



SAILING INSTRUCTIONS
OPTIMIST REGATTA
A Part of Nantucket Race Week
August 14, 2020

Preamble

We are pleased to announce the 17th annual Nantucket Race Week and the 48th Opera House Cup Regatta, August 8 – 16, 2020. The events are organized in compliance with all the Massachusetts and Town of Nantucket Covid Guidelines including the MA Phase III reopening guidelines as of July 24th, and any subsequent revisions.

There are significant changes in the regatta to comply with the Phase III guidelines to ensure all competitor's safety. We encourage everyone's understanding of the changes and cooperation to make this a safe and fun event. Key requirements for all competitors include:

- All participants must wear face coverings while on shore, and on the water when social distancing cannot be maintained
- Social distancing is required
- We encourage frequent hand washing and/or hand sanitizing
- Massachusetts requires a 14 day quarantine for all visitors to the state, EXCEPT those from New York, New Jersey, Connecticut, Vermont, New Hampshire, and Maine.

ORGANIZING AUTHORITY

Nantucket Race Week, L.L.C.

Regatta website www.nantucketraceweek.org

HOSTS

The Nantucket Yacht (NYC), Great Harbor Yacht Club (GHYC), Nantucket Community Sailing (NCS) and the Nantucket Race Week Committee (NRW).

Nantucket Race Week merchandise and gear is available for order online at the [NCS Store](#) and can be picked up daily during Nantucket Race Week, or prior by arrangement, at the Nantucket Community Sailing office at 4 Winter Street.



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The notation '[DP]' in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1 RULES

- 1.1 The regatta will be governed by the *rules* as defined in *The Racing Rules of Sailing*, including Appendix V (Alternative Penalties).
- 1.2 The regatta will comply with all regulations of the Massachusetts Reopening Standards for Youth and Adult Amateur Sports at the time of the regatta.
- 1.3 If there is a conflict between the RRS and the Massachusetts Reopening Standards, the Massachusetts regulations will prevail.
- 1.4 All competitors will be required to sign a Waiver prior to the regatta.

2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board at www.nantucketraceweek.org
- 2.2 The race committee will use VHF channel 67 to communicate with coaches.

3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the sailing instructions will be posted by 1000 on the day it will take effect.
- 3.2 The race committee may make changes to the sailing instructions on the water by hail before the warning signal.

4 SIGNALS MADE ASHORE

There will no signals ashore.

5 SCHEDULE OF RACES

- 5.1 There will be no competitors meeting.
- 5.2 Check-in is required on the water with the Race Committee by 1245 Friday, August 14 [DP]
- 5.3 The first warning will be Friday, August 14 at 1300.
- 5.4 Multiple races are scheduled.

6 CLASS FLAGS

- 6.1 The class flag for the Championship Fleet will be a white flag with the Optimist logo.
- 6.2 The class flag for the Green Fleet will be a green flag with the Optimist logo.

7 RACING AREAS

All races will be sailed adjacent to Jetties Beach or Area 6 as in Addendum A and will be posted and announced on the day of the race.

8 COURSES

Courses are described in Addendum B including the approximate angles between legs and the order in which marks are to be passed. The course will announced by hail.

9 MARKS

All Marks will be red balls.



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10 THE START

- 10.1 The Starting Line will be between a white flag with the Optimist logo for the Champion fleet or a green flag with the Optimist logo for the Green fleet on the signal vessel and the course side of the port-end starting mark.
- 10.2 Races will use the Audible-Signal Racing System of Appendix U (3-minute dinghy starts).
- 10.3 Repeated short sound signals will be made ten seconds before the warning signal.
- 10.4 The race committee will attempt to hail, over VHF and/or by voice, the sail numbers of OCS boats after the starting signal. The failure of any boat to hear the hail, and the order and timing of such hails, will not be considered an improper action or omission of the race committee under RRS 62.1(a).
- 10.5 The two classes may be started separately or together.
- 10.6 Boats may not start more than 3 minutes after their starting signal.
- 10.7 Boats whose starting signal has not been made shall keep clear of the starting area. [DP]

11 CHANGE OF THE NEXT LEG OF THE COURSE

Courses will not be changed during races, although minor adjustments may be made to mark position.

12 THE FINISH

The finishing line will be between an orange flag on a race committee vessel and the course side of a nearby mark.

