

THE UPPER BUCKS

ACTIVITY CENTER



MARCH & APRIL 2023



HOAGIE SALE

Benefits the Upper Bucks Senior Center. Freshly made 12 inch HOAGIES are \$7.00 each. ITALIAN, TURKEY and HAM and CHEESE. Must pay when ordering before Wed. March 15th. Pick up Thurs. March 23rd, 1PM- 3PM. For information call Sara 215-536-3066 or visit www.upperbucksac.org or stop in at the Senior Center, 2183 Milford Sq. Pk. Milford Square, Pa. 18935.



OUR EXECUTIVE BOARD FOR 2023

Tom Neilson.....President

Barbara Preston....Member at Large

Lorraine Fox.....First Vice President

Rati MadhooMember at Large .

Sue Wismer2nd Vice President

Robert Beck.....Past President

Darla Block.....Secretary

Manager Sara Kelly

Linda Stauffer.....Treasurer

Assistant Manager Beverly Gillis

CENTER INFORMATION

Milford Township Fire Hall
2183 Milford Square Pike
Mailing Address: P.O. Box 182
Milford Square, PA 18935

E mail: upbucksr@yahoo.com
Phone: 215-536-3066
Fax: 215-536-7881
www.upperbucksac.org

Monday & Friday Closed
Tues-Wed 9am-1pm
Thurs 9am-3pm

Lunch is served only on Thursday promptly at 11:30. Please be sure to sign up by Tuesday of the week prior..

WHAT'S INSIDE

03 Day Trips

09 Presidents Report

04 Activities

09 1st Vice Presidents Report

05 Multi-day Trips

12 Rental Information

06 Band & Choir

13 Important Numbers

07 Calendar of Events

14 What We Do

08 Calendar of Events

MARCH

APRIL

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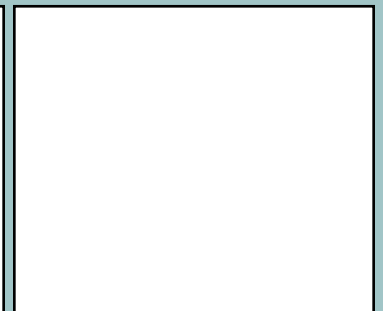
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TAKE A TRIP WITH US



HOLLAND TULIP FESTIVAL

Holland, Michigan

5 Days 4 Nights

May 8-12, 2023

\$724 per person

\$1013 single.

\$75 due at time of sign up



Package includes 4 nights lodging, 4 Breakfasts and 2 Dinners. We will be visiting Dutch Village, Veldheer's Tulip Gardens, DeKlomp Wooden Shoe & Delft Factory, Windmill Gardens & DeZwaan Windmill. This trip includes an Evening Revue Show and a souvenir gift, Luggage Handling, Taxes and Meal Gratuities and Motor coach transportation.

Call 215-536-3066 for information.

WILDWOOD, NJ

September 10-14, 2023

\$587 per person

\$737 single

\$75 due at time of sign up



Price includes 4 nights lodging at Montego Bay Resort, 4 Breakfasts at hotel, 4 dinners at local restaurants, Ice Cream social, Flag Ceremony at Sunset Beach, Trip to Atlantic City, a visit to Cape May and Smithville, 2 nights of spectacular entertainment and much more.



TRAVEL WITH US! IT'S FUN!



ACTIVITIES

KNITTING & CROCHETING

Tuesdays 9:00

Bring your own projects or learn new ones!

COMPUTER CLASS

Tuesdays 9:30am

Bring your laptop, smartphone, or tablet for some basic help using the internet, word processing, or phone apps.

\$3 members, \$5 non-members

LINE DANCING

Tuesdays 10:00am –11am

Join Tom (instructor) for a fabulous hour of exercise and fun with the greatest hits to get your dance on! It's tons of fun!

\$3 members \$5 non-members

BALLROOM DANCING

Tuesdays 11:00am-12:00pm

Come on out and Tom will teach you Some of his dance moves!

\$3 members, \$5 non-members

CARDS & GAMES

TUESDAYS 9:30AM

WE PLAY CARDS, GAMES, ALL ARE WELCOME!

\$1 MEMBERS, \$2 NON-MEMBERS

BAND PRACTICE

Wednesdays 10am-11am

Except our Party Day!

