

From: [YMCA175](#)
To:
Subject: YMCA175 News: Everything you need to know about registering and more!
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 FORWARD TO A COLLEAGUE



GEN UP!

News and information for U.S. YMCA175 Delegates

#YMCA175

JANUARY 2019

Registering for YMCA175

Happy New Year! Now that it's 2019, YMCA175 is officially happening "this year!" If you haven't done so already, start your registration process now to ensure your spot at this once in a lifetime event! Here are a few key considerations:

Registration Costs

Your registration will include access to the event as well as lunch and dinner from Aug. 4-7, and a transport card to get you around London. The cost will depend on your choice of lodging. Here are the two options:

- **\$625 - includes hostel accommodations** for four nights (Aug. 4-7). Breakfast is included in your hostel stay and all hostels will be within one hour's commute to the conference venue via public transportation. Additional hostel nights can be purchased during the registration process for \$30-65 per night on the front or back end of your stay.
- **\$465 - does not include hostel accommodation.** If you select this option you will be guided to the event hotel booking page, which is handled by an outside agency.

This newsletter is intended to help YMCA175 delegates "gen up" (get prepared) for a transformational experience at the [YMCA175 Global Youth Event](#) in London this August. Share it with fellow YMCA175 delegates and encourage them to [subscribe](#). You can also access past editions [here](#).

Stay Connected!

Email: YMCA175@ymca.net



#YMCA175 #YforAll

Gen Up: Talk Like a Londoner

Queue: A line of people or vehicles that are waiting for something (pronounced "Q").

"Register for YMCA175 today and avoid the queue!"

Social Media Challenge

A range of hotel options within close walking distance to the venue are available at a discounted group rate of \$115-180 per night.

Please note - most U.S. delegations will plan to arrive in London on or before Aug. 3, so you may need to book extra lodging nights accordingly.

Three registration types

Registration is being coordinated by YMCA Europe (the organizing entity for YMCA175) and can be completed online at ymca175.com. There are three types of registration:

1. **Group Leader** - If you're leading a delegation from your YMCA, this is the option for you. You will be asked to provide an estimate of the size of your delegation and can complete your registration now, even if you don't have the final number and names of the individuals in your delegation. If you are registering your family (note: child care will be available at YMCA175) you will want to use this option as well.
2. **Individual** - If you will be attending YMCA175 as part of a YMCA delegation, this is the option for you.
3. **Volunteer** - You can apply to attend YMCA175 as a volunteer through the registration system. If approved, you will be able to register for YMCA175 at a reduced rate of \$235 (with hostel accommodation). If not accepted, you will still have the opportunity to join as an individual delegate. [Learn more about volunteering.](#)

Registration and accommodations are available on a first-come, first-



YMCA175 is intended to prepare delegates to identify and address critical issues impacting youth around the world. Collaborate with your fellow delegates and **select a theme for your delegation that relates to an issue that matters to you.**

- Learn about the [World Alliance of YMCA's four key impact areas](#)
- Visit the [United Nations youth issue briefs portal](#) to learn about key global issues
- Share your delegation's theme ideas on the [YMCA175 U.S. Facebook Group](#)
- [Apply to lead content](#) at YMCA175 related to your theme

YMCA Changemakers



YMCA of the USA President and CEO Kevin Washington interviewed members of the YMCA of Greater Long Beach Youth Institute program at the 2018 Upswell Conference last month. [Watch a video of the panel discussion](#), where Y teen changemakers discussed what they need to

served basis so don't delay! For more information, watch a [recorded webinar on how to register](#) or read FAQs on ymca175.com.

Fundraising ideas for delegations

Our friends at YMCA Europe have worked tirelessly to make the YMCA175 experience as affordable as possible for everyone, but an international trip can still be expensive. Work with your delegation to plan and carry out fundraising strategies to help fund your trip. [Click here](#) to access a resource with fundraising tips and ideas.

reach their full potential and how adults can support them on their journey.

"You just see kids being transformed by the Y. It's as simple as treating them with respect and giving them love, that's it. They just need a safe place to be and someone who cares, and I really feel like the Y is the place for them."

- Marta Guretska, Volunteer, Ukraine YMCA

Global Leadership Tools



The **Y in the World Deck** is a fun, interactive tool that can help your delegation learn about the work of the global Y Movement and how that work connects to issues close to home, while discovering new ways to impact communities both locally and abroad. [Download an electronic version here](#) or [purchase a physical deck](#) from the YMCA Program Store.

International YMCA Spotlight



The **Ukraine YMCA** creates safe spaces for refugee and internally displaced children, providing them with school supplies, warm clothes and free participation in YMCA programs and camps. Click above to watch a video highlighting the positive change staff and volunteers are making in these young people's lives.