



The **WOMEN'S FUND**
of WINSTON-SALEM

2018 Grants:

In 2018, the members of The Women's Fund of Winston-Salem awarded nearly \$110,000 in grants to eight local nonprofit organizations to address the economic security of women and girls in Forsyth County.

Authoring Action is awarded \$15,000 for Girl to Girl, a program that offers life preparedness workshops and writing workshops. Preparedness workshops will help girls explore their struggles, dreams and goals while writing workshops will help girls improve their verbal and writing skills. Participants for the program will be recruited from Authoring Action's Summer Intensive Program and other girls who are at risk of low academic attainment.

Crosby Scholars is awarded \$10,000 for the SHE project, a program designed to use a holistic approach to address root causes of poverty. This project will guide African American and Latina girls in areas of concentrated poverty living in Forsyth County to pursue careers in science, technology, engineering, and math (STEM). The SHE Program will work with Map Forsyth to identify 7th grade girls who live in areas of concentrated poverty and attend Title 1 schools.

Delicious by Shereen is awarded \$15,000 to provide valuable economic opportunities to under- and unemployed women in the refugee community and foster a shared sense of community between local residents and newly resettled refugees. Refugee women will gain culinary skills that will translate into increased economic security while providing the opportunity to build strong relationships. One-on-one interactions provide opportunities for personable dialogue and the breakdown of barriers so that people can get to know each other and nurture an authentic and sincere sense of community.

LEAD Girls is awarded \$10,000 for the continuation of funding to recruit, educate, and support pre-teen and early teen girls, equipping them to navigate their teen years and avoid risky behaviors such as poor academic performance, substance use, sexual promiscuity, and teen pregnancy. The program targets girls ages 11 – 15 years old who reside in Winston-Salem and Forsyth County. LEAD will specifically work with Wiley Middle School, Philo-Hill Magnet School Academy, and Mineral Springs.

Planned Parenthood South Atlantic is awarded \$15,000 to conduct educational programming that will help combat teen pregnancy. Programming includes *Get Real*, *Making Proud Choices*, *Smart Girls*, and the *Health Improvement Project for Teens*. Planned Parenthood will continue to provide resources that will help parents and caregivers support their teens through programs such as Parents Matter. Program participants will come from three main schools: Philo-Hill Middle School, Mineral Springs Middle School, and Walkertown Middle School.

Salvation Army is awarded \$14,685 for the Center of Hope Life Skills Program. The program hopes to address the specific causes of homelessness by empowering women and girls in their shelter through education and skill development to prevent future homeless episodes. Staff will develop programming based on the individual needs of each participant and feedback from participants will help to enhance current programming.

The Parenting PATH is awarded is awarded \$15,000 for their new Trauma Informed Coping Practices Program. This evidence-based approach will increase the resilience of life-stressors, such as trauma, for families in the program. The Parenting PATH staff will each be trained to work one-on-one with family members, helping them to develop coping mechanisms through mindfulness techniques that can be used to diffuse stressful situations as they occur. Understanding that seeking therapy is not an option for all women due to financial barriers, transportation, and childcare issues, this coping technique can be performed anywhere and is free of charge.

YMCA of Northwest North Carolina is awarded \$15,000 for R.I.S.E (Refugee and Immigrant Society of Entrepreneurs). R.I.S.E provides opportunities for refugee and immigrant women to learn skills and develop small businesses. Using the YMCA's Learning Center as a "Makerspace", women can craft, sew, and sell their goods and products. R.I.S.E is part of the Y's Adult Literacy Program and is designed as a strategic value proposition that facilitates the primary goal of the Y's ESL Program: providing adults with language skills and soft skills necessary to obtain and retain employment. Funding will be used to improve business management skills, verbal and written communication skills, and sales opportunities.