



**SAILING INSTRUCTIONS**  
YOUTH LASER REGATTA  
A Part of Nantucket Race Week  
August 14, 2020

**Preamble**

We are pleased to announce the 17th annual Nantucket Race Week and the 48th Opera House Cup Regatta, August 8 – 16, 2020. The events are organized in compliance with all the Massachusetts and Town of Nantucket Covid Guidelines including the MA Phase III reopening guidelines as of July 24th, and any subsequent revisions.

There are significant changes in the regatta to comply with the Phase III guidelines to ensure all competitor's safety. We encourage everyone's understanding of the changes and cooperation to make this a safe and fun event. Key requirements for all competitors include:

- All participants must wear face coverings
- Social distancing is required
- We encourage frequent hand washing and/or hand sanitizing
- Massachusetts requires a 14 day quarantine for all visitors to the state, EXCEPT those from New York, New Jersey, Connecticut, Rhode Island, Vermont, New Hampshire, and Maine.

**ORGANIZING AUTHORITY**

Nantucket Race Week, L.L.C.

Regatta website [www.nantucketraceweek.org](http://www.nantucketraceweek.org)

**HOSTS**

The Nantucket Yacht (NYC), Great Harbor Yacht Club (GHYC), Nantucket Community Sailing (NCS) and the Nantucket Race Week Committee (NRW).

Nantucket Race Week merchandise and gear is available for order online at the NCS Store and can be picked up daily during Nantucket Race Week, or prior by arrangement, at the Nantucket Community Sailing office at 4 Winter Street.



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**1 RULES**

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing, including Appendix V1 (Alternative Penalties)
- 1.2 The regatta will comply with all regulations of the Massachusetts Reopening Standards for Youth and Adult Amateur Sports at the time of the regatta.
- 1.3 If there is a conflict between the RRS and the Massachusetts Reopening Standards, the Massachusetts regulations will prevail.
- 1.4 All competitors will be required to sign a Waiver prior to the regatta

**2 NOTICES TO COMPETITORS**

- 2.1 Notices to competitors will be posted on the official notice board at [www.nantucketraceweek.org](http://www.nantucketraceweek.org)
- 2.2 Any changes to the sailing instructions will be posted at least 2 hours prior to the affected event(s) on the Nantucket Race Week website or verbally by the signal boat prior to the Warning Signal.

**3 CHANGES TO SAILING INSTRUCTIONS**

- 3.1 Any change to the sailing instructions will be posted by 0830 on the day it will take effect
- 3.2 The race committee may make changes to the Sailing Instructions on the water by hail to each boat prior to the warning signal.

**4 SIGNALS MADE ASHORE**

There will no signals ashore.

**5 SCHEDULE OF RACES**

- 5.1 There will be a competitors meeting on Zoom at 1100.
- 5.2 The first warning signal will be at 1300.
- 5.3 Five races are scheduled.
- 5.4 No warning signal will be made after 1600.

**6 CLASS FLAGS**

There are no class flags.

**7 RACING AREAS**

All races will be sailed in Area 2, 3. Or 6 as shown on Addendum A.

**8 COURSES**

- 8.1 Courses are described in Addendum B including the approximate angles between legs and the order in which marks are to be passed.
- 8.2 The course to be sailed for each race will be announced verbally from the signal vessel.

**9 MARKS**

All marks will be inflatable balls.

**10 THE START**

- 10.1 Repeated short sound signals will be made ten seconds before the warning signal.
- 10.2 Races will use the Audible-Signal Racing System of Appendix U (3-minute dinghy starts).



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- 10.3 The Starting Line will be between and orange flag on the signal vessel and the course side of a nearby mark
- 10.4 Boats may not start more than 5 minutes after their starting signal.
- 10.5 The race committee will attempt to hail, over VHF and/or by voice, the sail numbers of OCS boats after the starting signal. The failure of any boat to hear the hail, and the order and timing of such hails, will not be considered an improper action or omission of the race committee under RRS 62.1(a).

