

2024-2025 & 2025-2026 WPIAL BOYS' & GIRLS' SWIMMING SCHEDULE

June 26, 2024

I. Dual Meet Season at a Glance

- **First Practice Date** – November 15, 2024 | November 14, 2025
- **First Scrimmage Date** – November 23, 2024 | November 22, 2025
- **First Play Date** – November 29, 2024 | November 28, 2025
- **Maximum Scrimmages** – 2
- **Maximum Contests** - 18
- **Minimum Contests** - 10

II. Pre-season Notes

- A. Coaches are advised that the PIAA By-Laws Article XIV, Section 3 requires that the head coach attend a minimum of one PIAA mandatory rules interpretation prior to each season.
- B. Mandatory rules meeting dates and times are available on the PIAA website: www.piaa.org

III. General Rules and Regulations

- A. Uniform interpretation/clarification - suits worn by swimmers/divers and applies at ALL levels of competition and includes warm-ups.
 - a. Rule 3-3-1:
 - i. A competitor shall not be permitted to participate wearing a suit that is not of decent appearance.
 - ii. Boys shall wear suits which cover the buttocks.
 - iii. Girls shall wear suits which cover the buttocks and breasts.
 - a. Rule 3-3-3 (b) 4:
 - i. Made with no zippers or other fastening system other than a waist tie for a brief or jammer and elastic material within the casing/ribbing in the terminal ends (straps, leg openings and waist openings).
 - ii. This means female swimmers shall not wear suits that tie at the neck or any place on the back.
- B. Please remember that as per Rule 3, Art. 2, tobacco use is prohibited at the competition site.

IV. Dual Meets

- A. The WPIAL swimming program will be operated during the 2024-2025 school years on a double dual meet basis for all section meets.
 - 1. The boys and girls swimming teams will swim at the same time at the same pool.
 - 2. In a few cases where a school does not field a boys' team or a girls' team, the meet will be a single dual meet.
- B. Host schools' meet scoring must be consistent for the entire season.
- C. The National Federation Swimming and Diving Rule Book, in conjunction with the PIAA mandates, will govern all meets, and National Federation scoring will be in effect.

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- D. Host schools are to send a letter to visiting schools defining meet start time, warm up time and procedure as well as noting any special procedures or limitations at the host facility by **Friday, November 29, 2024 | Friday, November 28, 2025**.
 - 1. If the host school facility does not allow diving and an alternate site is to be used, that meet procedure must be consistent for all home meets.
 - 2. The host school must note if Non-Team Swimmers or Divers will be performing.
- E. Host schools must be equipped to run Meet Manager in conjunction with Team Manager, otherwise arrangements must be made with visiting schools to ensure proper recording and reporting of results.
 - 1. The Host school should print 2 copies of the official results (all names, times/scores, places and team scoring) for both Swimming and Diving.
 - 2. These printed copies shall be signed by the Meet Referee and retained by each school.
 - 3. Host schools should also provide a complete MM meet backup and TM results files to the Visiting school before the visiting school leaves, but no later than **48** hours after the conclusion of the meet.
- F. It is recommended that afternoon contests do not start before 3:30 PM unless the competing school principals/athletic directors agree. Make sure the officials know the meet start time.
- G. It is recommended that each dual meet should have three (3) registered PIAA officials. Athletic Directors should not hire officials who are related to participants or coaches.
- H. Senior Recognition Events shall be limited to fifteen (15) minutes.
- I. Protests based on play situations or official's decisions involving interpretation or judgment are not permitted.

IV. Section Meets

- A. The WPIAL Boys'/Girls' section swimming competitions are scheduled to begin on Thursday, January 2, 2025. Please check your schedule carefully and contact the League office at (412) 921-7181 regarding any errors.
- B. All section meets must be completed and dates may not be changed unless it is mutually agreeable by the principals/athletic directors of both schools.
- C. Section champions will be determined by the best won/lost record in section play.
 - a. If there is a tie in section record for first place, head-to-head competition will break the tie.
 - b. If head-to-head does not break the tie, all tied teams will receive a plaque.

