

A JOURNEY TO HEALING
SPEAKER: PASTOR LINDA JONES
ISAIAH 40:30-31
JULY 4-5, 2020

I. LIFE IS NOT EASY - Isaiah 40:30-31

- What is it about these verses that capture us?
 - So many people are drawn to this passage because it gives us hope.
- What is interesting is that it starts out telling us a truth about life that none of us particularly want to hear.
 - It tells me “Life is not easy.” It can be a challenge!
 - Young or old, life is going to be a challenge.
 - Jesus echoed this in John 16:33, when He said: “... In this world you will have trouble...”
 - There are times when we all feel like we just can’t go on, we can’t do it, it’s too hard!!!
 - The truth is part of life is the challenges we face.
 - Not “if” but “when!”

II. WAIT ON HIM!

- Have you ever had someone tell you during those tough times—snap out of it?! Get over it?!
 - Now it is true that we have to take responsibility for ourselves, pull ourselves together and work out the problem.
 - But then there are times when we are overwhelmed by our circumstances and weary from the battle.
- So how do we get through?
- Isaiah 40:31 - God does not tell us to snap out of it or grow up or get a life.
- He says, “Wait for Me!” Depend on Me! Lean on Me! Place your hope in Me!

- Jesus said the same thing in Matthew 11:28-30
 - Heavy-laden = burdensome Mosaic Law and tradition.
 - Adding unwarranted and unneeded burdens on ourselves.
- Peter reminds us in I Peter 5:6-7, “...Cast all your anxiety on Him because He cares for you.”
- Do you see the focus of both of these passages?
 - “Come to Me!”
 - “Cast or throw your cares on Me!”
- Psalm 77

III. GOD’S FAITHFULNESS

- This passage tells us He is the one who can restore us! God is faithful!
- He hears the cry of your heart and will answer. Not always when we want, but in His timing.
- Isaiah 40:28-29
- Psalm 91:1-4
 - Vs. 3 – He delivers you.
 - Vs. 4 – He covers you.
 - His faithfulness is a shield.
- Whatever you are facing, know that as you wait on the Lord, you will gain strength for the battle.