

**D V D R E V I E W*****Multi-Dimensional Problem Solving  
with Hypnosis***

Clinical Demonstration by Michael Yapko Ph.D.

BT06-DVD7

Brief Therapy Congress in Anaheim, Dec 2006

Milton H. Erickson Foundation

[www.erickson-foundation.org](http://www.erickson-foundation.org)

*A note to readers-- This DVD presentation was selected for viewing at a meeting of the North Texas Society of Clinical Hypnosis in Dallas Texas. The one-hour video was followed by group discussion regarding the strengths, weaknesses, techniques, and style of presentation. This review is a compilation of some of the comments made during the discussion.*

**Comments by Roxanna Erickson Klein R.N., Ph.D., Dallas, Texas**

Yapko started his demonstration with a brief introduction of the client, and a few questions about what she wished to accomplish in the session. She referred back to an incident that had significantly altered many aspects of her personal life. In our professional group discussion, it was noted that Yapko did not ask for details or even clarification about the incident, but instead focused on creating a brighter future for the client. Working with a sophisticated and apparently capable client, Yapko was adept at meeting the client where she was. In the brief session, he generated positive momentum that could energize lasting change.

Also of note is the skillful way in which Yapko answered questions from the audience members. He was able to incisively focus on central issues and adroitly provide comprehensive answers to questions..