

## McBurney YMCA Aquatics Class Schedule

Once a week for eight weeks

July 2nd - August 26th

#### **PARENT-CHILD CLASSES**

(6mo-36mo) 30 minu	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Water Discovery (6-18 mo)	9:00am; 9:30am	9:30am	9:00am; 9:30am	9:30am		10:00am; 12:30pm	
Water Exploration (6-18 mo)	9:00am; 9:30am	9:30am	9:00am; 9:30am	9:30am		10:00; 10:30am; 12:30pm	
Water Discovery (19-36 mo)	9:00am; 9:30am	9:30am	9:00am; 9:30am	9:30am		10:00; 10:30am; 12:30pm	
Water Exploration (18-36 mo)	9:00am; 9:30am	9:30am	9:00am; 9:30am	9:30am		10:30am; 12:30pm	

#### **PRESCHOOL CLASSES**

(3-5yrs) 40 minutes	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Stage 1 w/Parent (30 minutes)						12:30pm	
Stage 1 (30 minutes)	4:05pm; 4:50pm	3:45pm; 4:30pm	4:05pm; 4:50pm	3:45pm; 4:30pm		9; 9:35; 10:10; 10:45am	10:00am; 3:25pm
Stage 2	4:05pm; 4:50pm	3:45pm; 4:30pm	4:05pm; 4:50pm	3:45pm; 4:30pm		9am; 9:50am; 10:40am	
Stage 3	4:05pm; 4:50pm	3:45pm; 4:30pm	4:05pm; 4:50pm	3:45pm; 4:30pm		9:50am; 10:40am	
Stage 4	4:05pm; 4:50pm	3:45pm; 4:30pm	4:05pm; 4:50pm	3:45pm; 4:30pm		9:50am 10:40am	

#### **SCHOOL AGE CLASSES**

(6-12yrs) 40 minutes	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Stage 1	4:05pm; 4:50pm	3:45pm; 4:30pm	4:05pm; 4:50pm	3:45pm; 4:30pm		9:00am; 9:50am	10:00am
Stage 2	4:05pm; 4:50pm	3:45pm; 4:30pm	4:05pm; 4:50pm	3:45pm; 4:30pm		9:00am; 9:50am	10:00am
Stage 3	4:05pm; 4:50pm	3:45pm; 4:30pm	4:05pm; 4:50pm	3:45pm; 4:30pm		9:00am; 9:50am	10:00am
Stage 4	4:05pm; 4:50pm	3:45pm; 4:30pm	4:05pm; 4:50pm	3:45pm; 4:30pm		9:00am; 11:30am	
Stage 5	4:05pm; 4:50pm	3:45pm; 4:30pm	4:05pm; 4:50pm	3:45pm; 4:30pm		11:30am	
Stage 6	4:05pm; 4:50pm	3:45pm; 4:30pm	4:05pm; 4:50pm	3:45pm; 4:30pm		11:30am	
Competitive Skills & Drills		3:45pm-5:10pm		3:45pm-5:10pm			4:00pm-5:25pm
"Manta Rays" Swim Team	Contact Madhur Patel at 212-912-2321 or mpatel(a)vmcanvc.org for information on available options.						

#### **TEEN CLASSES**

(12-17yrs) 40 minut	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
All Levels						12:30pm	

#### **TEEN/ADULT CLASSES**

45 minutes	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Reluctant Swimmer	8:00pm				8:00pm		
Stage 1/2	8:00pm	6:30pm	8:00pm	6:30pm		5:00pm	
Stage 3		7:15pm	8:45pm	7:15pm		5:00pm	
Stage 4		7:15pm	8:45pm	7:15pm			
Stage 5/6				8:00pm			



# McBurney YMCA Aquatics Class Schedule

Session	Days	2x per week for 4 weeks	4x per week for 2 weeks
Session 1	Monday - Thursday	July 2nd - July 29th	July 2nd - July 13th
Session 2	Monday - Thursday	July 30th - August 26th	July 16th - July 27th
Session 3	Monday - Thursday	n/a	July 30th - August 10th
Session 4	Monday - Thursday	n/a	August 13th - August 24th

### **PARENT-CHILD CLASSES**

(6mo-36mo) 30 minutes	MONDAY/WEDNESDAY	TUESDAY/THURSDAY
Water Discovery (6-36 mo)	9:00am; 9:30am	9:30am
Water Exploration (6-36 mo)	9:00am; 9:30am	9:30am

## PRESCHOOL CLASSES

(3-5yrs) 40 minutes	MONDAY/WEDNESDAY	TUESDAY/THURSDAY
Stage 1 (30 minutes)	4:05pm; 4:50pm	3:45pm; 4:30pm
Stage 2	4:05pm; 4:50pm	3:45pm; 4:30pm
Stage 3	4:05pm; 4:50pm	3:45pm; 4:30pm
Stage 4	4:05pm; 4:50pm	3:45pm; 4:30pm

## **SCHOOL AGE CLASSES**

(6-12yrs) 40 minutes	MONDAY/WEDNESDAY	TUESDAY/THURSDAY
Stage 1	4:05pm; 4:50pm	4:05pm; 4:50pm
Stage 2	4:05pm; 4:50pm	4:05pm; 4:50pm
Stage 3	4:05pm; 4:50pm	4:05pm; 4:50pm
Stage 4	4:05pm; 4:50pm	4:05pm; 4:50pm
Stage 5	4:05pm; 4:50pm	4:05pm; 4:50pm
Stage 6	4:05pm; 4:50pm	4:05pm; 4:50pm
Competitive Skills & Drills		3:45pm-5:10pm