CHORUS PRACTICE

Wednesdays 11:30am-12:30pm

Except the 2nd Wednesday of the month. It is our Party day!

Quilting

Thursdays 9:00 am-11:am.

1st Thursday of each month.

BINGO

Thursdays 12:15pm-3:00pm

Come out and enjoy a fun afternoon of Bingo! \$50 Jackpot the first Thursday of the month! Call for details.

ART CLASS

Temporarily being held at Haycock Township Community Center. 1014 Old Bethlehem Rd.

Fridays 9:30-11:30am

Come and let your inner artist play!

Join Linda, a volunteer retired art teacher and work in watercolors, acrylics or pastels. Bring your own supplies-canvas, paints, brushes or purchase at cost from Linda.

\$3 members, \$5 non –members



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TAKE A TRIP WITH US



TRIP POLICY:

A \$75.00 deposit for our Multi-Day Trips must be paid at the time of sign-up or you may pay the full amount at that time. We would appreciate it if you would pay by check as it makes bookkeeping easier. Please remember to book your trip as soon as you decide to go. All trips have to be paid 1 to 1&1/2 months before trip date unless otherwise stated. This will cause less cancelling of trips for not enough interest. We recommend that you take out insurance at the time of deposit for full coverage on longer trips. If we cancel a trip or the tour company cancels, you will receive a refund. There will be no refunds from us once we have paid the travel company its first payment when the trip is a go. We will be glad to arrange monthly payments for you. So, come on and travel with us.

SHAWSHANK & THE WILDS

5 Days/4 Nights September 25-29, 2023

\$789 per person



Step back in time to 1880; to the glory days of train travel on a 3.5-hour trip on the Cuyahoga Valley Scenic Railroad. See rare and endangered species on a guided safari tour through the 10,000 acre Wilds Adventure Park, then tour Dickinson Cattle Company—a working Texas Longhorn cattle ranch. Tour the Ohio State Reformatory—site of the Shawshank Redemption movie. Relive the “greatest story ever told” as the life of Jesus Christ is performed at the Living Word Outdoor Drama. Includes are 4 Dinners and 4 Breakfasts, Cuyahoga Train Ride, Longhorn Tour, Living World Drama, Ohio State Reformatory, all taxes, gratuities and baggage handling.

FINGER LAKES, NEW YORK

3 Days— 2 Nights

July 18-20, 2023

\$494 per person

\$643 Single



Package includes 2 Nights Lodging, 2 Breakfasts, 1 Lunch at Belhurst Castle, and 1 Dinner. The Tour includes the Corning Museum of Glass, Willard Memorial Chapel, Sonnenberg Gardens & Mansion, Finger Lakes Winery Tour & Tasting, Scenic Lake Cruise, National Soaring Museum, Finger Lakes Gaming & Racetrack. This trip also includes a Souvenir Gift, Luggage Handling, All Taxes , Meal Gratuities and Motor Coach Transportation.

Call 215-536-3066 for information.



BAND AND CHOIR

Your Band, "The Impossibles"

We have started booking engagements for 2023. Our first booking is for Thursday February 9, 2023 at 2:00 P.M. for the residents of Meadow Glen Assisted Living Home in Richlandtown. I am expecting more venues to schedule our band during 2023, and am accepting bookings now for the year. I modified our play list for February by adding a couple of love songs for Valentine's Day, and also a couple of vocal pieces for our band's new singer, Deborah Pfeiffer.

A help wanted add has been given to the local newspapers for a drummer and two concert technicians (Roadies). I am also looking for volunteers to help us arrange, transpose, and copy our music.

Absenteeism has been higher than it used to be. With bookings picking up it is even more important, that everyone that can make it, shows up. Center visitors, if you are there on Wednesdays between 10:00 & 11:00 you are most welcome to be our audience.

Band Calendar of Events in next column

DO YOU PLAY AN INSTRUMENT?

The Impossibles' Band is the Upper Bucks Senior Activity Center Band and they are looking for new members. They practice on Wednesday morning at 10:00 a.m.

DON'T PLAY AN INSTRUMENT?

They are looking for an Audio Tech and helpers to set up the sign, chairs to set up, power cords to run and many other non-musical and non-technical jobs to be filled.

