DATE / TIME : Saturday, April 18, 2020 - 12:00 PM
LOCATION : Dewitt Cuyler Athletic Complex, 252 Derby Ave., New Haven, CT 06515

MEET TYPE
The 2019 Mark Young Invitational is open to NCAA student-athletes (all divisions) and junior college student-athletes.

ENTRY PROCEDURE
All entries must be done online at www.directathletics.com. No day of meet entries will be accepted. Entries made via email / fax / phone will not be accepted. Entry fees must be paid through Direct Athletics prior to the meet. No meet day payments will be accepted.

Entries will open on Wednesday, April 1, 2020 at 9:00AM.
The entry deadline is Tuesday, April 14, 2020 at 12:00PM.

ENTRY FEES
Entry fees are based on the number of entries, not number of athletes and are as follows: $20/entry and $30/relay OR $400/team.

NOTE: a team is considered 14 athletes or more and men’s and women’s teams are considered separate for purposes of entry fees.

FACILITY / PARKING INFORMATION
All athletes, coaches and spectators should enter and exit through the main entry of Dewitt Cuyler (see facility map below). Team camps must be outside the track area - NO TEAM CAMPS ON THE INFIELD.

Spectator parking is available on Yale Ave. and Central Ave. Buses should drop off in front of Smilow Field House and park at the Yale Bowl (see area map below).
EQUIPMENT / IMPLEMENT INFORMATION

All weigh-ins will take place by the primary throws cage at the north end of the facility. Weigh-ins will close thirty (30) minutes prior to the start of the competition.

Only 1/4” PYRAMID spikes are permitted at Dewitt Cuyler Athletic Complex.

Personal electronic devices are prohibited in the warm-up and competition areas. NO HEADPHONES OR CELL PHONES ARE PERMITTED IN THE COMPETITION AREA.

EVENT CHECK-IN

All student-athletes in running events must report to the clerk of course, located near the finish line at least thirty (30) minutes prior to his/her event.

All student-athletes in field events must report to the head official at his/her event area at least thirty (30) minutes prior to his/her event.

SPORTS MEDICINE

Yale will have a certified athletic trainer on site for the entire duration of the event. The trainer will be located near the finish line announcer stand.

PACKET PICK-UP

Packets can be picked up at the announcers stand near the finish line (see facility map below). Coaches: see “scratch table” below.

TIMING / RESULTS

The timing for the 2019 Mark Young Invitational will be handled by Thomas Stewart.

BRING ALL TIMING QUESTIONS TO A YALE STAFF MEMBER, NOT THE TIMERS.

Results will be posted on the board under the grandstand and online at www.cool-running.com and www.yalebulldogs.com.
SCRATCH TABLE
All coaches must check in their running athletes upon arrival at the scratch table at the clerk area. All competing athletes must have a check mark by their name (athlete will be competing) or have a line through the name (athlete will not be competing). This does not check the athlete in with the clerk.

MEET UPDATES
Any updates to the meet schedule and / or changes due to inclement weather will be emailed to the coach’s email given on the institution’s DirectAthletics account, as well as posted on the Yale Track and Field Twitter account: @YaleTF_XC

START LISTS
Start lists will be emailed to the coach’s email given on the institution’s DirectAthletics account by 5:00PM on Wednesday, April 15, 2020. Please provide any start list changes by 9:00AM on Thursday, April 16, 2020.

PRACTICE / WARM UP TIMES
There will be no practice times available prior to April 18, 2020.

Dewitt Cuyler will open for warm ups at 10:00AM on Saturday, April 18, 2020.

ENTRY LIMITS
There are no entry limits per event for the Mark Young Invitational. However, to accommodate the meet schedule, field sizes may be limited after entries have been submitted. Only student-athletes accepted into the meet will be in the start lists.

ENTRY STANDARDS / STARTING HEIGHTS
Please see attached entry standards for the Mark Young Invitational. Only student-athletes accepted into the meet will be present in the start lists.

All starting heights and bar progressions will be at the discretion of the meet management and will take into account field strength and field size.
**2020 MARK YOUNG INVITATIONAL**

**TENTATIVE SCHEDULE**

**FIELD EVENTS**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
</table>
| 1:00PM | Men's Hammer Throw  
followed by  
Women's Hammer Throw  
followed by  
Men's Discus  
followed by  
Women's Discus |
| 1:00PM | Men's Shot Put (West Ring)  
followed by  
Women's Shot Put (East Ring)  
followed by  
Women's Javelin  
followed by  
Men's Javelin |
| 1:00PM | Men's Long Jump  
followed by  
Men's Triple Jump |
| 1:00PM | Women's Long Jump  
followed by  
Women's Triple Jump |
| 4:00PM | Women's Pole Vault  
followed by  
Men's Pole Vault |
| 1:00PM | Men's High Jump  
followed by  
Women's High Jump |

**RUNNING EVENTS**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:50PM</td>
<td>National Anthem</td>
</tr>
<tr>
<td>2:00PM</td>
<td>Women's 4x100m Relay</td>
</tr>
<tr>
<td>2:10PM</td>
<td>Men's 4x100m Relay</td>
</tr>
<tr>
<td>2:20PM</td>
<td>Women's 400m</td>
</tr>
<tr>
<td>2:35PM</td>
<td>Men's 400m</td>
</tr>
<tr>
<td>2:50PM</td>
<td>Men's 110m Hurdles</td>
</tr>
<tr>
<td>3:00PM</td>
<td>Women's 100m Hurdles</td>
</tr>
<tr>
<td>3:10PM</td>
<td>Men's 100m</td>
</tr>
<tr>
<td>3:20PM</td>
<td>Women's 100m</td>
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<tr>
<td>3:35PM</td>
<td>Men's 400m Hurdles</td>
</tr>
<tr>
<td>3:50PM</td>
<td>Women's 400m Hurdles</td>
</tr>
<tr>
<td>4:05PM</td>
<td>Women's 200m</td>
</tr>
<tr>
<td>4:20PM</td>
<td>Men's 200m</td>
</tr>
<tr>
<td>4:35PM</td>
<td>Women's 3000m Steeplechase</td>
</tr>
<tr>
<td>4:50PM</td>
<td>Men's 3000m Steeplechase</td>
</tr>
<tr>
<td>5:05PM</td>
<td>Women's 4x400m Relay</td>
</tr>
<tr>
<td>5:15PM</td>
<td>Men's 4x400m Relay</td>
</tr>
</tbody>
</table>

(Dinner break for Officials)

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:00PM</td>
<td>Women's 800m</td>
</tr>
<tr>
<td>6:15PM</td>
<td>Men's 800m</td>
</tr>
<tr>
<td>6:30PM</td>
<td>Women's 5000m</td>
</tr>
<tr>
<td>6:55PM</td>
<td>Men's 5000m</td>
</tr>
<tr>
<td>7:15PM</td>
<td>Women's 1500m</td>
</tr>
<tr>
<td>7:30PM</td>
<td>Men's 1500m</td>
</tr>
</tbody>
</table>

**NOTE:** Updated 7/15/19  
the final schedule will be published Thursday, April 16 by 2:00PM.
QUESTIONS / INQUIRIES

Please direct all questions and inquiries to Matt Gutridge at: matt.gutridge@yale.edu OR (804) 387-5861.