



Find
Your Place
at the  **Bender JCC**
of Greater Washington



Programs for Active Adults Around Town

**NOVEMBER – DECEMBER 2025
and JANUARY 2026**

CoA • Adults • Arts • Culture



Partner Agency of
**Jewish
Federation**
of Greater Washington

jssa



KNISHES & CONVERSATION



Thursday, November 13 | 12:00 – 3:00 PM | \$48 | Bender JCC

Let's reminisce together! The Borscht Belt, in the Catskill Mountains of NY, was known for summer resorts catering to American Jewish vacationers. Explore the area's history and culture, the legacy of entertainment and comedy and its enduring presence in the region's history.

***But first, let's eat!**

Join us for a delicious, kosher, New York-style deli lunch.

- Corned beef, pastrami, and hot dogs
- Vegetarian options are available
- Knishes, pickles, and Dr. Brown's Cream Soda
- Salads and sides
- Babka, black 'n white cookies, halvah and so much more!

Don't wait, popular program with limited space. Register today!

Leta Chen is a social worker from JSSA on the Coming of Age [CoA] team. She is experienced working with seniors and knows resources in our community. She is here to support our CoA members in staying healthy and living independently. If you wish to learn more about how Leta and JSSA can assist you, please join our events to meet her in person or reach out to her directly.

Leta Chen, LMSW | Jewish Social Service Agency (JSSA)
240-595-1558 or Lchen@jssa.org



jssa
JEWISH SOCIAL SERVICE AGENCY

Questions? Contact Frieda: fenoch@benderjccgw.org; 301.348.3809



E. POLINGER
Artists of Excellence
CONCERT SERIES
2025-2026 SEASON



**WILLIAM HAGEN AND
ALBERT CANO SMIT**

String Quartet + Piano
November 9, 2025 | 7:00 PM | \$56



**VERONA STRING QUARTET
WITH ERIC LU**

Violin + Piano
December 7, 2025 | 3:00 PM | \$56

MT. VERNON VIRTUOSI STRING QUARTET



Sunday, December 14
11:00 AM - 12:00 PM
Free for all

The Mount Vernon Virtuosi
String Quartet presents a
family-friendly concert for kids.
All ages are welcome.

Questions? Contact Marcie at mblackman@benderjccgw.org; 301.348.3808



CINEMA J FILMS

THE RING

Hebrew | English | Hungarian
Based on a True Story
Israel & Hungary | 2 hours

"The Ring" is an award-winning, heart-warming story about three generations and the family history that reconnects them. When the mother's health deteriorates, her son travels with his estranged daughter to his mom's old hometown, Budapest, to search for the ring that saved her life years ago during the Holocaust.



THREE SCREENINGS:

NEW!

Cinema J Matinee @ The Kreeger Auditorium

Thursday, November 6 | 1:30 - 3:30 PM

\$12 in Advance/\$15 Day of

Kreeger Auditorium @ the Bender JCC

6125 Montrose Rd., Rockville, MD 20852

Cinema J @ The Kreeger Auditorium

Thursday, November 6 | 7:00 - 9:00 PM | \$16 in Advance/\$20 Day of

Kreeger Auditorium @ the Bender JCC

6125 Montrose Rd., Rockville, MD 20852

Cinema J Matinee @ Leisure World

Friday, November 7 | 1:30 - 3:30 PM | \$12 in Advance/\$15 Day of

Leisure World Clubhouse II (Non-residents are welcome)

3300 N. Leisure World Blvd., Silver Spring, MD 20906

Questions? Contact Frieda: fenoch@benderjccgw.org; 301.348.3809

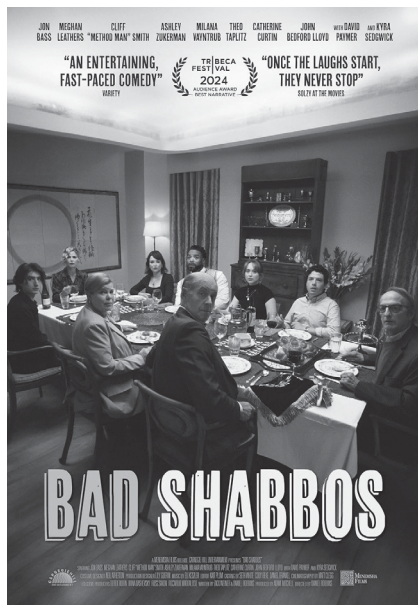


BACK BY POPULAR DEMAND!!

