

STARFIT

ATHLETIC PERFORMANCE CENTER

STARFIT PLUS CONTRACT SERVICES

MEMBER	<u>RESIDENT</u> (monthly)	<u>NON-RESIDENT</u> (monthly)
Individual	\$55	\$75
Junior (Ages 16-17)	\$40	\$75
Senior (Ages 55+)	\$45	\$75
Family (3+)	\$25/each	\$75/each
		<ul style="list-style-type: none">• Equipment/Cardio/Strength• Indoor Athletic Field Training Turf• Treatment Room• Indoor Basketball Training Area

LIMITED CONTRACTS AVAILABLE

STARFIT FACILITY PASS

<u>Facility Pass (Ages 16+)</u>	<u>RESIDENT</u>	<u>GUEST OF RESIDENT</u>	<u>NON-RESIDENT</u>
Facility Day Pass	\$10	\$15	\$25
Facility 7-Day Pass	\$35	\$49	\$84

ENHANCEMENT PROGRAMS

PERSONAL TRAINING

 (pricing: individual program design)

Offering a roster of local Strength & Conditioning, Athletic Agility and Mental Performance coaches.

- One-On-One
- Small Groups
- Teams

GOLF SIMULATOR

 (pricing: \$30/month – 1hr sessions/by reservation)

Play more than 30,000 programmed golf courses, the range and capture up to 13 metrics with every swing.

- Speed Training
- Swing Replay
- Shot Tracer

SKILLS TRAINING

 (pricing: individual program design)

Tennis, Volleyball, Golf, Pickleball, Soccer, Basketball, Track & Field, Baseball, Lacrosse, Football

- One-On-One
- Small Groups
- Teams

CORRECTIVE EXERCISE SPECIALIST

 (pricing: individual program design)

Active Isolated Stretching (AIS) is a stretching program that isolates targeted muscles for specific activities.

- Flexible
- Faster
- Improves Posture

*All homeowners are required to pay association assessments as outlined in the Community Declaration. All program fees are in addition to regular association assessments. All program pricing is subject to change at any time. Season packages are for 3, 6, or 12 months and are billed monthly.