Bender JCC of Greater Washington

# Gymnasium Schedule *_UPDATED AS OF 10/29/2026_*
# November 2026

## MONDAY

| | Court 1 | Court 2 |
|---|---|---|
| 6:00 – 8:45am | Open Gym | Open Gym |
| 8:45 – 11:30am | **Backup ECC** | Open Gym |
| 11:30 – 2:00pm | Open Gym | Open Gym |
| 2:00– 4:00pm | **Backup ECC** | Open Gym |
| 4:00 – 6:00pm | Open Gym | **Afterschool Program** |
| 6:00 – 8:00pm | **Adult Basketball** | Open Gym |
| 8:00 – 9:00pm | Open Gym | Open Gym |

## TUESDAY

| | Court 1 | Court 2 |
|---|---|---|
| 6:00 – 8:45am | Open Gym | Open Gym |
| 8:45 – 9:30am | **ECC Play** | Open Gym |
| 9:30 – 10:30am | **ECC Play** | **Total Body Fitness** |
| 10:30 – 12:00pm | **ECC Play** | **Pickleball Class** |
| 12:00 – 2:00pm | Open Gym | Open Gym |
| 2:00 – 4:30pm | **ECC Play** | Open Gym |
| 4:30 – 9:00pm | Open Gym | Open Gym |

## WEDNESDAY

| | Court 1 | Court 2 |
|---|---|---|
| 6:00 – 8:45am | Open Gym | Open Gym |
| 8:45 – 10:00am | **ECC Play** | Open Gym |
| 10:00-12:00pm | **ECC Play** | **Adult Pickleball** |
| 12:00 – 4:15pm | Open Gym | Open Gym |
| 4:15 – 6:30pm | Open Gym | **Gymnastics** |
| 6:30 – 8:00pm | **Teen Open Gym (18 and Below)** | Open Gym |
| 8:00 – 9:00pm | Open Gym | Open Gym |

## THURSDAY

| | Court 1 | Court 2 |
|---|---|---|
| 6:00 – 9:00am | Open Gym | Open Gym |
| 9:00 – 12:30pm | **ECC Play** | Open Gym |
| 12:30 – 2:00pm | Open Gym | Open Gym |
| 2:00 – 4:00pm | **Backup ECC** | Open Gym |
| 4:00 – 6:00pm | Open Gym | Open Gym |
| 6:00 – 9:00pm | **Adult Basketball** | Open Gym |

## FRIDAY

| | Court 1 | Court 2 |
|---|---|---|
| 6:00 – 8:45am | Open Gym | Open Gym |
| 8:45 – 11:30am | **ECC Play** | Open Gym |
| 11:30 – 3:15pm | Open Gym | Open Gym |
| 3:15 – 5:30pm | **Drop In Pickleball** | **Drop In Pickleball** |
| 5:30 – 9:00pm | Open Gym | Open Gym |

## SATURDAY

| | Court 1 | Court 2 |
|---|---|---|
| 7:00 – 9:30am | Open Gym | Open Gym |
| 9:30 – 10:00am | Open Gym | **Silly Soccer** |
| 10:00 – 11:30am | Open Gym | Open Gym |
| 11:30 – 1:00pm | **Adult Basketball** | **Adult Basketball** |
| 1:00 – 2:15pm | Open Gym | Open Gym |
| 2:15 – 9:00pm | Open Gym | Open Gym |

## SUNDAY

| | Court 1 | Court 2 |
|---|---|---|
| 7:00 – 9:15am | Open Gym | Open Gym |
| 9:15 – 11:00am | Open Gym | Open Gym |
| 11:00 – 4:00pm | Open Gym | Open Gym |
| 4:00-9:00pm | Open Gym | Open Gym |

## Gymnasium Rules

1. No food or beverages are allowed in the Gymnasium (plastic water bottles are allowed).
2. Athletic shoes must be worn on the gym floor (no street shoes or hard-soled shoes that leave marks).
3. Please return all basketball balls to the front desk.
4. Profanity, fighting, excessive yelling, and unnecessary aggressiveness will not be tolerated at any time.
5. Children 6th grade or below must be accompanied by an adult.

## Gymnasium Closings:

### GYM CLOSURES FOR HOLIDAYS, Programs & MACCABI

- **November 1st – Gym 2 Closed 6am-2pm; Gym 1 Closed 9:30am-1pm (Health & Fitness Open House)**
- **November 5th – Gym 2 Closed 6-7:30pm (Rental)**
- **November 12th – Gym Closed 11:15am-1:15pm (Photos); Gym 2 Closed 6-7:30pm (Rental)**
- **November 8th – Gym Closed 1-4:30pm (BBYO)**
- **November 15th – Gym Closed 10am-6pm (Karate Testing)**
- **November 16th – Gym Closed 11am-2pm (Monument Academy); Gym 2 Closed 6:45pm-9pm (Volleyball)**
- **November 17th – Gym Closed 12-2pm (Monument); Gym 2 Closed 6:45pm-9pm (Volleyball)**
- **November 18th – Gym Closed 11-2pm (Monument); Gym Closed 5-9pm (DOC Set-Up)**
- **November 19th – 22nd – Gym Closed (Dinner of Champions; Set-up, Event and Clean Up)**
- **November 23rd – Gym Closed (DOC Clean Up)**
- **November 26-27th – Building Closed (Thanksgiving)**
- **November 30th – Gym 1 Closed 10-11:30am (Fit4Mom)**

*Schedule is subject to change due to JCC programs. Please visit us on the web at http://www.benderjccgw.org/ or call 301-881-0100 for updates.*