The Bands March/April 2023 calendar follows:

Practices Wednesdays March 1, 15, 22, & 29, 2023 at 10:00 at the center.

Practices Wednesdays April 5, 19, & 26, 2023 at 10:00 at the center.

Playing Thursday 9 March 2023 at 2:00 at LifeQuest

Playing Thursday 23 March 2023 at 2:30 at The Village At LifeQuest

Playing Thursday 6 April 2023 at 2:00 at Belle Terrace

YOUR CHORUS – OUR "SUNSHINE SINGERS"

Our chorus remains inactive and in need of a director, an accompanist (keyboard player), and a bunch of people that like to sing. You don't have to be able to read music to sing.

I have again placed help wanted adds in the local newspapers. Remember back in elementary school where every member in the class sang the song together, or in the nursery class in Sunday School for the Christmas Program, might also come to mind. Campfire programs and sport Pep Rallies and that short lived, but popular TV Show, "Sing along with Mitch" are other examples. Come out and sing the old songs with some new "old" friends.

Questions, or more information, contact Robert E. Beck at 215-538-8671, or the senior center desk at 215-536-3066.



MARCH CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		-1- Band Practice 10:00 Choir Practice 11:30	-2- Bingo 12:15	-3- CLOSED	-4-
-6- CLOSED	-7- Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00	-8- St. Patty's Day Party 11:30 	-9- Bingo 12:15	-10- CLOSED	-11-
-13- CLOSED	-14- Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00	-15- Band Practice 10:00 Choir Practice 11:30	-16- Bingo 12:15	-17- CLOSED	-18-
-20- CLOSED	-21- Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00	-22- Band Practice 10:00 Choir Practice 11:30	-23- Bingo 12:15	-24- CLOSED	-25-
-27- CLOSED	-28- Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00 Membership 1:00	-29- Band Practice 10:00 Choir Practice 11:30	-30- Bingo 12:15	-31- CLOSED	

APRIL CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					-1-
-3- CLOSED	-4- Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00	-5- Band Practice 10:00 Choir Practice 11:30	-6- Bingo 12:15	-7- CLOSED	-8-
-10- CLOSED	-11 Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00	-12 Easter Party 11:30 	-13- Bingo 12:15	-14- CLOSED	-15-
-17- CLOSED	-18- Knitting 9:00 Games 9:00 Computer Class 9:30 Line Dancing 10:00 Ballroom Dancing 11:00 Membership 1:00	-19- Band Practice 10:00 Choir Practice 11:30	-20- Bingo 12:15	-21- CLOSED	-22-
-24- CLOSED	-25-	-26-	-27-	-28-	-29-

Presidents report for March & April

Hello to everyone. As I am writing this, it is 61 degrees out side with lots of sun and it seems out of place since it is not quite the middle of February. I hope the need to not get the snow blower out of the shed continues. I don't mind this kind of winter at all. It's nice not to have to close the center due to bad weather.

I have noticed some new faces in attendance at BINGO on Thursdays and a few more showing up for the other activities (line dance, ballroom, computer and knitting). Let's hope the upward trend continues at the center. Again a reminder that bingo is open to anyone 21 years of age and older. Bring a friend and come have some fun.

We are in the process of having a hoagie sale. Orders and payment due by March 15th and pick up date is March 23rd. They are 12 inch long hoagies and cost is \$7.00 per hoagie. Please help us out with this fund raiser and give yourself a night that you don't have to cook. Choices are Italian, Ham and Turkey. I would also like to give a big thank you to donors and sponsors who make it possible to cover our expenses at the center. Without these people and corporations, we would not survive as a place for folks to visit and enjoy friendship here

As always, I thank everyone for your continued support for the activity center. I truly hope we will continue to exist for many years to come.

Tom Neilson
President of Executive Board



\$10 Auto Registration Form Applications for Retired Persons are available at the senior center. Eligibility requirements are listed on the bottom of the form.

Stop Telemarketing calls Register for the national list and the Pennsylvania list. Make sure to register all names in the household. You must call from the number you are registering. National Do Not Call 1-888-382-1222 Pennsylvania Do Not Call 1-888-777-3406

Our Membership, is from January—December. You can start renewing now for 2023. Our voluntary fees are still \$16.00 **Remember**, your membership is **only** for the calendar year, January 1 through December 31, regardless of when you joined.




