



SAILING INSTRUCTIONS
WOMEN'S REGATTA
A Part of Nantucket Race Week
August 12, 2020

Preamble

We are pleased to announce the 17th annual Nantucket Race Week and the 48th Opera House Cup Regatta, August 8 – 16, 2020. The events are organized in compliance with all the Massachusetts and Town of Nantucket Covid Guidelines including the MA Phase III reopening guidelines as of July 6th, and any subsequent revisions.

There are significant changes in the regatta to comply with the Phase III guidelines to ensure all competitor's safety. We encourage everyone's understanding of the changes and cooperation to make this a safe and fun event. Key requirements for all competitors include:

- All participants must wear face coverings
- Social distancing is required
- We encourage frequent hand washing and/or hand sanitizing
- Massachusetts requires a 14 day quarantine for all visitors to the state, EXCEPT those from New York, New Jersey, Connecticut, Rhode Island, Vermont, New Hampshire, and Maine.

ORGANIZING AUTHORITY

Nantucket Race Week, L.L.C.

Regatta website www.nantucketraceweek.org

HOSTS

The Nantucket Yacht (NYC), Great Harbor Yacht Club (GHYC), Nantucket Community Sailing (NCS) and the Nantucket Race Week Committee (NRW).

Nantucket Race Week merchandise and gear is available for order online at the [NCS Store](#) and can be picked up daily during Nantucket Race Week, or prior by arrangement, at the Nantucket Community Sailing office at 4 Winter Street.



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1 RULES

- 1.1 The regatta will be governed by the *rules* as defined in *The Racing Rules of Sailing*, including Appendix V1 (Alternative Penalties)
- 1.2 The regatta will comply with all regulations of the Massachusetts Reopening Standards for Youth and Adult Amateur Sports at the time of the regatta.
- 1.3 If there is a conflict between the RRS and the Massachusetts Reopening Standards, the Massachusetts regulations will prevail.
- 1.4 All competitors, skippers and crew, will be required to sign a Waiver prior to the regatta.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board at www.nantucketraceweek.org
- 2.2 Any changes to the sailing instructions will be posted at least 2 hours prior to the affected event(s) on the Nantucket Race Week website or verbally by the signal boat prior to the Warning Signal.
- 2.3 The race committee will use VHF channel 73 to communicate with competitors.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted by 0830 on the day it will take effect.
- 3.2 The race committee may make changes to the sailing instructions on the before the warning signal. These will be communicated on VHF 73.

4 SIGNALS MADE ASHORE

There will no signals ashore, only audible signals via VHF 73.

5 SCHEDULE OF RACES

- 5.1 Competitors are reminded that the launch capacity in Nantucket Harbor is limited and transport time from shore to moorings may be significantly prolonged
- 5.2 There will be no competitors meeting
- 5.3 The first warning signal will be at 1230.
- 5.4 Five races are scheduled.
- 5.5 No warning signal will be made after 1600.

6 CLASS FLAGS

There are no class flags.

7 RACING AREAS

All races will be sailed in Area 2 or Area 3 as in Addendum A and will be announced on VHF 73 one hour prior to the first warning.

8 COURSES

Courses are described in Addendum B including the approximate angles between legs and the order in which marks are to be passed. The course will announced on VHF 73

9 MARKS

- 9.1 The government marks X, H, C, E, A, B, M, F, D and P as shown in Attachment A
- 9.2 Drop Marks will be inflatable balls



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10 THE START

- 10.1 Repeated short sound signals will be made ten seconds before the warning signal.
- 10.2 Races will use the Audible-Signal Racing System of Appendix U (3-minute dinghy starts).
- 10.3 The Starting Line will be between and orange flag on the signal vessel and the course side of a nearby mark
- 10.4 The two classes may be started separately or together.
- 10.5 Boats may not start more than 5 minutes after their starting signal.
- 10.6 The race committee will attempt to hail, over VHF and/or by voice, the sail numbers of OCS boats after the starting signal. The failure of any boat to hear the hail, and the order and timing of such hails, will not be considered an improper action or omission of the race committee under RRS 62.1(a).

