



AUGUST INDOOR POOL HOURS

MON

6AM – 11AM
11AM–12PM
12PM – 4PM
4PM – 6PM
6PM – 8:45PM

6 lanes open
Suspension Class triple wide, 3 lanes open
PROACTION PT 1 lane, 5 lanes open
FAMILY SWIM triple wide, 3 lanes open
6 lanes open

TUE

6AM – 11AM
11AM – 12PM
12PM – 4PM
4PM – 6PM
6PM – 8:45PM

6 lanes open
AQUA AEROBICS quadruple wide, 2 lanes open
6 lanes open
FAMILY SWIM triple wide, 3 lanes open
6 lanes open

WED

6AM – 9:30AM
9:30AM – 1:30PM
1:30PM – 4PM
4PM – 6PM
6PM – 8:45PM

6 lanes open
PROACTION PT 1 lane, 5 lanes open
6 lanes open
FAMILY SWIM triple wide, 3 lanes open
6 lanes open

THU

6AM – 11AM
11AM – 12PM
12PM – 4PM
4PM – 6PM
6PM – 8:45PM

6 lanes open
AQUA AEROBICS quadruple wide, 2 lanes open
PROACTION PT 1 lane, 5 lanes open
FAMILY SWIM triple wide, 3 lanes open
6 lanes open

FRI

6AM – 9:30AM
9:30AM – 1:30AM
1:30PM – 4PM
4PM – 6PM
6PM – 8:45PM

6 lanes open
PROACTION PT 1 lane, 5 lanes open
6 lanes open
FAMILY SWIM triple wide, 3 lanes open
6 lanes open

SAT

7AM – 9:30AM
9:30AM – 10:30AM
10:30AM – 1PM
1PM – 2:30PM
2:30PM – 5PM
5PM – 8:45PM

6 lanes open
FAMILY SWIM triple wide, 3 lanes open
6 lanes open
SPORTS PLUS, 3 lanes, 3 lanes open
SPORTS PLUS 3 lanes, **FAMILY SWIM** 3 lanes
6 lanes open

SUN

7AM – 9AM
9AM – 11AM
11AM – 12PM
12PM – 2PM
2PM – 3PM
3PM – 4PM
4PM – 8:45PM

6 lanes open
SWIM LESSONS triple wide, 3 lanes open
CLOSED FOR LESSONS & FAMILY SWIM
6 lanes open
SWIM LESSONS triple wide, 3 lanes open
FAMILY SWIM triple wide, 3 lanes open
6 lanes open

"lanes open" - These lanes are open to all including lap swimmers, water joggers, private swim lessons.

SUNDAY, AUGUST 2 & 30 – SCUBA, (1-6PM/2 LANES), 4 LANES OPEN