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1st Vice Presidents Report for March and April

Hello Everyone, Spring is just around the corner and hoping everyone is doing well and getting anxious to come out to our Senior center and get involved in the classes we have to offer, as well as joining in our parties, the second Wednesday of every month where lunch is served at 11:30 and entertainment at 12:45. Tickets are \$16.00 and must be purchased a week in advance. Don't forget our Bingo every Thursday at 12:15 to 3:00 PM. We are working on our first fundraiser for this year which is a HOAGIE SALE. All orders must be in and paid for by March 15th and delivery date is Thursday March 23rd from 1PM -3PM. Hoagies are 12 inches long and the cost is \$7.00 with Italian, Turkey or Ham and cheese available! Hoping to have different and more fundraisers this year and some new ideas for entertainment.

Last year our 3 last fundraisers were very successful, the Apple Dumplings, the ELVIS TRIBUTE, and our popular Flea Market with 16 Raffle Baskets and a Afghan Raffle. But it's always the same members that do all the work organizing and set up for the functions to be successful. We must work together for our Center to be more successful and become a stronger organization, so we can have a place for seniors to get together with our old and new friends and have fun and laugh and dance again!

We have new Newsletters that are published every 2 months and would appreciate if more people would help distribute them by picking up extras when you visit the center and drop some of them off at local business places and your friends and neighbors and relatives.

Cont. on next column

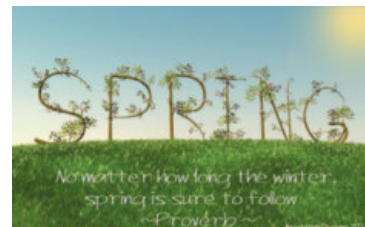
I want to thank all the people who helped our center survive, during all the hard times and the years yet to come. We have some dedicated volunteer's who all work together for all of you to enjoy. Next time we have a function, stop in and offer some of your time to help keep us open and stronger. Also, a BIG THANK YOU 'to all the people that have made Donations to our Senior Center and the devoted people that are here every day we are open to keep the center functioning. Also, a big thank you to all the different class instructors for their time and patience. We are very ' THANKFULL ' for all your help and support.

Let's all work together and have every year get Better! Hoping to see all of you again at the center.

Thank You,
Lorraine Fox

"Springtime is the land awakening. The March winds are the morning yawn." – Lewis Grizzard

"Don't wait for someone to bring you flowers. Plant your own garden and decorate your own soul." – Luther Burbank



TRANSPORTATION SERVICES

A shared ride program for senior citizens and persons with disabilities. This program is through BCT and the link to read more about these discounted transportation services can be found here: www.bctransport.org or call [215-794-8360](tel:215-794-8360) or toll-free [888-795-0740](tel:888-795-0740).

SUPPORT OUR ADVERTISERS!

LEGACY DONATIONS



Leave a Legacy to the UBSAC. It can be as simple as "I give the sum of \$__ Or __% of the residual of my estate to the Upper Bucks Senior Center, a non-profit corporation on aging, located in Milford Square, PA, for general charitable purposes. You can also name the Upper Bucks Senior Center as the beneficiary of an insurance policy or retirement account. A little planning today can make a big difference for the future. If you are of a generous mind, and have the idea to make such an offering, please contact Sara Kelly, Manager, at 215-536-3066.



VOLUNTEERS NEEDED

Volunteers are the work force of our Center. In order to have events, as well as our activities and classes, volunteers are needed. Each volunteer is valuable to our activities and programs. Regardless of the program or activity, volunteers are the unsung heroes that make these activities and fund raisers successful. Without their help, our Center might just be a great building with not much going on inside.

We always welcome new volunteers, and there are many different volunteer opportunities. These include:

- Parties
- Front desk receptionist
- Fundraising
- Newsletter production and delivery
- Start and host a club of your own based on your special skills or interests



Low-cost lunches are served on Thursday only for a suggested donation of \$2.00 for ages 60 and over. Sign-ups are required one week in advance by Wednesday morning.

We deliver Home Delivered Meals to people who qualify. Please call the Bucks County Area Agency on Aging for more information at (267) 880-5700.

