

# Outdoor Pool Rules

- No one is allowed in the pool or pool area unless a Bender JCC lifeguard is on duty.
- All swimmers MUST shower before entering the pool.
- No child under the age of 12 is permitted to be in the pool area without a parent or responsible person with them at all times.
- **Children under four feet tall, can't stand in the pool without the water going over their head and/or under the age of 12 who have not passed the Swim Test must be accompanied by an adult or responsible person at all times in the water beyond the splash area. While in the water, that person must remain within arm's reach of the child.**
- Noodles are permitted, including for use by non-swimmers, but should not be depended on as a safety device.
- The Bender JCC recommends the use of US Coast Guard approved personal flotation devices for all non-swimmers.
- Soft pool toys and water spray toys may be permitted at the discretion of the lifeguard.
- Acceptable swim attire must be worn by patrons on the deck and in the water. No street clothes are allowed in the pool. Clothing such as cut-offs, gym shorts and underwear is not permitted as swimwear.
- Swim diapers are required for all patrons who lack bowel and bladder control.
- Rough play is not permitted. This includes dunking, shoving, pushing, and riding or sitting on another person's shoulders.
- Swimming across lap lanes and hanging on ropes is not permitted.
- Persons with open wounds, sores or any communicable disease MAY NOT enter the pool.
- Spitting, spouting or nose-blowing in the pool is strictly prohibited.
- Walk; do not run around the pool area.
- For safety reasons, no one should engage the lifeguards in unnecessary conversation.
- Emergency procedures must be observed.
- Swimmers must leave the pool area immediately upon the signal or request of the pool staff.
- Food is permitted on the lawn, in the fenced area where the splash pad is located and upper deck behind the metal railings.
- No glass items, drugs or smoking is permitted anywhere on the Bender JCC property.
- The Bender JCC is not responsible for lost or stolen items.
- All patrons are subject to the Bender JCC staff's interpretation of the rules.

**The Bender JCC encourages all members to show respectful and responsible behavior at the facility and among other members.**



**Bender JCC**  
of Greater Washington