Over the past 10 years, 247 communities have received funding from the Centers for Disease Control and Prevention, Robert Wood Johnson Foundation, and Sam’s Club® to collaborate with community leaders on efforts to ensure that healthy living is within reach of the people who live in those communities. In a recent sample of 193 of the 247 Y sites, local leaders influenced 39,035 changes to support healthy living within their communities, impacting up to 73 million lives. Below you will find a snapshot of those changes.

- **1,820** changes improving access to healthier foods in the community
- **1,196** changes in the built environment that support physical activity
- **764** changes that increase access to chronic disease prevention programs
- **6,224** changes increasing healthy food and beverage options in schools
- **15,698** changes in early childhood and afterschool programs that improve healthy food and beverage and physical activity options
- **3,374** changes increasing physical activity in schools