

40 DAYS OF PRAYER PART I
“SPIRITUAL HABITS THAT WILL GROW YOU UP”
OCTOBER 10-11, 2020

INTRODUCTION

- Our world is upside down and we need prayer.
- It is a huge opportunity to grow for all of us.
- Growing is natural if we are healthy.
- Ephesians 4:14-15, “We're not meant to remain as children at the mercy of every wind of teaching... instead we're meant to hold firmly to the truth in love, and to grow up in every way into Christ.”
- There are spiritual laws for your life. If you want to grow you've got to cooperate with them.

I. HOW DO WE GROW?

- Matthew 4:4, “People need more than bread for their life; they must feed on the Word of God.”
- Acts 20:32, “The word of grace is able to build you up and give you all the blessings that God has...”
- Luke 3:18, “In many different ways, John (the Baptist) preached the good news to the people.”
- Why did John use different teaching styles? Because we all learn in different ways.

II. BUILDING HABITS THAT GROW YOU UP

- Spiritual habits grow you. Good habits bless you.
- Bad habits kill you.
- Your habits determine your life.
- Partial faithfulness is unfaithfulness. Partial obedience is disobedience.

- How do you grow habits? Repetition, doing it over and over, that is the only way.
- John 13:17, Jesus says, “Now that you know these things, you will be blessed if you practice them!”
- Hebrews 5:12-14, “You have been believers so long now that you ought to be teaching others...”
- Hebrews 5:14, “But solid food is for the mature, who because of *practice* have their senses trained to discern good and evil...”
- I Corinthians 9:25, “...But we practice to win a prize that will last forever!”

III. FIVE HABITS THAT WILL GROW YOU UP

- We all need habits that are formed alone, with others, in large groups and in small groups.
- Acts 2:46-47, “They worshiped together at the temple each day, met in homes for the Lord’s supper...”
 1. They met in the temple - large group.
 2. They met in homes - small group.
 3. They studied the Word.
 4. They had time alone with God - Joshua 1:8
 5. You grow when you serve others.
 - Romans 1:12, “...together, I want to encourage you in your faith, but I...be encouraged by yours.”
 - Hebrews 10:24-25 “...and let us consider how to stimulate one another to love and good deeds, not forsaking our own assembling together...”

CLOSE

- II Corinthians 13:9 LB, “Our greatest wish and prayer is that you will become mature Christians.”