11 CHANGE OF THE NEXT LEG OF THE COURSE

Marks may be adjusted without signaling at the previous mark. This changes RRS 33.

12 THE FINISH

The finishing line will be between a blue flag on a race committee vessel and the course side of a nearby mark.

13 PENALTY SYSTEM

- 13.1 When PFDs are required the Turns penalties of RRS V1 are replaced by the Scoring Penalty of RRS 44.3.
- 13.2 After *starting* and before *finishing*, the starting and finishing lines are *obstructions*, and boats are prohibited from sailing through them. Boats may not correct this error and will be disqualified without a hearing. This changes RRS 28 and A5.

14 TIME LIMIT

- 14.1 The time limit for the first boat to sail the course and finish will be 45 minutes.
- 14.2 Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

15 PROTESTS AND REDRESS

- 15.1 Competitors are expected to sail by the rules and exonerate themselves when they have broken a rule
- 15.2 No red flag is necessary. This changes RRS 61.1(a).
- 15.3 The protesting boat shall notify the other boat at the first reasonable opportunity. This changes RRS 61.1(a).
- 15.4 No written form is required. This changes RRS 61.2.
- 15.5 Three-Minute Justice Applies
 - 15.5.1 The protests will be held as soon as possible following racing.
 - 15.5.2 Each Skipper will find a member of the fleet who is not party to the incident to act as a juror.
 - 15.5.3 The Protestor has one minute to present the case. The Protestee has one minute to present
 - 15.5.4 Jurors have one minute to decide the case and present the findings to the race committee.
- 15.6 Protest Time Limit
The protesting boat shall notify the race committee prior to leaving the race area. The changes RRS 61.3
- 15.7 The Race Committee may convene a formal hearing in the case of serious injury or damage.

16 SCORING

- 16.1 The number of races will be in accordance with MA Phase III guidelines
- 16.2 One completed race constitutes a regatta
- 16.3 A boat's score will be the total of her race scores, with no throw-out.



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17 SAFETY

- 17.1** Pursuant to Massachusetts YOUTH and ADULT AMATEUR SPORTS ACTIVITIES – Phase III, Step 1 rules, **all participants must wear a mask.**
- 17.2** All boats are requested to check-in with the race committee before the start of the first on VHF 73 and hailing their sail number and receiving confirmation from the race committee.
- 17.3** A boat that retires from the racing area shall notify the race committee as soon as possible

18 RADIO COMMUNICATIONS

Except in an emergency, a boat that is racing shall neither make voice or data transmissions and shall not receive voice or data communication that is not available to all boats

19 CLEAN REGATTA



Nantucket Race Week is committed to maintaining Nantucket's clean waters and shores, and is certified by Sailors for the Sea as a gold-level Clean Regatta. All NRW participants are encouraged to follow the goals and requirements of the Clean Regattas program

20 DISCLAIMER OF LIABILITY

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers, Nantucket Race Week LLC, the Nantucket Yacht Club, Great Harbor Yacht Club, Nantucket Community Sailing, Race Committee, Protest Committee, Technical Committee, volunteers, sponsors, agents, employees, or any other organization or official providing services at the request of any of the foregoing in connection with the events will not be responsible for damage to any boat or other property or the injury, disease, or illness to any person sustained as a result of participation in this event. By participating in this event, each competitor (owners, skippers, crews, and support persons) agrees to release the race organizers and all persons and groups listed above from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