EASTER

For many Christians, Easter is an important holiday within their faith. The holiday celebrates the resurrection of Jesus Christ, occurring after the end of the 40-day period known as Lent. Church services and prayer are some ways that people observe the holiday. In other cases, some enjoy a more secular celebration of Easter with bunnies, baskets and colorful eggs. Easter falls on a different day each year. Easter is Sunday, April 9, 2023.



PASSOVER

Passover 2023 will be celebrated from April 5 - April 13. The first Seder will be on April 5 after nightfall, and the second Seder will be on April 6 after nightfall. Passover is celebrated by eating matzah (unleavened bread) and maror (bitter herbs).

For the duration of the 8 (or 7 days in Israel) of Passover, which celebrates the emancipation of the Hebrews from Egyptian slavery, chametz (leaven) is strictly avoided.



UPPER BUCKS ACTIVITY CENTER RENTAL

Upper Bucks Activity Center *HALL RENTAL* *Accommodations*

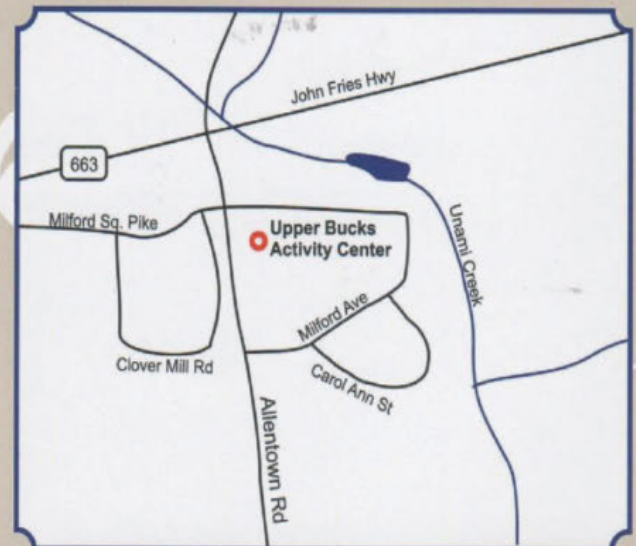


Member of the
Upper Bucks
Chamber of Commerce

Our banquet hall accommodations are available for any gathering you can imagine at an affordable price. We are one of the few venues in the Quakertown area that permits outside catering in an effort to keep your costs at a minimum. Tables and chairs included free as well. The hall will seat 160 guests for dining and has a maximum capacity of 200 people for an auditorium type setting. The hall features one bar, a dance area, a kitchen for catered food and on-site parking.

It is a perfect location for...

- ✧ Corporate Training
- ✧ Seminars / Promos
- ✧ Trade Shows
- ✧ Cultural Groups
- ✧ Meeting Place
- ✧ Private Parties
- ✧ Weddings
- ✧ Retirements
- ✧ Auctions
- ✧ Baby Showers
- ✧ Bar and Bat Mitzvahs
- ✧ Sweet Sixteens
- ✧ Dances & Mixers
- ✧ Concerts
- ✧ Church Meetings
- ✧ Funeral Gatherings
- ✧ Fund Raisers
- ✧ Other Gatherings



CONTACT INFORMATION:

215-536-3066

upbucksr@yahoo.com

Milford Township Fire Hall
2183 Milford Square Pike
P.O. Box 46
Quakertown, PA 18951

CENTER INFORMATION

IMPORTANT NUMBERS

Social Security (National) 1-800-772-1213
7AM-7PM Monday-Friday
Social Security (Allentown) 877-405-6748
Area Agency on Aging 267-880-5700
8:30 AM-4:30 PM Monday-Friday
Bucks County Transport 215-536-2522
1-888-795-0740
RSVP 215-340-1210
BCARSC-John Greer 111 215-355-4766
Bucks County Info. Line 215-529-7250
Property Tax & Rent Rebate 1-888-222-9190 or
www.revenue.state.pa.us
To check status of claim: 1-888-728-2937
Craig Staats, Pa Rep. 215- 536-1434
Bob Mensch, Pa. Senator. 215-541-2388
Pa Dept. of Aging 1-800-783-7607
Bucks County Health Dept. 215-529-7000

THRIFT SHOP NEWS

Enjoy our Thrift Shop to shop and donate when you are able. Barb and Gloria have made such a professional presentation in our Thrift Shop that our shelves are getting full again. Our Center now needs a few things still. We need small appliances and household goods of all kinds. Please see what you have. Come by and take a peek, or donate or both. The income from our Thrift Shop is now a very strong source of support for our operating fund. Please, make sure the items you donate are items that you would resell. Please do not donate items that are opened, used and dirty.

