



Cycling Tour



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Thailand - Hua Hin

Get your ride on in Thailand! Visit local temples, beaches, markets and other nature sites, as you enjoy a bike tour around Hua Hin. If cycling is your thing, then this is the tour for you! Hop on one of our bikes and enjoy the town at a pace you can appreciate. Expect to pedal your way around 2-3 hours daily, visiting sites of natural beauty and cultural significance. Cook local cuisine, engage with the community, assist on an environmentally friendly beach project, and try a Thai massage.



Program Description

This cycling tour is just what you've been looking for! It will give you a chance to get to know the community and keep your heart rate up at the same time. You can expect to visit local temples, markets, beaches, mangroves and vineyards. You will have the chance to meet local people and find out more about their culture. Your day will be full of sightseeing, tasting local cuisine and getting the feel of the true Thai lifestyle. This cycling tour has been set up with you in mind, to maximize the total sensory experience. But don't worry, there will still be plenty of time for you to relax and enjoy the natural beauty of your surroundings.

Program Duration & Availability

Min duration (weeks): 1

Aims & Objectives

- Help you get familiarized with your local surroundings
- Broaden your knowledge of the local customs, history and culture
- Create cultural exchange opportunities through our efforts with the locals

Schedule

Sunday

- Breakfast at our center in Singburi
- Transfer from Singburi Center to Hua Hin
- Dinner at our center

Monday

- Leave for Hin Lek Fai Mountain/hill viewpoint to see a beautiful sunrise and view of Hua Hin (driving).
- Breakfast at Hin Lek Fai viewpoint.
- Biking back to center
- Arrive at center and enjoy some free time
- Lunch
- Visit Plearnwan Market and Hua Hin commercial area and Hua Hin beach (driving)
- Back to center
- Dinner

Tuesday

- Breakfast
- Biking to Wat Huay Mongkol Temple, sightseeing around temple
- Lunch outside
- Continue biking to Huay Mongkol water dam and temple & Monsoon Vineyard
- Back to center (driving)
- Dinner

Wednesday

- Breakfast
- Leave for biking starting point at Raja Bhakti Park, biking to Seapine beach and Khao Tao Temple.
- Lunch outside
- Biking to Sai Noi beach & Rajabhakti Park - Seven Kings of Thailand Bronze Statue/Monument
- Prepare tent for sleep and cleaning up the beach around forest park area.
- Visit mangrove forest
- Dinner outside
- Overnight camping stay in Pranburi forest park with tents

Thursday

- Breakfast
- Biking to Pak Nam Pran beach, sightseeing fishing village, Naresuan & Kao Kalok beaches
- Lunch outside
- Relaxing at the beach & free time
- Biking back to center
- Dinner

Friday

- Breakfast
- Biking to local market buy ingredients for cooking class
- Biking back to center
- Cooking class
- Lunch (eat meal prepared during class)
- Biking to massage shop & enjoy traditional Thai massage (1 hour)
- Evaluation
- Dinner

Saturday

- Breakfast
- Transfer back to Singburi for further program weeks or to Hua Hin bus station if this is the end of your program.

This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.

Starting Dates

During 2019

This program starts every week.

During 2020

This program starts every week.

Participant Criteria & Requirements

Minimum age:	-
Maximum age:	-
Minimum English level:	Basic
CRB required:	On Signup
Passport copy required:	No
Resume copy required:	No
Required qualification:	None

Additional Requirements

- A certain level of fitness

Additional Equipment

Required

- Clothing suitable for biking.
- Modest clothing (covering the knees and shoulders) is required while on temple visits
- Sleeping Bag