaders Club

Do you know one thing all successful people have in common? Great leadership skills. The Leaders Club can help you develop the skills you need to do well in school, at a job, or in sports. Success starts here!

Fridays 4:30pm-6pm

Programs Room

Free

Coney Island Y Basketball Team

The YMCA Youth Basketball Team wants every player to have a rewarding experience through participation in our youth basketball program.

Mondays and Wednesdays 4:30pm-6pm

Basketball Court

REGISTER NOW!!



Coney Island Y MVP Fitness Challenge

Y-MVP Fitness Challenge, a training program where participants engage in series of game-like physical activities delivered by a trained coach. Participants meet as a small class once a week to take on fitness "quests." At the end of each class, they receive a fitness "mission" that they need to complete before the next meet-up.

Mondays and Wednesdays 4:30pm-6pm

Murray Studio

Free

GET ENGAGED:

Jacqueline Sanchez
Youth and Family Director
jsanchez@ymcanyc.org
718-215-6900

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Coney Island YMCA
2980 WEST 29TH STREET, BROOKLYN NY, 11224
718-215-6900 ymcanyc.org/coneyisland