



# STARFIT

ATHLETIC PERFORMANCE CENTER

## STARFIT PLUS CONTRACT SERVICES

<u>MEMBER</u>	<u>RESIDENT (monthly)</u>	<u>NON-RESIDENT (monthly)</u>
Individual	\$55	\$75
Junior (Ages 16-17)	\$40	\$75
Senior (Ages 55+)	\$45	\$75
Family (3+)	\$25/each	\$75/each

- Equipment/Cardio/Strength
- Indoor Athletic Field Training Turf
- Treatment Room
- Indoor Basketball Training Area

LIMITED CONTRACTS AVAILABLE

## STARFIT FACILITY PASS

<u>Facility Pass (Ages 16+)</u>	<u>RESIDENT</u>	<u>GUEST OF RESIDENT</u>	<u>NON-RESIDENT</u>
Facility Day Pass	\$10	\$15	\$25
Facility 7-Day Pass	\$35	\$49	\$84

## ENHANCEMENT PROGRAMS

### PERSONAL TRAINING (pricing: individual program design)

- Offering a roster of local Strength & Conditioning, Athletic Agility and Mental Performance coaches.
- One-On-One
  - Small Groups
  - Teams

### GOLF SIMULATOR (pricing: \$30/month — 1hr sessions/by reservation)

- Play more than 30,000 programmed golf courses, the range and capture up to 13 metrics with every swing.
- Speed Training
  - Swing Replay
  - Shot Tracer

### SKILLS TRAINING (pricing: individual program design)

- Tennis, Volleyball, Golf, Pickleball, Soccer, Basketball, Track & Field, Baseball, Lacrosse, Football
- One-On-One
  - Small Groups
  - Teams

### CORRECTIVE EXERCISE SPECIALIST (pricing: individual program design)

- Active Isolated Stretching (AIS) is a stretching program that isolates targeted muscles for specific activities.
- Flexible
  - Faster
  - Improves Posture

*\*All homeowners are required to pay association assessments as outlined in the Community Declaration. All program fees are in addition to regular association assessments. All program pricing is subject to change at any time. Season packages are for 3, 6, or 12 months and are billed monthly.*