

## Success Story

## SENSORY PROCESSING DISORDER





## THE LISTENING PROGRAM® FOR SENSORY PROCESSING DISORDER

## SUBMITTED BY CHRISTOPHER'S PARENTS

Given that this is Autism Acceptance Month, I wanted to write a bit about my son Christopher and thank Advanced Brain Technologies for creating The Listening Program® (TLP).

TLP has been one of the biggest contributors to overcoming many of his biggest obstacles that he has had since birth.

To give a bit of background on Christopher: Since he was born, we always wondered if he was autistic because of his sensory sensitivities. He stared at fans to self-soothe. He could not handle family parties, outdoor gatherings, parks, or festivals because of his sound sensitivities. He would scream if he touched grass, sand, or anything with a new texture. He did not sleep through the night for the first 2 ½ years of his life and needed to be held for hours on end until he fell asleep. He could not concentrate on simple tasks without getting up and walking away or melting down.

His father and I helped him get through numerous meltdowns throughout each day due to being overstimulated. It was not uncommon for him to have a total meltdown on an airplane or in a grocery store. It took extensive compassion and effort to help him calm down; we have held him on the floor in many locations with a tight hug, telling our son it will be okay and we can get through this, all the while holding back tears.

To fast forward - we were fortunate enough to get Christopher into every early childhood intervention therapy you can think of, ranging from Speech Therapy, Occupational Therapy, ABA, Social Skills, Feeding Therapy, etc. He did these therapies intensively, 40 hours a week for three years, starting at 2 ½ years old.

While each therapy contributed to helping Christopher, we were still missing his most significant deficit: his Sensory Processing Disorder. It contributed to his autism symptoms and a "puzzle piece" that we just could not seem to put in place and fix for him.



We were lucky enough to find Sally Bober!! She is a TLP Certified Provider and Speech-Language Pathologist! The first day we sat down with Sally, we knew we had found our son's angel! Sally did an extensive assessment on Christopher and quickly recognized that he heard everything around him in an extremely acute manner.

How could he focus, handle being in a grocery store, go to a play, enjoy a baseball game with his Dad, etc., if all he was hearing was every single sound around him on overdrive? You and I can block out the noises around us and focus on what we are trying to do. Christopher could not do that.

So, we set out to start with an intensive two weeks of The Listening Program and then listened at home every night.

Right away, we saw a difference! Slowly his grades started to improve, and his teachers at school were asking me – "What's changed? He has totally transformed and is a different kid than when he started at the beginning of the year!"

What we did not expect for Christopher is that his language would take off too! He went from not being





able to explain what happened in his day to providing detailed explanations about what he did throughout the day in fully structured sentences.

He is able to explain things to us that he has never been able to explain before. When we started with Sally, the most significant worry we had was Christopher's meltdowns, which are virtually non-existent now!! Our family members are ecstatic as well, as this is the most improvement that Christopher has ever made!

However, the most impressive event was a school meeting his father and I had with his teacher, Vice Principal, Resource Teacher, Speech Therapist, Occupational Therapist, and a few others. We all came in expecting to be told Christopher would still need to repeat kindergarten, but now he is advancing to first grade and is in the top percentile for reading and math recognition!

We were in complete disbelief when each person told us that not only has Christopher "completely skyrocketed" the past few months, but our son is now advanced for his age! How could a child who has spent years in therapies finally advance so quickly and so well? At the beginning of the year, he was going to resource sessions twice daily and was at the bottom of his class. Now he is a leader in his class and is no longer expected to be retained.

Our son can finally enjoy the world around him, which is the greatest gift we could ever give our child! I believe The Listening Program needs to be in every school and every home around the world. If TLP could do this for our son, I can only imagine what it could do for so many other children.

We will never be able to thank Sally enough for her work and for recommending TLP, but she truly does know that she has a gift that needs to be shared. Thank you, Sally, for all you have done to change our family and give us the blossoming little boy we knew he could be.

Xxoo,

Christopher's Forever Adoring Mother & Father

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