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V. Reporting Dual Meet Results

- A. All schools wishing to enter individual swimming and diving or relay qualifiers into the WPIAL Championship Meet are required to adhere to the results reporting deadlines and meet entry procedures defined in this cover page.
- B. For the 2024-2025 and 2025-2026 seasons, the WPIAL will again be requiring all schools to submit their results for inclusion in our league-wide database.
- a. Meet results **MUST** be submitted in a MEET MANAGER **(MM)** BACKUP file.
 - b. Results will not be accepted unless submitted in this **(MM BACKUP)** format and times that are not in this database before the weekly reporting deadline will not be accepted for entry to the WPIAL Championship meet.
- C. Meet hosts are responsible for submitting the **MM** MEET BACK UP file to the email listed below.
- a. All files will be sent to the same person this season.
 - b. Submission of back up files must adhere to the reporting deadlines listed below.
 - c. The visiting team must be copied on the e-mail. This procedure begins on November 29, 2024 and ends on Saturday, February 15, 2025.
 - d. Please send **MM** MEET backup (FILE, BACK UP, SAVE - note where it saves so you can access it and send (FILE, EXPORT, RESULTS FOR SWIMS) to: Brittany Glass - bglass@northallegheny.org
- D. Reporting Deadlines
- a. The Meet Host is responsible to ensure that the MM back up (which includes results for BOTH teams) is sent to the contact before the reporting deadline passes.
 - b. The schedule you provide (see # below) will be used to verify the date of the meet and the corresponding reporting deadline.
 - c. IF THE MEET CHANGES FROM THE PUBLISHED SCHEDULE IT IS YOUR RESPONSIBILITY TO NOTIFY YOUR CLASSIFICATION CONTACT BEFORE THE REPORTING DEADLINE PASSES.
 - d. **Meet results not received by the scheduled reporting deadline will not be accepted.**

Scheduled Meet Dates	Reporting deadline – no later than 9 pm
November 29, 2024	Sunday, December 1, 2024
December 2-7, 2024	Sunday, December 8, 2024
December 9-14, 2024	Sunday, December 15, 2024
December 16-21, 2024	Sunday, December 22, 2024
December 23-28, 2024	Sunday, December 29, 2025
December 30, 2024 - January 4, 2025	Sunday, January 5, 2025
January 6-11, 2025	Sunday, January 12, 2025
January 13-18, 2025	Sunday, January 19, 2025
January 20-25, 2025	Sunday, January 26, 2025
January 27, 2025 - February 1, 2025	Sunday, February 2, 2025
February 3-8, 2025	Sunday, February 9, 2025
February 10 -15, 2025	Sunday, February 16, 2025

E. TEAM MANAGER DATABASE/MEET MANAGER BACKUP PROCESS

- a. If you already have your **TM** database built from last season, make sure everything matches (QTs, etc.) with your information - the “use since” date is December 6, 2024.
 - i. Please be sure it is entered correctly and checked in your team database.
 - ii. If you are starting with a new **TM** database, use the following steps.
- b. Download the **TM** standards file from the WPIAL website - www.wpial.org.
 - i. This file will have the correct order of events, entry times, school year designations and “use time since” date and is to be downloaded into your **TM** database.
 - ii. Schools that have split squads - one team AA and one AAA - create a database file for each team.
- c. Add your team – TEAMS, ADD, **TEAM ABBR (DESIGNATED TEAM ABBREVIATION CODE – attached to this document)**, FULL TEAM NAME ex. Moon Area High School, TEAM REGISTRATION – USS, TEAM TYPE – HS, STATE – PA, LSC – AM so that results files can be merged easily and efficiently. The designated team codes are attached. If your school is not listed, please email the WPIAL Swim Committee Chairperson, Dave Babik at babikd@penntrafford.org to receive your code.
- d. Enter Head Coach information – TEAMS, COACHES, ADD – complete all information through the email.
- e. Build your athlete roster
 - i. ATHLETES, ADD, LAST NAME, FIRST NAME, USA Member ID # (if applicable) obtained from the athlete/parent or club coach.
 - ii. Also add GENDER, TEAM 1 (your DESIGNATED TEAM ABBREVIATION CODE attached to this document), SCHOOL YEAR (9, 10, 11, 12) then click OK.
- f. Submit **your TM roster** and your season schedule to your classification contact **no later than Monday, December 2, 2024 | Monday, December 1, 2025.**
 - i. FILE, EXPORT, ATHLETES/TEAMS.
 - ii. This is the only information that will be used to ID your athletes and teams all season. Meet results cannot be accepted until the roster is submitted.
 - iii. **Meet results not received by the scheduled reporting deadline will not be accepted.**
- g. VERY IMPORTANT - Use **TM** for your meet entries throughout the season – both home and away. If you do not use the same information for each meet, **your swimmers and times may not be properly imported and accepted.**
- h. Download the **MM** template file from the WPIAL website – www.wpial.org. This file will have the correct meet set up, order of events, entry times, scoring preferences, lane set up (adjust 6 or 8). Download into your **MM** database.
- i. Use a new **MM** file for each meet and name the meet accordingly
 - i. MEET DATE, YOUR CODE@OPPONENT CODE. ex. – 121719 BPHS@NAHS.
 - ii. This can be done by making a template and **renaming it for each meet.**

