



# SEPTEMBER INDOOR POOL HOURS

**MON**

6AM – 11AM  
11AM-12PM  
12PM – 4PM  
4PM – 6PM  
6PM – 7PM  
7PM – 8PM  
8PM – 8:45PM

6 lanes open  
**Suspension Class** double wide, 4 lanes open  
**PROACTION PT** 1 lane, 5 lanes open  
**SWIM LESSONS** double wide, 4 lanes open  
**SEA DEVILS** 4 lanes, 2 lanes open  
**SEA DEVILS** 3 lanes, 3 lanes open  
6 lanes open

**TUE**

6AM – 11AM  
11AM – 12PM  
12PM – 12:45PM  
12:45PM – 4PM  
4PM – 6PM  
6PM – 8PM  
8PM – 8:45PM

6 lanes open  
**AQUA AEROBICS** quadruple wide, 2 lanes open  
**ST. COLETTA'S** 2 lanes, 4 lanes open  
6 lanes open  
**FAMILY SWIM** triple wide, 3 lanes open  
**KSAC** 3 lanes, 3 lanes open  
6 lanes open

**WED**

6AM – 9:30AM  
9:30AM – 1:30PM  
1:30PM – 4PM  
4PM – 6PM  
6PM – 8PM  
8PM-8:45PM

6 lanes open  
**PROACTION PT** 1 lane, 5 lanes open  
6 lanes open  
**FAMILY SWIM** triple wide, 3 lanes open  
**SEA DEVILS** 4 lanes, 2 lanes open  
6 lanes open

**THU**

6AM – 11AM  
11AM – 12PM  
12PM – 12:45PM  
12:45PM – 4PM  
4PM – 6PM  
6PM – 8PM  
8PM – 8:45PM

6 lanes open  
**AQUA AEROBICS** quadruple wide, 2 lanes open  
**ST. COLETTA'S** 2 lanes, **PROACTION PT** 1 lane, 3 lanes open  
**PROACTION PT** 1 lane, 5 lanes open  
**SWIM LESSONS** double wide, 4 lanes open  
**KSAC** 3 lanes, 3 lanes open  
6 lanes open

**FRI**

6AM – 9:30AM  
9:30AM – 11AM  
11AM – 12PM  
12PM – 12:45PM  
12:45PM – 1:30PM  
1:30PM – 4PM  
4PM – 6PM  
6PM – 8PM  
8PM – 8:45PM

6 lanes open  
**PROACTION PT** 1 lane, 5 lanes open  
**PROACTION PT** 1 lane, **AQUA AEROBICS** triple wide, 2 lanes open  
**ST. COLETTA'S** 2 lanes, **PROACTION PT** 1 lane, 3 lanes open  
**PROACTION PT** 1 lane, 5 lanes open  
6 lanes open  
**FAMILY SWIM** triple wide, 3 lanes open  
**SEA DEVILS** 4 lanes, 2 lanes open  
6 lanes open

**SAT**

7AM – 9:30AM  
9:30AM – 10:30AM  
10:30AM – 12:30PM  
12:30PM – 1PM  
1PM – 2:30PM  
2:30PM – 5PM  
5PM – 8:45PM

6 lanes open  
**FAMILY SWIM** triple wide, 3 lanes open  
**CLOSED FOR GUELSKY SWIM PROGRAM**  
6 lanes open  
**SPORTS PLUS**, 3 lanes, 3 lanes open  
**SPORTS PLUS** 3 lanes, **FAMILY SWIM** 3 lanes  
6 lanes open

**SUN**

7AM – 9AM  
9AM – 11AM  
11AM – 12PM  
12PM – 2PM  
2PM – 3PM  
3PM – 4PM  
4PM – 8:45PM

6 lanes open  
**SWIM LESSONS** triple wide, 3 lanes open  
**CLOSED FOR LESSONS & FAMILY SWIM**  
6 lanes open  
**SWIM LESSONS** triple wide, 3 lanes open  
**FAMILY SWIM** triple wide, 3 lanes open  
6 lanes open

"lanes open" - These lanes are open to all including lap swimmers, water joggers, private swim lessons.