Your blood sugar tracker

Date:	/	/

		BLOOD SUGAR RESULTS*								
		Breakfast				nner Bedtime		Night		
	MONDAY			BEFORE	AFTER	BEFORE		Time	Time	
Medicine type and dose ▼	units	Time	Time	Time		Time				
		/-II	/-II				/-II		/-II	
		mg/aL	mg/dL	mg/dL	mg/dL	mg/dL	mg/aL	mg/aL	mg/dL	
Jec a	Carb intake ►									
2	Mealtime insulin dose	☐ Breakfast _	units	Lunch	units	☐ Dinner	units			
	Other▶									
Medicine type and dose ▼	THE CDAY	Breal	kfast	Lur	nch	Din	ner			
	TUESDAY units	BEFORE	AFIER	BEFORE	AFIER	BEFORE		Time	Time	
	uiits	Time	Time	Time	Time	Time	Time			
e t										
d ii.		ma/dL	mg/dL	ma/dL	ma/dL	ma/dL	ma/dL	mg/dL	mg/dL	
ajgi	Carb intake ▶	J	<u> </u>	<u>J </u>	<u> </u>	<u> </u>	<u> </u>		-	
Me	Mealtime insulin dose	☐ Breakfast	units	Lunch	units	☐ Dinner	units			
_	Other >				ame		ame			
	O there	Brea	kfast	Lur	nch	Din	ner	Bedtime	Night	
	WEDNESDAY	BEFORE	AFTFR	BEFORE	AFTFR	BEFORE	AFTFR	Time	Time	
oe 🖊	units	Time	Time	Time	Time	Time			11110	
\$₹										
Medicine type and dose ▼										
<u>.⊒</u> <u>च</u>		mg/dL	mg/dL	mg/dL	mg/dL	mg/dL	mg/dL	mg/dL	mg/dL	
ed	Carb intake ►									
Σ	Mealtime insulin dose	☐ Breakfast	units	Lunch	units	☐ Dinner	units			
	Other ►									
		Brea	kfast	Lur	nch	Din		Bedtime		
d)	THURSDAY units		AFTER	BEFORE	AFTER			Time	Time	
/pe	units	Time	Time	Time	Time	Time	Time			
e t										
d ii.		ma/dL	mg/dL	ma/dL	ma/dL	ma/dL	ma/dL	ma/dL	mg/dL	
a gi	Carb intake ▶	9,	9	g	9	9/ ==	9,	3	3	
Medicine type and dose ▼	Mealtime insulin dose	☐ Breakfast	units	Lunch	units	□ Dinner	units			
_	Other >		anto		anto		unito			
	3 (1.0.7)	Brea	kfast	Lur	nch	Din	ner	Bedtime	Night	
	FRIDAY	BEFORE	AFTFR	BEFORE	AFTFR	BEFORE	AFTFR	Time	Time	
oe 🖊	units	Time	Time	Time	Time	Time	Time		11110	
\$₹										
9										
<u></u> <u>6</u>		mg/dL	mg/dL	mg/dL	mg/dL	mg/dL	mg/dL	mg/dL	mg/dL	
1edicine type and dose ▼	Carb intake >									
Σ	Mealtime insulin dose	☐ Breakfast _	units	Lunch	units	☐ Dinner	units			
	Other►									
	CATURDAY	Brea		Lur	nch		ner	Bedtime	Night	
ا ل	SATURDAY units	BEFORE		BEFORE		BEFORE		Time	Time	
y p	units	Time	Time	Time	Time	Time	Time			
e t										
Medicine type and dose ▼		mg/dL	mg/dL	mg/dL	mg/dL	mg/dL	mg/dL	mg/dL	mg/dL	
adic	Carb intake ►	J	U	Ü	0	0		-	-	
Š	Mealtime insulin dose	☐ Breakfast	units	Lunch	units	☐ Dinner	units			
	Other >									
oc >		Brea	kfast	Lur	nch	Din	ner	Bedtime	Night	
	SUNDAY		AFTER	BEFORE		BEFORE	AFTER	Time	Time	
	units	Time	Time	Time	Time	Time	Time			
t Se										
9										
<u>.</u>		mg/dL	mg/dL	mg/dL	mg/dL	mg/dL	mg/dL	mg/dL	mg/dL	
Medicine type and dose ▼	Carb intake ►									
2	Mealtime insulin dose	☐ Breakfast _	units	Lunch	units	☐ Dinner	units			
	Other \									