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- iii. Do not purge a meet to use that file for another meet. **SAVE ALL YOUR MEETS.**
- j. REVIEW AND VERIFY THAT ALL INFORMATION IS CORRECT as these are the official meet results. Send the **MM** meet backup to your classification contact and copy the visiting team at the end of your meet (should be immediately after the meet but no later than the established 48 hour deadline.)
- k. If you have any questions about how to meet the entry requirements, please email the Swim Committee Chairperson. Training will be available before the season to assist schools that are unfamiliar with the **TM** and **MM** programs.

G. Reporting Scores to the media

- a. Coaches often complain that swimming and diving do not get the publicity they deserve. Recognition begins with sending your results to the media:
 - i. WPIAL Office
 - 1. wpialscores@gmail.com
 - ii. Butler Eagle
 - 1. www.butlereagle.com
 - 2. (724-282-8000)
 - iii. Pittsburgh Post-Gazette
 - 1. highschool@post-gazette.com
 - 2. (412-263-1621 ~ 1-877-672-6224)
 - iv. Tribune Review - PGH
 - 1. ptrsports@tribweb.com
 - 2. (1-888-748-8742)
 - v. Washington Observer Reporter
 - 1. orsports@observer-reporter.com
 - 2. (1-800-222-6397)
 - vi. Beaver County Times – nhiles@gannett.com
- b. Other appropriate local papers and media outlets should be notified as well.

VI. WPIAL Swimming Championships

- A. Teams must complete a minimum of ten (10) and a maximum of eighteen (18) competitions prior to the established deadline to be eligible to score team points at the WPIAL or PIAA Championships.
 - a. Please be advised that Double Dual Meets - where 3 teams and 3 scores are kept - count as 2 meets for each team.
 - b. All other meets with 4 or more teams count as 1 meet.
 - c. Divers competing in additional meets will count towards the total swimming and/or diving competitions for their school not to exceed 18.
 - d. Last Chance meets count against your meet total.
- B. Individuals must have been in uniform and available at 75% of the team contests to be eligible for postseason competition. (Please reference PIAA By-Law Article IX, Section 5.)
- C. All invitational-qualifying and section swimming meets must be scheduled and completed no later than Saturday, February 15, 2025 | Saturday, February 14, 2026.

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- D. The time submitted for WPIAL entry may not be a deck time, practice time, time trial time, aggregate or composite time. The time must have been achieved and reported according to the entry procedures included in this document.
- E. **Non-team schools** – Swimmers from schools that do not sponsor a team must swim for “time” in their event/events during a regularly scheduled interscholastic meet being conducted by other member schools.
- Limited to one competitor per event including diving; no relay entries permitted.
 - The Meet Referee will determine when the Non-Team Athlete competes.
 - The “timing” of the swimmer may occur during an official event, in between events or after the meet.
 - The host school will determine whether the swimmer competes during an event or not. The **ONLY** time a separate heat is permitted is for non-team swimmers.
- F. **To qualify for the WPIAL Swimming Championship, a swimmer must achieve the automatic qualifying standard as outlined below (as per pre-COVID procedure)**
- These times must be met in a WPIAL dual or invitational qualifying meet that is scored, follows consistent entry procedures, uses electronic timing with back-up and is observed and verified by a registered PIAA official.
 - Relay qualifying standards must be achieved as a relay.

