Rockaway YMCA
Lap Pool Schedule

Effective Sept. 4, 2018

POOL HOURS	MONDAY				TUESDAY				POOL HOURS	WEDNESDAY				THURSDAY				POOL HOURS	FRIDAY				SATURDAY				SUNDAY				POOL HOURS
	1	2	3	4	1	2	3	4		1	2	3	4	1	2	3	4		1	2	3	4	Pool Opens- 7:00am								
																							Pool Closes- 8:00pm								
5:30 AM	Multi Purpose	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap	5:30 AM	Multi Purpose	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap	5:30 AM	Multi Purpose	Adult Lap	Adult Lap	Adult Lap	1	2	3	4	1	2	3	4	5:30 AM
6:00 AM									6:00 AM									6:00 AM													6:00 AM
6:30 AM									6:30 AM									6:30 AM					Lap	Lap		Lap	Adult Lap	Adult Lap			6:30 AM
7:00 AM									7:00 AM									7:00 AM													7:00 AM
7:30 AM									7:30 AM									7:30 AM													7:30 AM
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10:00 AM				Schools				Schools	10:00AM				Schools				Schools	10:00am					Youth Inst.		Youth Inst.					10:00am
10:30 AM					Adult Program				10:30AM					Adult Program				10:30am													10:30am
11:00 AM									11:00AM									11:00am													11:00am
11:30 AM									11:30AM									11:30am													11:30am
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1:00 pm									1:00 pm									1:00pm					Youth Teen Lap				Youth Teen Lap			1:00pm
1:30 pm									1:30 pm									1:30pm													1:30pm
2:00 pm									2:00 pm									2:00pm													2:00pm
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3:00 pm									3:00 pm									3:00pm													3:00pm
3:30 pm	Youth Inst.		Adult Lap	Youth Inst.	Youth Inst.		Adult Lap	Youth Inst.	3:30 pm	Youth Inst.		Adult Lap	Youth Inst.	Youth Inst.		Adult Lap	Youth Inst.	3:30pm	Youth Inst.		Adult Lap	Youth Inst.	Adult Lap	Adult Lap			Adult Lap	Adult Lap			3:30pm
4:00 pm					Teen/Youth Lap				4:00 pm					Teen/Youth Lap				4:00pm													4:00pm
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7:30 pm	Adult Program								7:30 pm	Adult Program								7:30pm	Adult Program												7:30pm
8:00 pm									8:00 pm									8:00pm													8:00pm
8:30 pm	Lap	Lap		Lap	Lap	Lap		Lap	8:30 pm	Lap	Lap		Lap	Lap	Lap		Lap	8:30pm	Lap	Lap		Lap	POOL CLOSED				POOL CLOSED				8:30pm
9:00 pm									9:00 pm									9:00pm													9:00pm
9:30 pm									9:30 pm									9:30pm													9:30pm
10:00pm									10:00pm									10:00pm													10:00pm
	POOL CLOSED				POOL CLOSED					POOL CLOSED				POOL CLOSED					POOL CLOSED												11:00pm
HOURS	MONDAY				TUESDAY				HOURS	WEDNESDAY				THURSDAY				HOURS	FRIDAY				SATURDAY				SUNDAY				HOURS