



SAILING INSTRUCTIONS

IOD REGATTA

August 15, 2021

Preamble

We are pleased to announce the 18th annual Nantucket Race Week and the 49th Opera House Cup Regatta, August 14 – 22, 2021. Proof of Covid vaccination will be required for social events and masks will be required for indoor events.

ORGANIZING AUTHORITY

Nantucket Race Week, L.L.C.

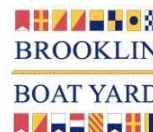
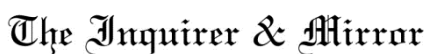
Regatta website www.nantucketraceweek.org

HOSTS

The Nantucket Yacht Club (NYC), Great Harbor Yacht Club (GHYC), Nantucket Community Sailing (NCS) and the Nantucket Race Week Committee (NRW).

Nantucket Race Week merchandise and gear is available at Race Week Headquarters, 33 Main Street daily or online at the www.nantucketcommunitysailing.org/page/store

Thank you to our Nantucket Race Week Corporate Sponsors







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The notation '[DP]' in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1. RULES

- 1.1. The Regatta will be governed by the *Rules* as defined by *The Racing Rules of Sailing*, including Appendix T (Arbitration), V1 (Alternative Penalties), and the Fleet Rules & Regulations of the Nantucket One Design Fleet Association (NIODFA).
- 1.2. NYC Policies and Protocols as published on the official notice board will apply.
- 1.3. When flag Y  is displayed, prior to the warning signal, from the race committee signal vessel:
 - 1.3.1. Spinnakers shall not be used for that race.
 - 1.3.2. PFDs (lifejackets) shall be worn by all competitors.
 - 1.3.3. RRS 44.3 Scoring Penalty will be in effect, instead of RRS V1 (turns).
 - 1.3.4. The provisions of this SI may be rescinded by display of flag O , with sound signals, at a mark of the course.
- 1.4. RRS 62.1 is changed by adding:
physical damage not falling within RRS 62.1(b) which was due to defective supplied equipment and which a reasonably competent crew would not have been able to avoid or promptly repair
- 1.5. All competitors, skippers and crew, will be required to sign a Waiver prior to the regatta.

2. CHANGES TO THE SAILING INSTRUCTIONS

Any changes to the Sailing Instructions will be posted at least 2 hours prior to the affected event on the Notice Board or within ½ hour of the termination of any competitors' meeting.

3. COMMUNICATION WITH COMPETITORS

- 3.1. The official notice board is online at www.nantucketraceweek.org
- 3.2. The race office is located at NCS, 4 Winter Street.
- 3.3. On the water, the race committee intends to monitor VHF 73 for emergency transmissions.
- 3.4. The following communications may be made by the race committee. These include courses, course changes, shortening, postponement, abandonment, and recalls.
- 3.5. Boats may monitor VHF channel 73, but are advised that any race committee communications are unofficial, and made either for race management purposes or as a courtesy to the competitors. As such, the race committee's use, or lack thereof, of radio communications shall not be grounds for redress
- 3.6. [DP] Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4. CODE OF CONDUCT

[DP] Competitors and support persons shall comply with reasonable requests from race officials.

5. SIGNALS MADE ASHORE

Signals made ashore will be displayed from the flagpole. If a postponement is signaled ashore '1minute' is replaced by 'not less than 60 minutes' in Race Signal AP.



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6. **SCHEDULE**

- 6.1. There will be a Competitors Meeting on the water at 1315
- 6.2. The first warning signal is scheduled for 1330. Racing may begin prior to 1330 if all participating boats check in as "ready to race"
- 6.3. Multiple races are planned.

7. **CLASS FLAGS**

The class flag will be:



8. **RACING AREAS**

- 8.1. Attachment 1 shows the location of racing areas.
- 8.2. The initial racing area will be posted, announced at the competitor's meeting and announced over VHF periodically before the boats have exited the channel.

9. **COURSES**

The courses to be sailed are shown in Addendum B, including the approximate angles between legs and the order in which marks are to be passed, and the side on which each mark is to be left.


10. **MARKS**

- 10.1. Marks 1, 1a, 2P and 2S will be orange inflatable tetrahedrons.
- 10.2. The starting and finishing marks will be a yellow inflatable tetrahedron and a race committee vessel.

11. **THE START**

- 11.1. Before the warning signal, the race committee will display the approximate compass bearing to the first mark, the approximate distance to the first mark, and the course identifying number. This information will also be broadcast over VHF.
- 11.2. Races will be started using RRS 26 with a "heads up" given over VHF channel 73 prior to the warning signal.
- 11.3. The starting line will be between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark
- 11.4. Boats may not start more than 10 minutes after the starting signal.
- 11.5. If any part of a boat's hull is on the course side of the starting line the race committee will attempt to hail, over VHF and/or by voice, the sail numbers of those boats after the starting signal. The failure to hail her number, failure to hear such a hail, and the order and timing of such hails, will not be grounds for a request for redress. This changes RRS 62.1(a).