EVENT	BOYS AAA	BOYS AA	GIRLS AAA	GIRLS AA
200 Medley Relay	1:50.00	1:54.00	2:00.00	2:03.00
200 Freestyle	1:52.50	1:59.90	2:03.00	2:09.00
200 Individual Medley	2:08.50	2:16.00	2:19.70	2:28.00
50 Freestyle	23.20	23.90	26.00	26.50
100 Butterfly	57.00	1:00.00	1:03.20	1:07.50
100 Freestyle	50.90	52.80	56.40	58.20
500 Freestyle	5:10.00	5:29.00	5:31.00	5:48.00
200 Freestyle Relay	1:38.00	1:40.00	1:48.00	1:50.50
100 Backstroke	59.20	1:02.40	1:03.20	1:06.80
100 Breaststroke	1:04.20	1:09.60	1:13.50	1:15.00
400 Freestyle Relay	3:35.50	3:45.00	3:59.00	4:11.00

VII. WPIAL Diving

- A. To qualify for the WPIAL Diving Championship, the minimum standards established by the WPIAL enclosed in this schedule must be met in a WPIAL dual or invitational qualifying meet that is scored, follows consistent entry procedures and is observed and verified by a registered PIAA official.
- Divers can qualify with the standard 6-dive list that is conducted in a Dual Meet or with an 11-dive list that they might participate in an Invitational Meet.
 - The WPIAL qualifying diving sheet, documenting the score and the degree of difficulty, must be filled out in its entirety, signed by the Meet Referee and submitted with the entry form to the WPIAL. The qualifying sheet must have the minimum degree of difficulty (not including the voluntary dive) and a minimum total score at the bottom (that includes the voluntary dive). If you are turning in a computer-generated qualifying sheet, it is not necessary to have the diver

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and coach's signature at the bottom. However, it does need to have the PIAA official's signature somewhere on the sheet.

- c) It is required that every diver planning to participate in the WPIAL Diving championships prove that they can successfully complete dives from every category – front, back, reverse, inward and twist. If the WPIAL qualifying sheet (with the required minimum degree of difficulty and score) submitted does not represent all five categories of dives, then you must send in another diving sheet, signed by a registered PIAA Official, that lists the missing diving category. If a second diving sheet is required to prove that the diver has successfully completed all five categories of dives, then that second sheet does NOT need to have a qualifying degree of difficulty or score. If two diving sheets are required to prove that all five categories have been successfully completed, only one sheet needs to be an actual qualifying sheet. The definition of “successfully completed” means the diver received an individual dive score from ½ to 10.
Coaches are responsible for only entering divers capable of these requirements.

- B. **Non-team schools** – Divers from schools that do not sponsor a team must dive for a score during a regularly scheduled interscholastic meet being conducted by other member schools.
 - a) Limited to one competitor per event including diving
 - b) The Meet Referee will determine when the Non-Team Athlete(s) competes.
- C.. Beginning with the first Contest Day of the Regular Season for Swimming and Diving and ending with the last Contest Day of the Regular Season for Swimming and Diving, all Diving Competition shall consist of one (1) Voluntary Dive, which shall be done first, and five (5) Optional Dives, coming from at least 4 of the 5 groups and which may include any of the dives other than the voluntary dive.
 - a) The voluntary dive groups and the calendar weeks for the 2024-2025 Swimming and Diving Regular Seasons shall be as follows:
 - **Forward group** for weeks beginning
 - November 24, December 29 and February 2, 2024/2025
 - November 23, December 28 and February 1, 2025/2026
 - **Back group** for weeks beginning
 - December 1, January 5 and February 9, 2024/2025
 - November 30, January 4 and February 8, 2025/2026
 - **Inward group** for weeks beginning
 - December 8 and January 12, 2024/2025
 - December 7, January 11, and February 18, 2025/2026
 - **Twisting group** for weeks beginning
 - December 15 and January 19, 2024/2025
 - December 14, and January 18, 2025/2026
 - **Reverse group** for weeks beginning
 - December 22, and January 26, 2024/2025
 - December 21, and January 25, 2025/2026
 - b) In the case of a Regular Season Contest that is postponed and subsequently rescheduled, the voluntary dive group shall be the voluntary dive group that is required for the Calendar Week in which the postponed Regular Season Contest is rescheduled.
The 6-dive form listing current DD's through the 2024-2025 rule book will be posted on the WPIAL web site. **This form may be duplicated.**