13 TIME LIMIT

- 13.1 The time limit for the first boat to sail the course and finish will be 60 minutes.
- 13.2 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

14 PROTESTS AND REDRESS

- 14.1 Boats shall immediately inform the boat they are protesting.
- 14.2 A boat intending to protest shall inform the race committee upon finishing.
- 14.3 Protests will be heard either immediately after each race or at the completion of racing that day.
- 14.4 Protests need not be written. This changes RRS 61.2.

15 SCORING

- 15.1 The number of races will be in accordance with MA Phase III guidelines.
- 15.2 One completed race constitutes a regatta.
- 15.3 Boats will be scored in two fleets: Green and Championship.
- 15.4 When five or more races are completed, one worst score will be excluded, as permitted by RRS 90.3(b), from that boat's series score.

16 SAFETY

- 16.1 Pursuant to Massachusetts YOUTH and ADULT AMATEUR SPORTS ACTIVITIES – Phase III, Step 1 rules, **all participants must wear a face covering** on shore and if unable to socially distance on the water.
- 16.2 All boats are requested to check-in with the race committee before the start of the first race each day by sailing past the signal vessel on starboard tack and hailing their sail number and receiving confirmation from the race committee.
- 16.3 A boat that retires from the racing area shall notify the race committee as soon as possible.



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17 **CLEAN REGATTA**



Nantucket Race Week is committed to maintaining Nantucket's clean waters and shores, and is certified by Sailors for the Sea as a gold-level Clean Regatta. All NRW participants are encouraged to follow the goals and requirements of the Clean Regattas program.

18 **DISCLAIMER OF LIABILITY**

Sailing is an activity that has an inherent risk of damage and injury. Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. The race organizers, Nantucket Race Week LLC, the Nantucket Yacht Club, Great Harbor Yacht Club, Nantucket Community Sailing, Race Committee, Protest Committee, Technical Committee, volunteers, sponsors, agents, employees, or any other organization or official providing services at the request of any of the foregoing in connection with the events will not be responsible for damage to any boat or other property or the injury, disease, or illness to any person sustained as a result of participation in this event. By participating in this event, each competitor (owners, skippers, crews, and support persons) agrees to release the race organizers and all persons and groups listed above from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

