

~~*I make poor quality eggs.*~~

I carry the magical **seeds of life** within my ovaries. My eggs are capable of turning into **healthy babies**.

Yes!



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*My lining won't be good enough
for implantation.*

I call on the **collective blood power of
all the women** who have come before
me and I draw this womb power into
my body now.



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*Fibroids/ endometriosis will
prevent pregnancy.*

**I release all anger, frustration, sadness
and grief from my womb and I offer it
to you Great Mother to be healed and
transformed.**



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What if my IVF fails?

**I put my faith and trust into the power
of creation within my body.**

**May I be a vessel to bring my baby
into being.**



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~~*I'm going to end up with
another ectopic pregnancy.*~~

**My womb is the vessel of creation and
I allow this power and wisdom into my
body now.**



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~~*I'm so stressed, it's going to
make this cycle fail again.*~~

**I am doing everything I can to
ensure that I am in the healthiest place
physically and mentally for this IVF.**

I inhale peace and exhale stress.



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What if I miscarry?

**My body and my baby's destiny are
in the hands of the Divine.**

**I trust in the Divine to deliver my baby
safely into this world in the right timing
for us all.**



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