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<u>6 Dive List</u>	<u>Degree of Difficulty ~ 5 opt.</u> <u>Dives</u>	<u>3 Judges</u>
Boys AAA	9.5	170.0
Boys AA	9.0	160.0
Girls AAA	9.5	190.0
Girls AA	9.0	170.0

VII. WPIAL Entry Dates

- A. Electronic entries for the 2025 WPIAL Championships will be done online
- B. **Entry deadline for both swimming and diving championship meets is Monday, February 17, 2025 | Monday, February 16, 2026 by NOON.**
- C. Instructions will be included in the WPIAL Swimming & Diving Championship Memo that will be sent to Athletic Directors and published on the WPIAL web site by February 1, 2025/2026.

IX. Additional Notes:

- The 2025 and 2026 WPIAL 2A Diving Championships will be at North Allegheny Senior High School, on Friday, February 21, 2025 and Friday, February 20, 2026.
- The 2025 and 2026 WPIAL 3A Diving Championships will be held at North Allegheny Senior High School on Saturday, February 22, 2025 and Saturday, February 21, 2026.
- The 2024 WPIAL Swimming Championships will be at TBD during the week of February 24, 2025 and February 23, 2026 with specific times TBD.
- Meet Information will be sent to member schools in January.
- WPIAL Meet order will remain the same; the AAA meet will run first followed by the AA meet.
- The dates of the PIAA Championships are March 12, 13, 14, & 15, 2025 and March 11, 12, 13 & 14, 2026 at Bucknell University.

ALL SCHOOLS WISHING TO ENTER SWIMMING AND DIVING QUALIFIERS INTO THE WPIAL CHAMPIONSHIP MEET ARE REQUIRED TO ADHERE TO THE MEET ENTRY/RESULTS REPORTING PROCEDURES DEFINED IN THIS SCHEDULE.

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2024- 2025 and 2025-2026 WPIAL DESIGNATED TEAM ABBREVIATION CODES.

Do not alter these codes or your times cannot be accepted.

If your school is not listed or if you have any questions, please contact the
WPIAL Swim Committee Chairman, Dave Babik at babikd@penntrafford.org

*** REMINDER * ATHLETES FROM NON-SCORING SCHOOLS MUST BE INCLUDED IN MEET RESULTS
AND MUST ASSOCIATE WITH DESIGNATED CODE**

HIGH SCHOOL	ASSIGNED CODE	BOYS CLASS	GIRLS CLASS	SPLIT TEAM	NON-SCORING SCHOOL
ALBERT GALLATIN	AGHS	AA	AA		X
AMBRIDGE	AMBR	AA	AA		X
AQUINAS ACADEMY	AQAC	AA	AA		X
ARMSTRONG	ARHS	AAA	AAA		
BALDWIN	BWHS	AAA	AAA		
BEAVER AREA	BAHS	AA	AA		
BEAVER FALLS	BFHS	AA	AA		
BELLE VERNON	BVHS	AA	AA		
BETHEL PARK	BPHS	AAA	AAA		
BLACKHAWK	BLHS	AA	AA		
BRENTWOOD	BRNT	AA	AA		
BROWNSVILLE	BRWN	AA	AA		X
BURRELL COOP/w Kiski	BUHS	AA	AA		
BUTLER	BUTL	AAA	AAA		
CANON- McMILLAN	CMHS	AAA	AAA		
CARLYNTON	CARL	AA	AA		
CENTRAL VALLEY	CENT	AA	AA		
CHARTIERS VALLEY	CVHS	AA	AA		
CONNELLSVILLE	CONN	AA	AA		
CORNELL	CORN	AA	AA		
DEER LAKES	DLHS	AA	AA		
DERRY	DAHS	AA	AA		
EAST ALLEGHENY	EAHS	AA	AA		
EDEN CHRISTIAN ACAD	EDEN	AA	AA		X
ELIZABETH FORWARD	EFHS	AA	AA		
ELLIS SCHOOL	ELLS		AA		
FOX CHAPEL	FCHS	AAA	AAA		
FRANKLIN REGIONAL	FRHS	AAA	AA		
FRAZIER	FZHS	AA	AA		X
FREEPORT	FPHS	AA	AA		
GATEWAY	GATE	AAA	AAA	X	
GEIBEL CATHOLIC	GCHS	AA	AA		X
GREATER LATROBE	GLHS	AA	AAA	X	
GREENSBURG CEN CATH	GCCH		AA		X
GREENSBURG SALEM	GSHS	AA	AA		
HAMPTON	HAMP	AA	AA		
HEMPFIELD	HEMP	AAA	AAA		
HIGHLANDS	HIGH	AA	AA		
HOPEWELL	HOPE	AA	AA		
INDIANA	INDI	AA	AA		

