



Clean Regatta Action Plan

1. **Communications** – Nantucket Race Week (NRW) communicated that we are a Clean Regatta on the NRW website, on all NRW registration forms, in all Notice of Race and Sailing Instructions, in the NRW Program, and in a “User Guide for Sailors”, provided by NRW title sponsor ReMain Nantucket, that we put in all skippers bags and gift bags. We posted a clean regatta video, produced by ReMain Nantucket, on the NRW and Opera House Cup home pages.

The statements in the NOR/SI documents are as follows:



Nantucket Race Week is certified by Sailors for the Sea as a Clean Regatta. Please help keep Nantucket’s waters pristine.

Nantucket Race Week is committed to maintaining Nantucket’s clean waters and shores. As such, Nantucket Race Week is registered in the Sailors for the Sea’s Clean Regattas program. All NRW participants are encouraged to follow the goals and requirements of Clean Regattas. The requirements include:

- a. No discharge of treated or untreated sewage or black water in harbor areas or no-discharge zones around Nantucket.
 - b. No overboard discharge of trash or littering at shore facilities (e.g., rigging tape, cigarette butts, beer cans).
 - c. Follow Nantucket’s trash and recycling guidelines: Trash must be in clear plastic or biodegradable bags. All paper, glass, metal, and plastic must be recycled and placed in separate containers.
 - d. Reduce plastic waste by using refillable water bottles.
 - e. Use green cleaning and maintenance products.
 - f. Reduce the impact of oil spills from motorized vessels by carrying at least one bilge sponge and fuel spill pad.
2. **Clean Regatta Team** – The NRW clean regatta team is led by Matt Dwyer and Rory Radding, with support from Diana Brown (Nantucket Community Sailing) and Bob Gardner (Wannacomet Water). Their focus was on placing the three water refill stations at Nantucket Yacht Club, Great Harbor Yacht Club, and the Nantucket Boat Basin, and ensuring that all our Clean Regatta initiatives were in place. In addition, Nantucket Race Week established a Clean Harbor Award team, led by Jean Grimmer with Dual Macintyre, Martin McKerrow, and Allen Reinhard. Their role is to define the criteria, evaluate the candidates, and select the annual Clean Harbor Award winner.

3. **Water Bottle Reduction** – Nantucket Race Week gives reusable water bottles to all participants, and provides water refill stations for easy refills. In 2012 we gave away approximately 3300 water bottles and pumped an equivalent of 3338 water bottles through the three water refill stations. 3000 water bottles were donated by Wannacomet Water Company, and 300 water bottles were donated by Panerai.
4. **Trash Free Regatta** – On the morning after the Opera House Cup Awards Party at Jetties Beach, approximately 20 NRW, NCS and Clean Team volunteers performed a beach clean-up at Jetties Beach to ensure that there was no trash left behind.
5. **No Discharge** – Nantucket Harbor is a no discharge zone, and all boats are offered free pump-outs by the Nantucket Boat Basin and the Marine Department. NRW gave all big boat skippers a dye tablet for their bilge in order to identify any leakage. Pump out data is being collected.
6. **Recycling** – NRW, with the assistance of the Nantucket Boat Basin, gave all big boat skippers three plastic bags for recycling and directions on where to find recycling containers. Recycling containers were available at the yacht clubs, at the Nantucket Boat Basin, at the Town Pier, at the NCS office, and at the Opera House Cup awards party.
7. **Non-Toxic Products** – Nantucket Community Sailing used Entropy plant-based resins on its boats this year, and low/no VOC bottom paint from ePaint. The reusable water bottles that were given out are BPA-free.
8. **Gray Water Reduction** – NRW encouraged water-only wash downs in Nantucket Harbor. The 2012 NRW Clean Harbor Award winner is the Board of Health, who will implement the recommendations of the workgroup which created pending legislation that will limit fertilizer use and application, and thereby protect Nantucket’s waters from phosphates and nitrates.
9. **Oil Spill Prevention** – NRW, with the assistance of the Marine Department, gave all big boat skippers a fuel spill pad to help prevent oil spills.
10. **Reduce Paper** – All NRW racing and social event registration was done online. The NRW Program was printed on recycled paper using soy-based inks. NRW encouraged all corporate sponsors to minimize paper distributed to the participants, and to provide usable items (e.g., flashlights, sunscreen or key chains) instead of paper.
11. **Biodegradable Products** – NRW used paper plates and compostable “plastic” cups made from corn for the Opening Reception, Family Picnic, Women’s Fun Sail party, and Opera House Cup awards party.
12. **Bottom Paint** – All NCS boats that have bottom paint are painted with ePaint. The primary race committee boat, owned by the Nantucket Yacht Club, is painted with ePaint. For the third year,

NRW surveyed all registered boats asking if they used bottom paint that was non-toxic and free from copper or cuprous oxide. Bottom paint metrics will be reported separately.

13. **Bottom Cleaning** – All NCS boats are washed and cleaned on land, in an area that is not part of the watershed.
14. **Maintenance** – All NCS boats are maintained on land, in an area that is not part of the watershed.
15. **Carbon Footprint** – NRW used a solar-powered generator to help power the Opera House Cup Awards Party. The official NRW sponsor t-shirt was made from recycled plastic bottles. NRW recommended the use of bicycles and public transport (The WAVE) to participants. All NRW social events were within walking distance. Nantucket Community Sailing has solar panels for electricity on our shed at Jetties Beach.
16. **Regatta Gifts and Awards** – NRW provided reusable skippers bags (back packs and duffle bags), reusable totes for carrying water bottles, sponsor gift bags made from recycled sails, and North Sails backpacks and Atlantis Weather Gear clothing for some of the awards during the week.
17. **Stormwater Pollution Prevention** – Nantucket Yacht Club and Great Harbor Yacht Club both have stormwater prevention mechanisms in place.
18. **Alternative Fuels** – n/a
19. **Compost** – The Town of Nantucket Material Recovery Facility (dump) has an active composting program, and free compost is available to the public.
20. **Metrics** – NRW tracks the following metrics: # water bottles given out, # plastic water bottle equivalents pumped through the water refill stations, #/gallons of pump outs, # boats with non-toxic or copper-free bottom paint.