### 11 **CHANGE OF THE NEXT LEG OF THE COURSE**

Courses will not be changed during races, although minor adjustments may be made to mark positions.

### 12 **THE FINISH**

The finishing line will be between a staff displaying an orange flag on a race committee vessel and the course side of the finishing mark.

### 13 **PENALTY SYSTEM**

The penalty system of RRS Appendix V1 will be in effect

### 14 **TIME LIMIT**

- 14.1 The time limit for the first boat to sail the course and finish will be 45 minutes.
- 14.2 Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

### 15 **PROTESTS AND REDRESS**

- 15.1 Competitors are expected to sail by the rules and exonerate themselves when they have broken a rule
- 15.2 No red flag is necessary. This changes RRS 61.1(a).
- 15.3 The protesting boat shall notify the other boat at the first reasonable opportunity.
- 15.4 No written form is required. This changes RRS 61.2.
- 15.5 Three-Minute Justice Applies
- 15.5.1 The protests will be heard as soon as possible following racing.
- 15.5.2 Each Skipper finds a member of the fleet who is not a party to the incident to act as a juror and one coach from each club.
- 15.5.3 The Protestor has one minute to present the case. The Protestee has one minute to present
- 15.5.4 Jurors have one minute to decide the case and present the findings to the race committee.
- 15.6 Protest Time Limit
- The protesting boat shall notify the race committee prior to leaving the race area. The changes RRS 61.3
- 15.7 The Race Committee may convene a formal hearing in the case of serious injury or damage.

### 16 **SCORING**

- 16.1 The number of races will be in accordance with MA Phase III guidelines
- 16.2 One completed race constitutes a regatta
- 16.3 When five or more races are completed, one worst score will be excluded, as permitted by RRS 90.3(b), from that boat's series score.

### 17 **SAFETY**

- 17.1 Pursuant to Massachusetts YOUTH and ADULT AMATEUR SPORTS ACTIVITIES – Phase III, Step 1 rules, all participants must wear a mask.



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17.2 All competitors shall wear, while on the water, US Coast Guard approved PFD, except briefly while changing or adjusting clothing or personal equipment. This changes RRS 40. The penalty for breach of this rule is DSQ, without a hearing. This changes RRS 63.1

17.3 All boats are requested to check-in with the race committee before the start of the first race each day by sailing past the signal vessel on starboard tack and hailing their sail number and receiving confirmation from the race committee.

17.4 A boat that retires from the racing area shall notify the race committee as soon as possible.

**18 CLEAN REGATTA**

Nantucket Race Week is committed to maintaining Nantucket's clean waters and shores, and is certified by Sailors for the Sea as a gold-level Clean Regatta. All NRW participants are encouraged to follow the goals and requirements of the Clean Regattas program

**19 DISCLAIMER OF LIABILITY**

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers, Nantucket Race Week LLC, the Nantucket Yacht Club, Great Harbor Yacht Club, Nantucket Community Sailing, Race Committee, Protest Committee, Technical Committee, volunteers, sponsors, agents, employees, or any other organization or official providing services at the request of any of the foregoing in connection with the events will not be responsible for damage to any boat or other property or the injury, disease, or illness to any person sustained as a result of participation in this event. By participating in this event, each competitor (owners, skippers, crews, and support persons) agrees to release the race organizers and all persons and groups listed above from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