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HIGH SCHOOL	CODE	BOYS CLASS	GIRLS CLASS	SPLIT TEAM	NON-SCORING SCHOOL
KEYSTONE OAKS	KOHS	AA	AA		
KISKI AREA	KAHS	AAA	AAA		
KNOCH	KNHS	AA	AA		
LAUREL	LAUR	AA	AA		X
LAUREL HIGHLANDS	LHHS	AA	AA		
LIGONIER VALLEY	LVHS	AA	AA		
MAPLETOWN	MAHS	AA	AA		X
MARS	MARS	AA	AAA	X	
McKEESPORT	MCKE	AA	AA		
MOHAWK	MHHS	AA	AA		X
MONTOUR	MONT	AA	AAA		
MOON	MOON	AAA	AAA		
MT. LEBANON	MLHS	AAA	AAA		
MT. PLEASANT	MPHS	AA	AA		
NESHANNOCK	NESH	AA	AA		X
NEW CASTLE	NCHS	AA	AA		X
NORTH ALLEGHENY	NAHS	AAA	AAA		
NORTH CATHOLIC COOP/w MARS	NCAT	AA	AA		
NORTHGATE	NGHS	AA	AA		
NORTH HILLS	NHHS	AAA	AAA		
NORWIN	NWHS	AAA	AAA		
OAKLAND CATHOLIC	OCHS		AA		
PENN HILLS	PHHS	AAA	AAA		
PENN TRAFFORD	PENT	AAA	AAA		
PETERS TOWNSHIP	PTHS	AAA	AAA		
PINE RICHLAND	PRHS	AAA	AAA		
PITTSBURGH CENTRAL CATHOLIC	PCCS	AAA			
PLUM	PLUM	AAA	AAA		
QUAKER VALLEY	QVHS	AA	AA		
RINGGOLD	RING	AA	AA		
RIVERSIDE	RVHS	AA	AA		
RIVERVIEW	RWHS	AA	AA		X
SENECA VALLEY	SVHS	AAA	AAA		
SERRA CATHOLIC	SERR	AA	AA		X
SETON LaSALLE	SLHS	AA	AA		
SHADYSIDE ACADEMY	SSAC	AA	AA		
SHALER AREA	SAHS	AAA	AAA		
SHENANGO	SHEN	AA	AA		X
SOUTH SIDE	SSHS	AA	AA		X

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HIGH SCHOOL	CODE	BOYS CLASS	GIRLS CLASS	SPLIT TEAM	NON-SCORING SCHOOL
SOUTH FAYETTE	SFHS	AA	AAA		
SOUTH PARK	SPHS	AA	AA		
SOUTHMORELAND	SMHS	AA	AA		X
SPRINGDALE	SPRI	AA	AA		X
ST. JOSEPH'S	SJHS	AA	AA		X
STEEL VALLEY	STVL	AA	AA		
THOMAS JEFFERSON	TJHS	AA	AA		
TRINITY	TRIN	AA	AAA	X	
UNIONTOWN	UNHS	AA	AA		
TRINITY CHRISTIAN	TCHS	AA	AA		X
UPPER ST. CLAIR	USHS	AAA	AAA		
VALLEY	VAHS	AA	AA		
WASHINGTON	WASH	AA	AA		X
WEST ALLEGHENY	WAHS	AA	AA		
WEST MIFFLIN	WMHS	AA	AA		
WINCHESTER THURSTON	WTHS	AA	AA		X
WOODLAND HILLS	WHHS	AA	AA		
YOUGH	YOUG	AA	AA		X

UNION AREA	UAHS	AA	AA		
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