



Coral Coast Healthcare Project



📍 Fiji - Coral Coast



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If you are interested in educating the local Fijians with simple lessons in hygiene, you are welcome to join the Sigatoka Healthcare Education Project. You can contribute to the good health of the locals of Fiji by joining the healthcare project specially designed to keep the local population in good health. This works towards the prevention of many avoidable health problems and easily communicable diseases.



Program Description

The general health of average Fijians is quite good and robust as most of the youth are interested in sports and they begin their training at an early age. However, as they get older, especially women, tend to get obese after the birth of their children. Since most of the local populations live in the villages, they have little or no knowledge of hygiene and diet. This leads to a wide range of diseases like high blood sugar, cholesterol, hypertension etc. The other common diseases in the villages are skin eruptions/lesions, urinary infections, gum and heart diseases.

Our healthcare education initiative is in its infancy and requires the skills of both established medical and healthcare professionals and those who are interested in teaching basic first-aid and personal hygiene. This need for having project participants on either end of the medical spectrum arises due to the great extremes in hygiene and health practices. Apart from needing qualified professionals in order to conduct health camps and dental checkups, we also need participants who can educate people in the areas of basic first-aid and personal hygiene such as washing hands, brushing teeth and general cleanliness. This works towards the prevention of many avoidable health problems and easily communicable diseases.

If you are interested in educating simple hygiene techniques, you are welcome to join the Healthcare Education project. Medical professionals who can offer guidance on the project's development would be immensely valuable; however, it is not imperative that participants have a medical background to join. As a participant of this project, you can support to run healthcare campaigns in local schools/villages around Sigatoka, actively teach the importance of basic hygiene – emphasize brushing teeth correctly, washing hands and general body cleanliness. Many of the daily routines that we carry out without thinking are not common practices with the children you will meet, but starting simple education early can go a long way for immediate and future healthcare. If you have a medical background, check-up clinics for local children and adults can be organized with your help.

Program Duration & Availability

Min duration (weeks): 1

Aims & Objectives

The aim and objective are to work towards the prevention of many avoidable health problems and easily communicable diseases through education.

Schedule

Monday to Friday

During the first half of the day in the morning, a local doctor will meet you and explain to you all the various medical aspects as well as the medical needs of the local community. Later you will then be taken to the local government schools and take part in the awareness campaign, health and hygiene teaching to the children of various ages, first aid teaching and many more health and medical-related program will be conducted for the children every day.

Once a month, in alliance with the local team of doctors, a general health check-up camp will be organized by us for the benefit of villagers. Free medicines and treatment will be made available to all.

The activity plan will be confirmed again every Friday. The program can change depending on the school plan/activities from the local students, weather and local conditions. The working time will be around 5 - 6 hours a day

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

Starting Dates

During 2019

This program starts every week.

During 2020

This program starts every week.

Participant Criteria & Requirements

Minimum age:	18
Maximum age:	-
Minimum English level:	Intermediate
CRB required:	On Signup
Passport copy required:	On Signup
Resume copy required:	No
Required qualification:	Medical background

Additional Requirements

A medical background or related work experience - Nursing and medical students welcome

Participants above 16 and below 18 are required to present a parental consent letter and participants below 16 are required to be accompanied by a parent/guardian.

Additional Equipment

No specific equipment necessary.