BAD SHABBOS

2024 I Dark Comedy
84 minutes I English

Whether you've never seen this film or you'd love to see it again, you are in for a treat! Bad Shabbos, this wickedly funny, highly entertaining story turns a Shabbat family dinner into a chaotic whirlwind. The son and his non-Jewish fiancé are about to have their parents meet when an accidental death gets in the way and threatens to unravel the whole evening. Kyra Sedgwick leads an outstanding ensemble cast in this fast-paced, hysterical dark comedy.



THREE SCREENINGS:

Cinema J Matinee @ Leisure World

Wednesday, January 7 | 1:30 - 3:00 PM | \$12 Advance/\$15 Day of
Leisure World Clubhouse II (Non-residents are welcome)
3300 N. Leisure World Blvd., Silver Spring, MD 20906

NEW!

Cinema J Matinee @ The Kreeger Auditorium

Thursday, January 15 | 1:30 - 3:00 PM
\$12 in Advance/\$15 Day of
Kreeger Auditorium @ the Bender JCC
6125 Montrose Rd., Rockville, MD 20852

Cinema J @ The Kreeger Auditorium

Thursday, January 15 | 7:00 - 8:30 PM | \$16 in Advance/\$20 Day of
Kreeger Auditorium @ the Bender JCC
6125 Montrose Rd., Rockville, MD 20852

Questions? Contact Frieda: fenocho@benderjccgw.org; 301.348.3809





"OH, THE PLACES YOU'LL GO..."



GUYS AND DOLLS at the SHAKESPEARE THEATRE COMPANY

Sunday, December 28 | 2:00 PM Show

\$140 (includes orchestra seating and transportation)

Guys and Dolls is considered one of the greatest Broadway shows ever. This Tony Award-winning, much-loved musical

features the charming story of Nathan Detroit and Sky Masterson, who navigate love and gambling in NYC. Sing along to such classic tunes as "Luck Be a Lady," "Sit Down, You're Rockin' the Boat," "A Bushel and a Peck," and many more. Not to be missed!

Transportation is provided with two pickup locations:

12:00 PM: from Leisure World | 12:30 PM: from the Bender JCC

FIDDLER ON THE ROOF at the SIGNATURE THEATRE

Sunday, January 11 | 2:00 PM Show | \$140
(includes orchestra seating and transportation)

"One of the most glowing creations in the history of musical theater"

– *The New York Times*



This iconic musical, gorgeously staged like never before, is a must-see, whether it's your 1st time or your 10th! The glorious score with songs like "Sunrise, Sunset" "If I Were a Rich Man" and "Matchmaker" fills us with humor, heart – and life. *L'Chaim!*



For ages 13+, come with your family, grandchildren and friends! We embrace tradition and family, as we learn about their changing world and the rise in anti-Semitism in Czarist Russia – a timely lesson.

Transportation is provided with two pickup locations:

12:00 PM: from Leisure World | 12:30 PM: from the Bender JCC

Questions? Contact Frieda: fenoch@benderjccgw.org; 301.348.3809

**No Refunds for Excursions unless we can fill your spot.*





EXCITING NEW TRIP!

April 21 – May 1, 2026

HIGHLIGHTS INCLUDE:

- Discover Portugal's Sephardic legacy and Jewish history
- Historic Sintra and the spectacular Pena Palace
- Afternoon Cruise on the beautiful Douro River
- Authentic Portuguese cooking class
- Exclusive wine and olive oil tastings
- Fun Tuk-Tuk ride through winding city streets
- Mysterious Initiation Well at Quinta da Regaleira
- Soul-stirring Fado music show w/dinner
- And so much more!