12. **CHANGE IN THE NEXT LEG OF THE COURSE**

To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position and signal all boats in accordance with RRS 33 before they begin the leg by displaying code flag C . The next mark need not be in position at that time

13. **THE FINISH**

The finishing line will be between an orange flag on a race committee vessel and the course side of a nearby mark.

14. **PENALTY SYSTEM**

- 14.1. When flag Y is displayed prior to the warning signal from the race committee signal vessel, the Turns penalties of RRS V1 are replaced by the Scoring Penalty of RRS 44.3

15. **TIME LIMIT**



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- 15.1. The time limit for the first boat to sail the course and finish will be 90 minutes.
- 15.2. Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

16. PROTESTS AND REDRESS

- 16.1. Competitors are expected to sail by the rules and exonerate themselves when they have broken a rule
- 16.2. Protest forms are available at the Protest Desk.
- 16.3. Protests shall be delivered to the Protest Desk within 45 minutes after the race committee finish vessel docks. The vessel docking time and a list of protests received will be posted on the notice board. Hearings will be held promptly in the NYC Snack Bar porch.
- 16.4. The location of the Protest Desk and the Protest Hearings will be announced at the Competitors Meeting.

17. SCORING

- 17.1. One completed race constitutes a regatta
- 17.2. A boat's score will be the total of her race scores, with no throw-out.

18. BOATS AND EQUIPMENT

- 18.1. The boats shall not be modified in any way except as follows:
 - 18.1.1. A compass may be tied or taped to the hull or spars.
 - 18.1.2. Wind indicators may be tied or taped anywhere on the boat.
 - 18.1.3. Hulls (above the waterline only), decks, sails and equipment may be cleaned only with non-abrasive materials.
 - 18.1.4. Adhesive tape may be used anywhere above the waterline except on bright work.
 - 18.1.5. All fittings or equipment designed to be adjusted in accordance with Class Rules may be adjusted within the limits provided, except that shrouds, fore-stay and mast chocks shall not be adjusted.
- 18.2. Prohibited actions:
 - 18.2.1. The shrouds, above the turnbuckles (bottle screws), may not be used to project crew weight. (b) No holes may be made in sailcloth to permit the attachment of telltales.
 - 18.2.2. Cross winching of sheets.
 - 18.2.3. Competitors may not change purchase to any of the boat's running rigging.
 - 18.2.4. No marks should be made on the boats with pencils, markers or grease pencils, except that they shall be completely washable, leaving no trace of their use. Only non-residue tape may be used.
 - 18.2.5. The hulls may not be scrubbed, washed, wet sanded or otherwise treated below the waterline.
- 18.3. All equipment provided with the boat shall be on the boat when racing.
- 18.4. The penalty for not complying with the above instructions will be disqualification from all races from which the instruction was broken.

19. BREAKDOWNS

- 19.1. A boat requesting redress for a breakdown before or after a race shall drop its jib, move away from other boats and contact the race committee immediately.
- 19.2. If the breakdown occurs during a race, the boat must finish the race if possible, provided that further damage will not likely be incurred.
- 19.3. The boat shall return to the starting area and stand by the committee vessel while executing her repairs. When repairs are completed the skipper shall then verbally advise the PRO that she is ready to race.
- 19.4. If a boat incurs a breakdown through no fault of the team sailing her, that team may file for redress in accordance with SI 1.4 and RRS 62.



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20. SAFETY

- 20.1. All boats are requested to check-in as “ready to race” with the race committee before the start of the first race by sailing by the signal vessel on starboard and hailing their sail number and receiving confirmation from the race committee.
- 20.2. A boat that retires from the racing area shall notify the race committee as soon as possible.
- 20.3. Boats are requested to hail with sufficient time to respond in all close quarters situations and should not assume nearby boat(s) are aware of their presence and intentions. Examples include port/starboard, mark-room and windward/leeward

21. CLEAN REGATTA

Nantucket Race Week is committed to maintaining Nantucket’s clean waters and shores, and is certified by Sailors for the Sea as a gold-level Clean Regatta. All NRW participants are encouraged to follow the goals and requirements of the Clean Regattas program.

22. DISCLAIMER OF LIABILITY

- 22.1. Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See *RRS 4, Decision to Race*. The race organizers, Nantucket Race Week L.L.C., the Nantucket Yacht Club, Great Harbor Yacht Club, Nantucket Community Sailing, Race Committee, Protest Committee, Technical Committee, volunteers, sponsors, agents, employees, or any other organization or official providing services at the request of any of the foregoing in connection with the events will not be responsible for damage to any boat or other property, or the injury, disease or illness to any person sustained as a result of participation in this event. By participating in this event, each competitor (owners, skippers, crews and support persons) agrees to release the race organizers and all persons and groups listed above from any and all liability associated with such competitor’s participation in this event to the fullest extent permitted by law.
- 22.2. *RRS 3* states: ‘The responsibility for a boat’s decision to participate in a race or to continue to race is hers alone.’ By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes

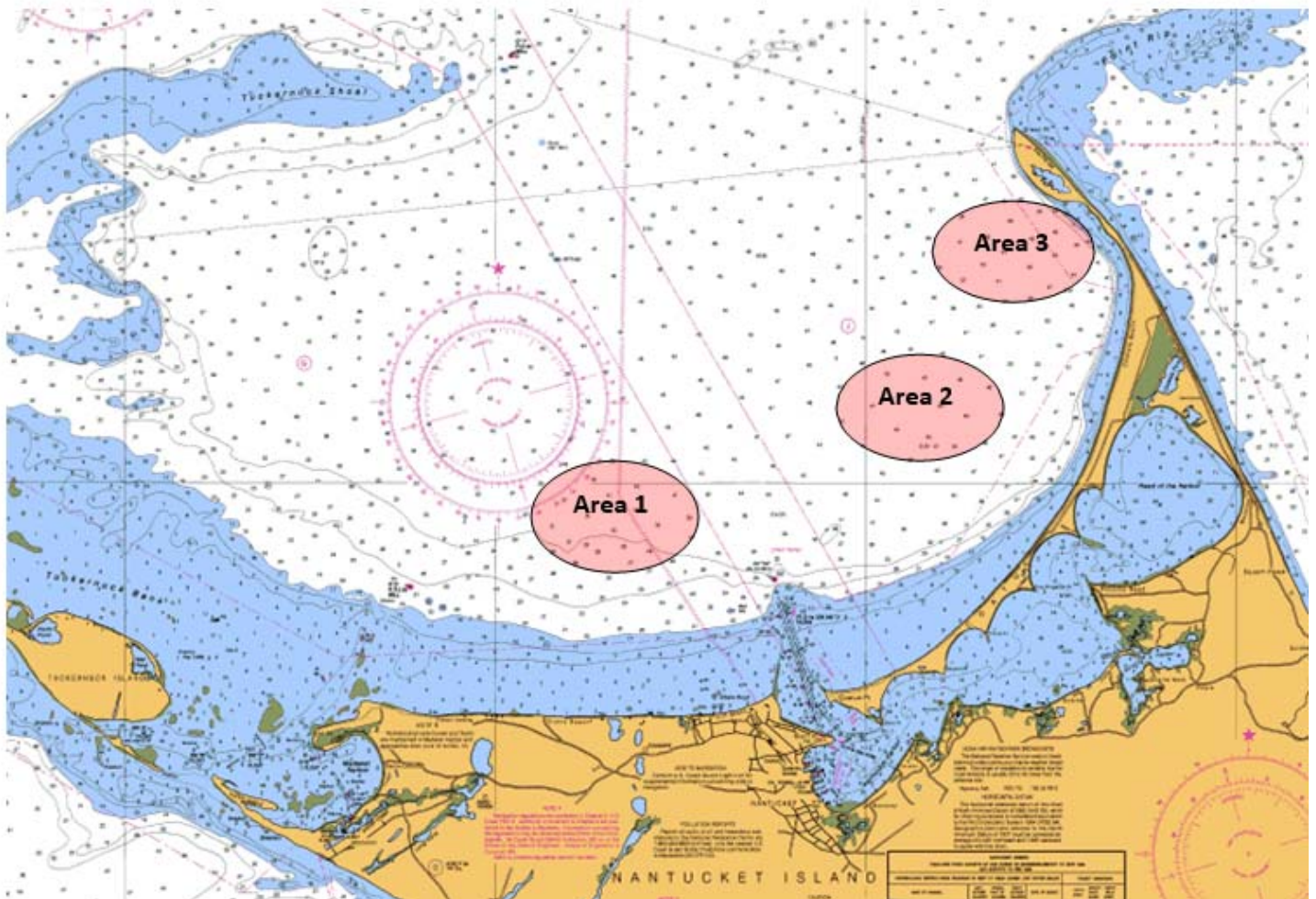
23. FURTHER INFORMATION

- 23.1. Massachusetts Boating Regulations
- 23.2. Nantucket Community Sailing
508-228-6600
Website www.nantucketraceweek.org/page/nrw



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Addendum A
Racing Areas





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Addendum B
 Courses

Courses 1 and 2	Course 3	Course 4	Course 5
<p>Course 1: Start, 1 (port), 1a (port), between 2S and 2P, finish</p> <p>Course 2: Start, 1 (port), 1a (port), between 2S and 2P, 1(port), 1a (port), between 2S and 2P, finish</p>	<p>Start, 1 (port) 1a (port), between 2S and 2P, finish at 1</p>	<p>Start, 1 (port), 1a (port), between 2S and 2P, finish</p>	<p>Start, 1 (port), 1a (port), between 2S and 2P, 1 (port), 1a (port), between 2S and 2P, finish at 1</p>
<p>In courses 1 and 2 the Start/Finish line is not restricted</p>			
<p>If only one leeward mark is present, it shall be rounded to port.</p>			