

Jamaica Pool Schedule July 18th -24th 2016 (updated)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
6:30	ADULT LAPS 6:30am - 8:30am	ADULT LAPS 6:30am - 8:30am	ADULT LAPS 6:30am - 8:30am	ADULT LAPS 6:30am - 8:30am	ADULT LAPS 6:30am - 8:30am	ADULT LAPS 6:30am - 7:45am	Pool opens 9am		
7:00									
7:30									
8:00						7:45-8:00 Close			
8:30						Adult beginner 8-8:50am			
8:45	8:30 - 8:45 am Pool Closed - Lifeguard Safety Break						Parent/Child + Starfish 9-9:30am		
9:00	ADULT LAPS 8:45am-9:45am	ADULT LAPS 8:45am-9:45am	ADULT LAPS 8:45am-9:45am	ADULT LAPS 8:45am-9:45am	ADULT LAPS 8:45am-9:45am	Shark+ Porpoise 9-9:50am	Pike + Ray 9:35-10:05		
9:30									
9:45	9:45 - 10 am Pool Closed - Lifeguard Safety Break & set-up for Camp					Polliwog' Guppy + Minnow 10-10:50am	Polliwog + Guppy 10:10-11am		
10:00	SUMMER CAMP SWIM 10am - 12pm	SUMMER CAMP SWIM 10-11am	SUMMER CAMP SWIM 10-11am	SUMMER CAMP SWIM 10-11am	SUMMER CAMP SWIM 10am - 12pm				
10:30		Silver Splash 11-11:45M	camp	camp		Polliwog + Fish 11-11:50am	Fish 11:10-12		
11:00									
12:00	12 - 12:15 pm Pool Closed - Lifeguard Safety Break					Pike 12-12:30pm			
12:15	Adult Lap/Rec 12:15 - 1pm	SUMMER CAMP SWIM 12-1pm	Adult Lap/Rec 12:15 - 1pm	SILVER SPLASH 12:15 - 1pm	SUMMER CAMP SWIM 12-1pm	Pike+ Eel 12:35-1pm	Polliwog + Guppy 12:10-1pm		
12:30									
1:00	SUMMER CAMP SWIM 1-2pm	SUMMER CAMP SWIM 1-2pm	SUMMER CAMP SWIM 1-2pm	SUMMER CAMP SWIM 1-2pm	SUMMER CAMP SWIM 1-2pm	Polliwog+Minnow 1:10-2pm	Pike + Eel 1:10-1:40pm		
1:30									
2:00	2:00 - 3:00 pm Pool Closed						1:40-2pm Closed		
2:15						Polliwog+Guppy 2:10-3pm	Teen Beg + Adult Beg 2-2:50pm		
2:30									
3:00	Family Rec Swim 3:00-4:20pm	Family Rec Swim 3:00-4:20pm	Family Rec Swim 3:00-4:20pm	Family Rec Swim 3:00-4:20pm	Family Rec Swim 3:00-4:20pm	Adult Int + Porpoise 3:10-4pm	Family Rec Swm 3:00-5:00pm		
3:30									
4:00	4:20=4:30pm Pool Closed - prepare for classes					Teen Beginner 3:10-4pm			
4:30	Pike + Eel 4:30-5pm	Pike 4:30-5pm	Pike 4:30-5pm	Pike 4:30-5pm	Eel 4:30-5pm				
5:00	Guppy + Minnow 5:10-6pm	Polliwog + Guppy 5-5:50pm	Polliwog + Guppy 510-6pm	Polliwog 510-6pm	Polliwog + Guppy 5:10-6pm	Family Rec Swm 5:00-6:30pm	Adult Lap 5:00-6:30pm		
5:30									
6:00	Polliwog 6:10-7pm	Fish + Shark 6-6:50pm	Teen Int 6:10-7pm	Pike 6-6:30pm	Teen Beg. 6:00-6:50pm				
6:30				6:30-7pm Closed					
7:00	Family Rec 7-8pm	Adult Beginner 7:10-8pm	Adult Beg. + Adult Int 7:10-8pm	Family Rec 7-8pm	Aqua Zumba 7-8pm	Pool closes promptly at 6:30pm			
7:30									
8:00	ADULT LAPS 8-9pm	ADULT LAPS 8-9pm	ADULT LAPS 8-9pm	ADULT LAPS 8-9pm	Pool Closed	Please note that pool schedule may change at short notice			
8:30									
9:00									