INTERESTED IN JOINING US? Contact Frieda at
301-348-3832 or fenoch@benderjccgw.org

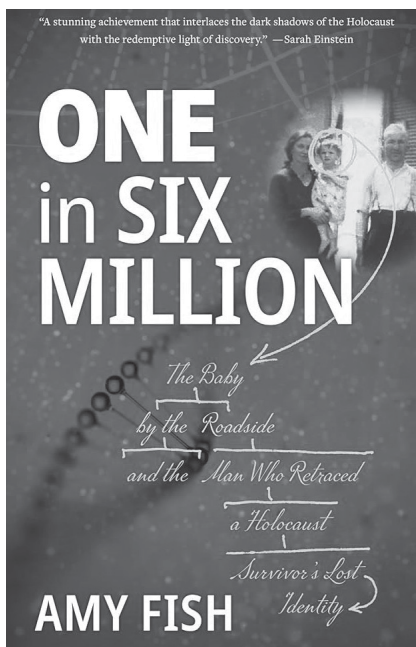
Space is limited, so call today!

PORTUGAL





LESSANS LITERARY SERIES



Lessans Literary Series

Presents: *One in Six Million*

Thursday, January 22 | 7:00 PM
| \$25

Join us in honoring International Holocaust Remembrance Day when we will welcome author Amy Fish, to share the powerful true story behind *One in Six Million*. In 1942, eight-month-old Maria was found by a childless couple near Krosno, Poland, wrapped in a blanket with only her name and birthdate. Raised with love, she grew up haunted by questions about her identity.

Decades later, her past was uncovered through old photos, records, DNA testing, and the efforts of genealogist Stanley Diamond. What emerged is a remarkable tale of survival, resilience, and rediscovered identity.

Enjoy a pre-event reception dessert reception. Books sales and author signing will take place after the program concludes.

GOLDMAN ART GALLERY

Goldman Gallery Art Exhibit:

Montgomery Art Association: The Language of Art

November 9 – December 14

Gallery Reception, November 16 | 12:30 – 3:30 PM | Open to All

Questions? Contact Marcie at mblackman@benderjccgw.org; 301.348.3808





COFFEEHOUSE CONCERTS

THE SONGS OF CAROLE KING!

Thursday, December 18 | 7:00 – 8:30 PM | \$48 | Bender JCC

The food. The ambience. The camaraderie. THE MUSIC!



Celebrate the 5th night of Hanukkah with the timeless music of Carole King and a little bit of Hanukkah joy mixed in. This program will bring her greatest hits to life with humor and heart.

But first, let's eat: Heavy hors d'oeuvres, desserts, and wine precede the concert.

SIP & SHARE: WOMEN CONNECT



**1st and 3rd Mondays | 1:30PM |
\$36/Annually**

6125 Montrose Road, Rockville, MD 20852

Join the Sip and Share Women Connect Club on the 1st & 3rd Monday of each month for a hot beverage, a little something for your sweet-tooth, and an opportunity to share ideas and experiences.

Be a part of a warm and welcoming club, providing connection, camaraderie and conversation. Each session provides an opportunity to explore a variety of topics, from life experiences and current events to hobbies, travel, and more.

SCHEDULE: MONDAYS at 1:30 PM

November 3, 17, 2025 | December 1, 15, 2025 | January 5, 2026

Questions? Contact Frieda: fenoch@benderjccgw.org; 301.348.3809





GAMES, GAMES, GAMES...

MAH JONGG – Member Price \$115/Non-Member Price \$125

- Beginner | November 17 – December 8 | 10:00 AM-12:00 PM
- Intermediate | November 18 – December 9 | 10:00 AM-12:00 PM
- Advanced Intermediate | November 18 – December 9 | 12:30 PM-2:30 PM

Questions? Contact Marcie at mblackman@benderjccgw.org; 301.348.3808

FUN, FIT & FREE!

NEW!

FUN, FIT & FREE – New Program!

2nd and 4th Fridays | 1:00 PM | FREE

Bender JCC | 6125 Montrose Road, Rockville, MD 20852

Fun, Fit & FREE is a new program, inspiring you to **MOVE MORE!** Energizing, wellness workshops designed for the active older adult who wants to stay healthy, connected and engaged, boosting wellbeing and building friendships! Empower your wellness journey through a variety of movement and lifestyle workshops:

✓ **Line Dancing**

✓ **Yoga**

✓ **Bone Builders**

✓ **Cardio Drumming**

✓ **Pickleball**

✓ **and more!**

We meet on the 2nd and 4th Fridays of each month. All workshops are offered at no cost, but registration is required. This is your chance to move, learn, and have fun – all while taking care of YOU!