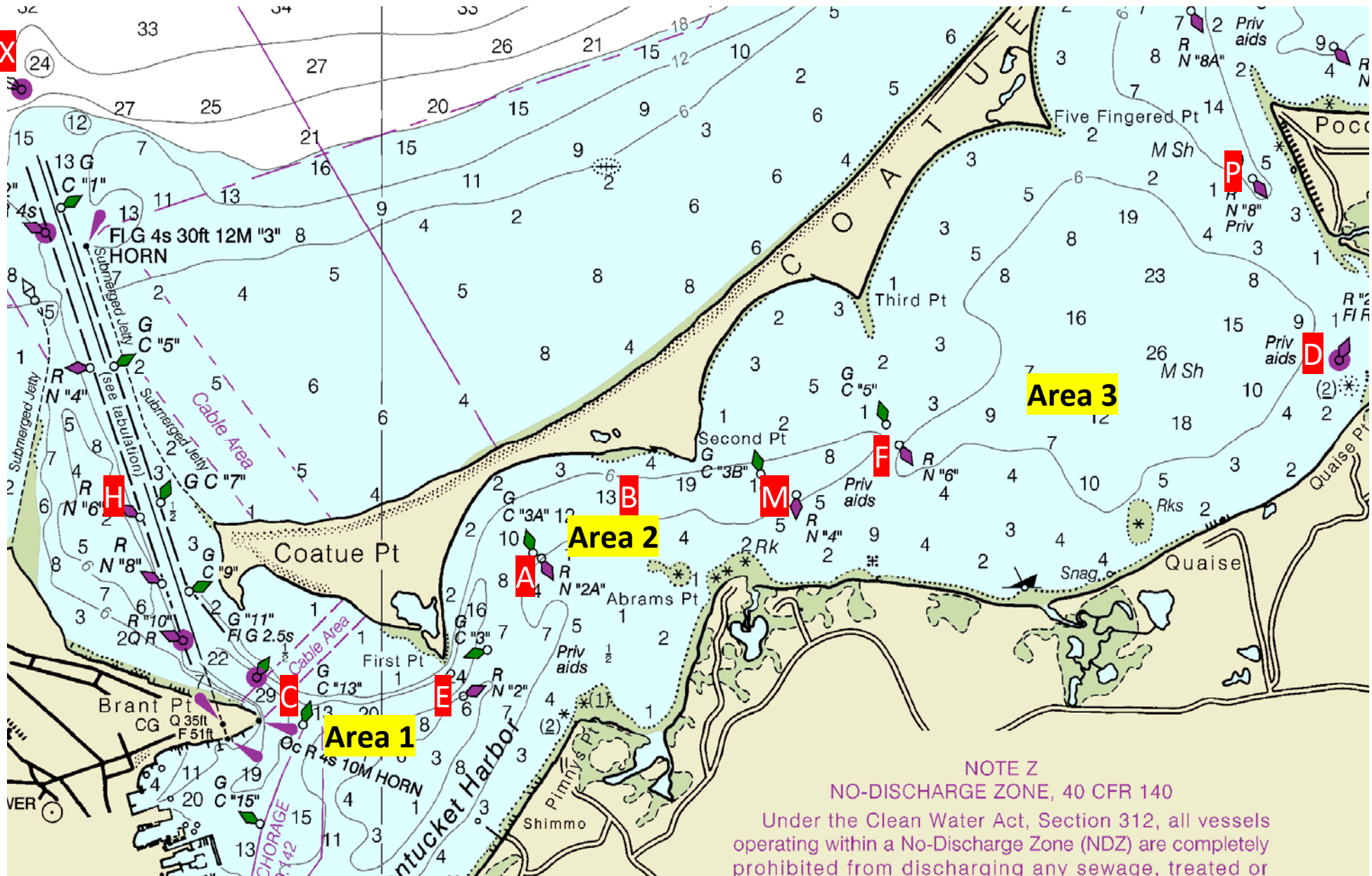
FURTHER INFORMATION

Nantucket Community Sailing
508-228-6600

Website nantucketraceweek.org

[Massachusetts Boating Guidelines](#)

ADDENDUM A – ONE-DESIGN COURSE AREAS AND FIXED MARKS



ADDENDUM B – WOMEN' REGATTA COURSES – 2020

Courses will be hailed from the signal vessel. Windward-Leeward or Triangle courses may be hailed as Twice-around.

Unless starting or finishing, boats crossing the starting line or finishing line will be scored DSQ for that race