19 **FURTHER INFORMATION**

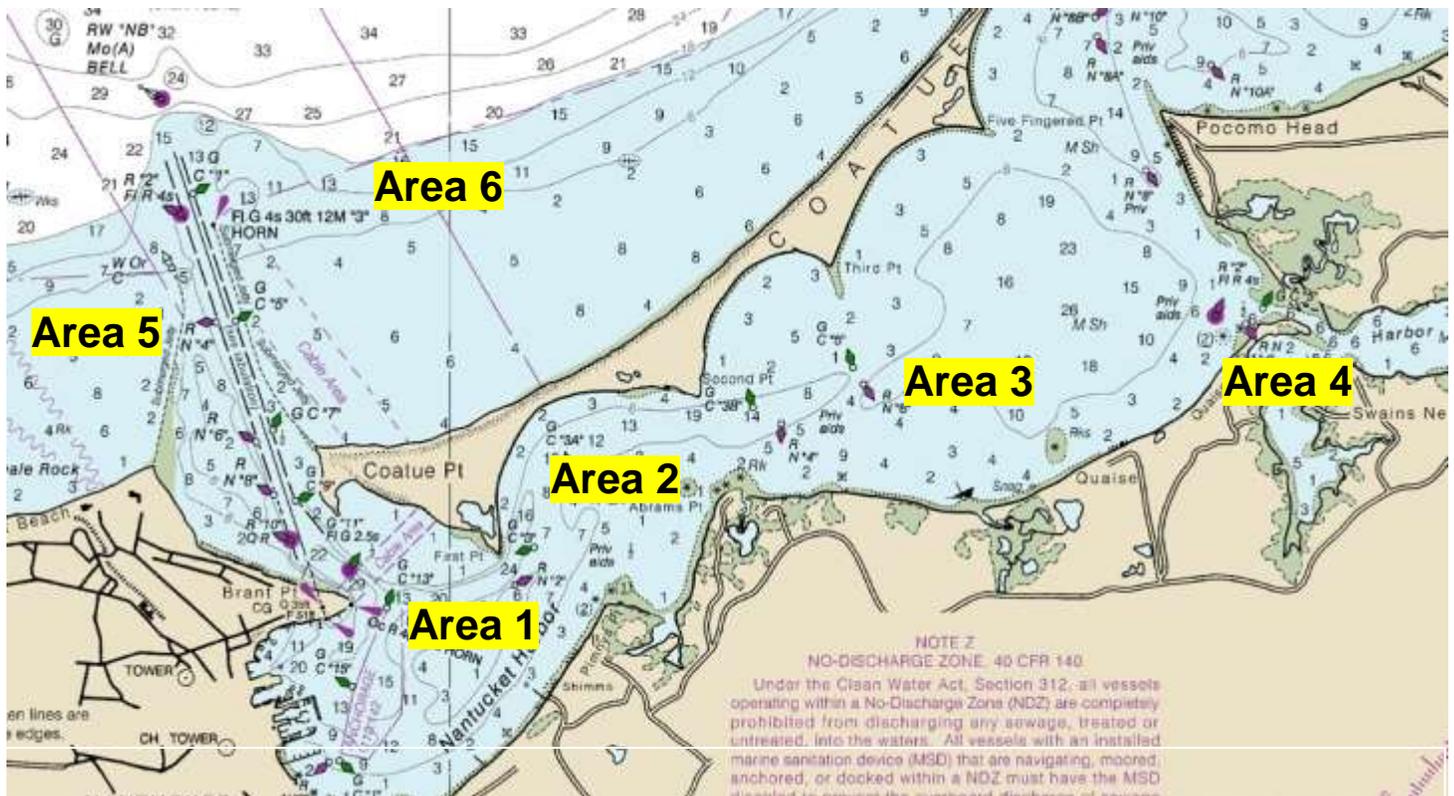
Nantucket Community Sailing

508-228-6600

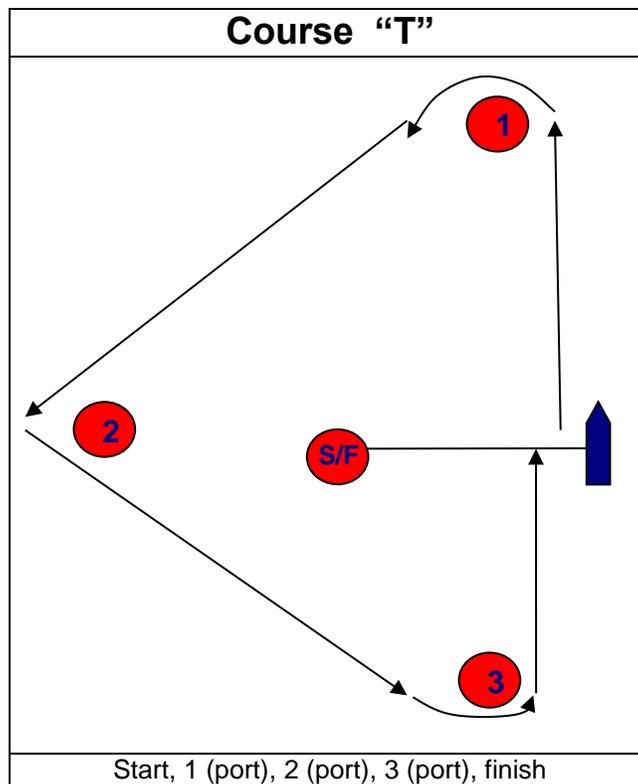
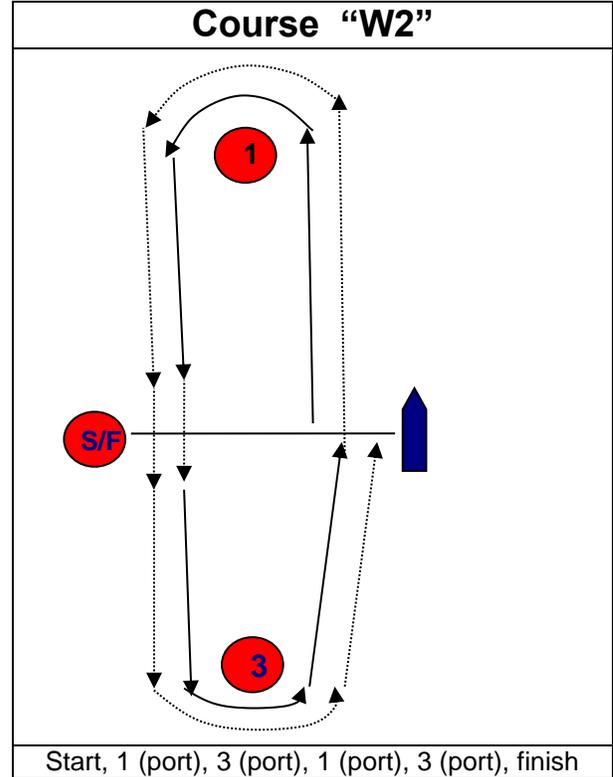
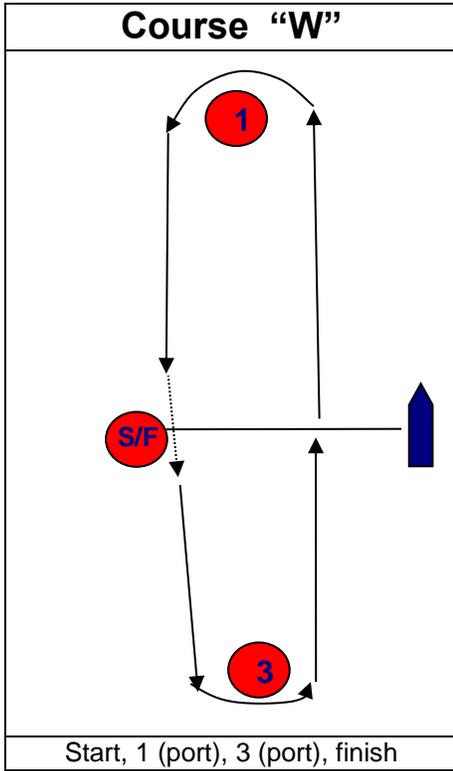
Website nantucketraceweek.org