NOTE: Workshops will require standing and moving for about 30-45 minutes. Please wear comfortable clothes and shoes.

SCHEDULE: FRIDAYS at 1:00 PM

November 14, 2025 & December 12, 2025 – Line Dancing

January 9, 2026 – Hawaiian Hula

January 23, 2026 – Yoga Dance

Questions? Contact Frieda: fenoch@benderjccgw.org; 301.348.3809





REGISTRATION

**REGISTER AT BENDERJCCGW.ORG OR COMPLETE AND SUBMIT THIS FORM
TO BENDER JCC, ATTN: COA, 6125 MONTROSE RD, ROCKVILLE, MD 20852**

Name _____ Date of Birth ____/____/____

Address _____ Apt. # _____

City _____ State _____ Zip Code _____

Phone # _____ Email _____

Sip & Share: Women Connect | \$36/year Due \$ _____

Cinema J Matinee @ JCC: *The Ring*
Thursday, November 6 | \$12 in advance/\$15 day of screening Due \$ _____

Cinema J Evening @ JCC: *The Ring*
Thursday, November 6 | \$16 in advance/\$20 day of screening Due \$ _____

Cinema J Matinee @ Leisure World: *The Ring*
Friday, November 7 | \$12 in advance/\$15 day of screening Due \$ _____

Fun, Fit & FREE: Fridays | FREE Registration Required

Polinger Artists of Excellence: William Hagen and Albert Cano Smit
November 9, 2025 | \$56 Due \$ _____

Knishes & Conversation
Thursday, November 13 | \$48 Due \$ _____

Polinger Artists of Excellence: Verona String Quartet with Eric Lu, piano
December 7, 2025 | \$56 Due \$ _____

Mt. Vernon Virtuosi String Quartet
December 14, 2025 | Free Due \$ _____

Coffeehouse Concert: Songs of Carole King
Thursday, December 18, 2025 | \$48 Due \$ _____

Excursion: *Guys and Dolls* @ Shakespeare Theatre Company
Sunday, December 28, 2025 | \$140 Due \$ _____

Cinema J Matinee @ Leisure World: Bad Shabbos
Wednesday, January 7, 2026 | \$12 in advance/ \$15 day of Due \$ _____

Excursion: Fiddler on the Roof @ Signature Theatre
Sunday, January 11, 2026 | \$140 Due \$ _____

Cinema J Matinee @ JCC: Bad Shabbos
Thursday, January 15, 2026 | \$12 in advance/ \$15 day of Due \$ _____

Cinema J Evening Screening @ JCC: Bad Shabbos
Thursday, January 15, 2026 | \$16 in advance/\$20 day of Due \$ _____

Lessans Literary Series: *One in Six Million* with author Amy Fish
Thursday, January 22, 2026 | \$25 Due \$ _____

Games, Games, Games Mah Jongg – November - December Sessions
*Contact Marcie Blackman at mblackman@benderjccgw.org or 301.348.3808 to register.

**CREDIT CARD PAYMENT CAN BE MADE
ONLINE OR BY CONTACTING FRIEDA
OR MARCIE.**

Total Amount Due \$ _____

No Refunds for Excursions unless we can fill your spot. See policies on our CoA website page for details: www.benderjccgw.org/coa



J Bender JCC
of Greater Washington
6125 Montrose Road
Rockville, MD 20852
benderjccgw.org

IMPORTANT NOTE

Please email us at: fenoeh@
benderjccgw.org if you no longer
want to receive this booklet.

The trees thank you!!

The Jewish War Veterans Post 692 invites
you to a **Veterans Day Commemoration**
Ceremony on Sunday, **November 9th at**
2:30 PM at the Bender Jewish Community
Center (JCC).

Non-Profit Org.
U.S. Postage
PAID
Suburban MD
Permit No. 91