**FURTHER INFORMATION**

Nantucket Community Sailing

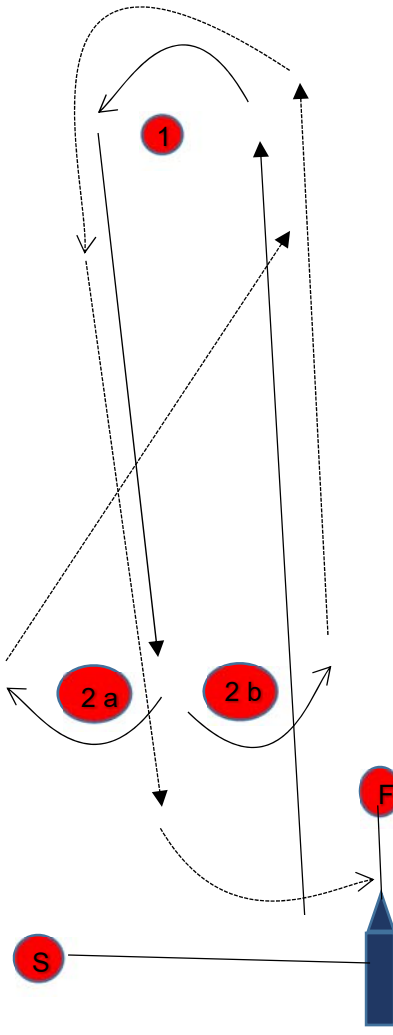
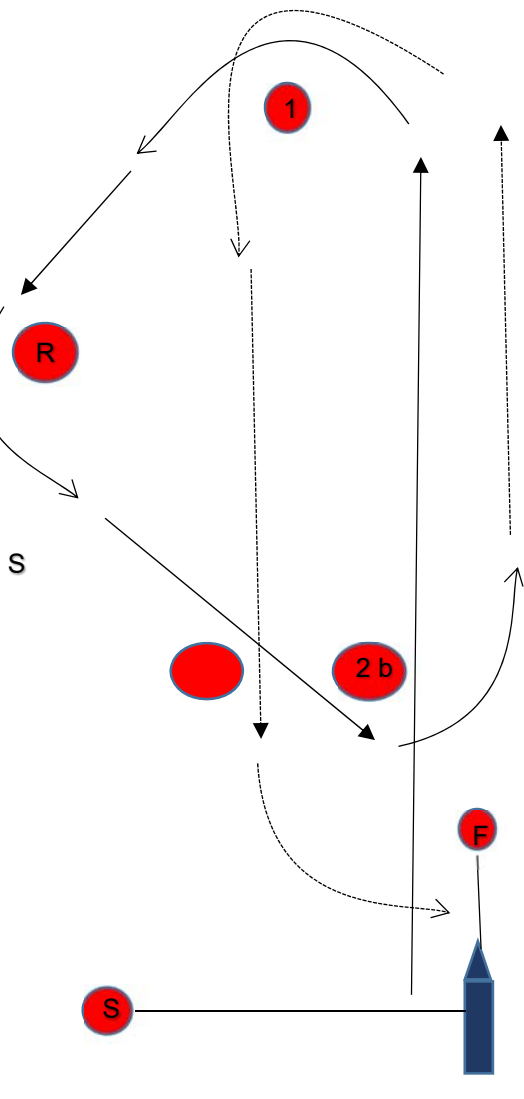
508-228-6600

Website [nantucketraceweek.org](http://nantucketraceweek.org)

Massachusetts Boating Guidelines



**Addendum B – Courses**

420 Course "W"	420 Course "T"
 <p>The diagram for Course "W" shows a start (S) at the bottom left, a finish (F) at the bottom right, and a marker 1 at the top. Two other markers, 2a and 2b, are located in the lower middle. The path starts at S, goes up and right to marker 1, then loops back down and left to marker 2a, then up and right to marker 2b, then down and left to marker 1, and finally down and right to the finish (F).</p>	 <p>The diagram for Course "T" shows a start (S) at the bottom left, a finish (F) at the bottom right, and markers 1, R, and 2b. The path starts at S, goes up and right to marker 1, then loops back down and left to marker R, then up and right to marker 2b, then down and left to marker 1, and finally down and right to the finish (F).</p>
<p>Start, 1 (port), between 2a (starboard) and 2b (port), 1 (port), finish</p>	<p>Start, 1 (port), R (port), 2b (port), 1 (port), finish</p>