[Massachusetts Boating Guidelines](#)

**ADDENDUM A
RACING AREAS**



ADDENDUM B
COURSES

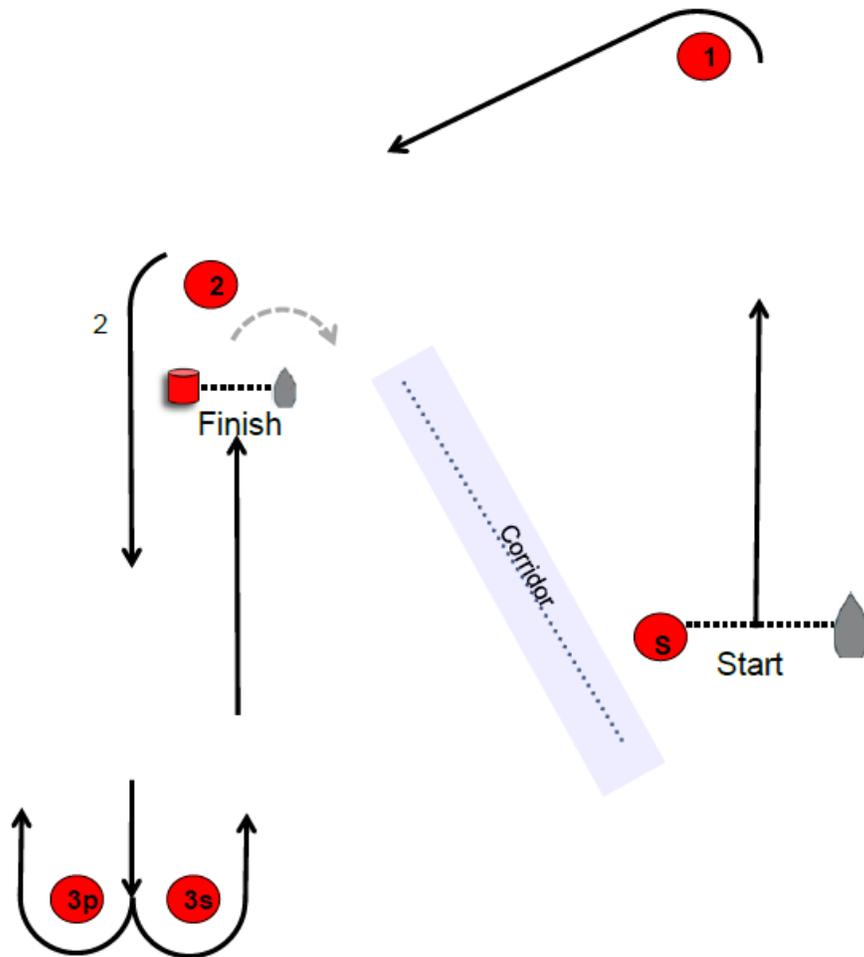




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Course "Z": Start, 1, 2, 3p/3s, Finish.