

Offering Choices

1

Include simple choices during play, reading, activities, or routines. Be ready to agree with whatever your child picks.

2

Provide items your baby seems to want. Talk about what your toddler selects. Discuss your preschooler's decisions. 3

By offering choices you guide children to listen to options, communicate their preferences, and feel understood.

View: Offering Choices Watch, read, learn and do often! See this and JTC's many family-friendly materials http://www.jtc.org/ideas-advice/video-tips/



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