



# Hua Hin Culture & Beach



**Last updated:**  
**2020-01-29**  
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## Thailand - Hua Hin

Be part of a program where you will be helping with the conservation of Hua Hin's natural surroundings planting mangroves and cleaning the beach.

Based in the seaside town of Hua Hin, our program offers the opportunity to immerse yourself in Thai culture through a variety of different cultural activities and sightseeing in the morning and free time in the afternoons to fully enjoy the gorgeous beach surroundings.



## Program Description

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Based in the seaside town of Hua Hin, our program offers the opportunity to immerse yourself in Thai culture through a variety of different cultural activities and sightseeing in the morning and free time in the afternoons to fully enjoy the gorgeous beach surroundings.

### Cultural Excursions

This program is filled with cultural activities that will show you authentic Thailand. During the program, you'll get a chance to explore several famous sights around Hua Hin, followed by Thai customs, language, cooking and Muay Thai lessons. Buddhism will play a big part with a visit to Buddhist temples ('Wat' in Thai) to learn about Thai Buddhism. Moreover, there are also visits scheduled to several local markets where you can witness the local Thai lifestyle and taste scrumptious food, delicacies and other products.

### Beach Conservation (Environmental)

Everybody enjoys the beautiful and tropical beaches that Thailand has to offer. Local people will educate you about the flora and fauna surrounding the beaches in Hua Hin, and what the people undertake to protect and conserve them. You will be expected to play your part in helping with the conservation of Hua Hin's natural surroundings.

### Beach

Every day, we will take you to a different beach where you will be able to sit back, relax and unwind amidst white sand and crystal-clear blue waters.

## Program Duration & Availability

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**Min duration (weeks):** 1

**Max duration (weeks):** 1

## Aims & Objectives

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- Help you familiarise yourself with the local surroundings
- Provide a full induction, preparing you for a longer stay!
- Broaden your knowledge of the local customs, history and culture

## Schedule

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### Monday

- Breakfast
- Excursion to Hin Lek Fai Viewpoint
- Visit to a famous Buddhist temple nearby
- Lunch
- Free afternoon at Hua Hin Beach
- Welcome Party with local children performing a Thai traditional dance

### Tuesday

- Breakfast
- Giving food to Monk in the early morning
- Explore Khao Takiab Temple; get a short introduction to Buddhist rituals
- Lunch
- Free time at Sai Noi Beach
- Dinner

## Wednesday

- Breakfast
- Excursion to the Artist Village
- Visit Hua Hin Train Station
- Visit the Market; buy materials for cooking lessons
- Thai Cooking Lesson
- Lunch
- Free time at Sea Pine Beach
- Dinner
- Thai Language Lesson

## Thursday

- Breakfast
- Excursion to Pranburi Forest Park, famous for its mangrove plantations, where we will clean the beach
- Lunch
- Free time at Pranburi Beach
- Transfer back to our center
- Dinner

## Friday

- Breakfast
- Thai Language Lesson
- Muay Thai Lesson
- Lunch
- Trekking up to Khao Kalok Hill
- Free time at Khao Kalok Beach
- Dinner

**This schedule can be changed and/or amended depending on weather conditions, local conditions and unforeseen circumstances.**

## Starting Dates

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### During 2020

This program starts every week.

### During 2021

This program starts every week.

## Participant Criteria & Requirements

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<b>Minimum age:</b>	-
<b>Maximum age:</b>	-
<b>Minimum English level:</b>	Basic
<b>CRB required:</b>	On Signup
<b>Passport copy required:</b>	On Signup
<b>Resume copy required:</b>	On Signup
<b>Required qualification:</b>	None

### Additional Requirements

There are no further requirements for this program.

## Additional Equipment

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There are no further requirements for this program.