Public Welcome

Tues.-Wed. 9am-1pm

Thurs. 9am-3pm



NEVER MISS OUR NEWSLETTER!

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Have our newsletter
emailed to you every week.



VISIT WWW.MYCOMMUNITYONLINE.COM



WHAT WE DO



THE IMPORTANCE OF WHAT WE DO

Being Part Of Our Community

1. Eyeglasses are still being collected and given to the Lion's Club.
2. Tabs from pop top cans (soda) are being collected for the Ronald McDonald House, which shelters families of children who are seriously ill or injured. We give them to the Women's Club who takes them to a McDonald's repository.
3. Both our choral group "The Sunshine Singers" and our band "The Impossibles" go to different nursing homes and assisted living facilities to entertain those residents every month.
4. Please bring in any post-marked stamps to the front desk. We collect cancelled stamps, and they are given to the Blind Association.
5. The V.A. Clinic in Allentown has a little coffee room available to patients while they wait for their appointments. They need sugar, tea bags, artificial sweeteners and stirrers.
6. We are collecting pennies for Cancer Research. Please bring your pennies and loose change in to help.
7. Our Volunteers distribute our newsletter throughout the Upper Bucks Area.

Find Out What's Going On In Your Community . . . And Then Get Involved !

HOLIDAYS

We are closed
Friday April 7
Good Friday



MEMBERSHIP MEETINGS

Tuesday March 28th– 1:00 Pm
Tuesday April 25th– 1:00 Pm



**MEETING
NOTICE!**

Come on out!

MISSION STATEMENT

Development of our Mission Statement: The core principles that guide us are compassion, volunteerism, fellowship and action. We exist to provide services and support, using fundraising to support our programs. We provide Information and Resources and activities in such areas as Entertainment, Education, Nutrition, Health and Travel. Our customers are adults 55+ in the broad community of Upper Bucks County, as well as community business and groups that support our goals. We also provide a clean, safe and healthy environment for all to enjoy. "This project is funded, in part, under a contract with the Pennsylvania Department of Aging and the County of Bucks."



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Community!



The Upper Bucks Senior Activity Center is supported in part by the Pennsylvania Department of Aging and the Bucks County Area Agency on Aging. Services are available to all older persons, regardless of race, color, sex, religious creed, ancestry, handicap/disability or national origin. BucksCounty.org

TRANSPORTATION SERVICES

A shared ride program for senior citizens and persons with disabilities. This program is through BCT and the link to read more about these discounted transportation services can be found here: www.bctransport.org or call [215-794-8360](tel:215-794-8360) or toll-free [888-795-0740](tel:888-795-0740).

FLU SQUARE DANCE

Choose your partners, one and all,
Aspirin, Advil or Tylenol!
Now fling those covers with all you've got,
One minute cold, the next minute hot.
Circle right to the side of the bed,
Grab the tissues and Sudafed.
Back to the middle and don't goof off;
Hold your stomach and cough, cough, cough.
Forget about slippers, dash down the hall.
Toss your cookies in the shower stall.
Remember others on the brink;
Wash your hands; wash the sink.
Wipe the doorknob, the light switch too.
Now you've got it, you're doing the flu!
Some like it cold, some like it hot;
If you like neither, then get the shot!



SPECIAL EVENTS



MARCH 8TH
ST. PATTYS DAY PARTY
11:30 AM

\$16.00 PER PERSON
INCLUDES LUNCHEON AND MUSIC



APRIL 12TH
EASTER PARTY
11:30 AM

\$16.00 PER PERSON
INCLUDES LUNCHEON AND MUSIC
Tickets to be purchased in advance.

WELCOME TO OUR
NEW MEMBERS For 2023

JOHN & CHERYL WIEDIGER
GEORGE & RONNIE IONESCU
MARIE FOSTER
DEBORAH PFEIFFER
KATHY VOGHT



HAPPY BIRTHDAY
To all who have birthdays in
March and April

